

2025-2026 K-12 Health and Physical Education Instructional Materials Adoption List

6-8 Health and Physical Education

M/J Fitness - Grade 6 (#1508000)

Publisher	Title
eDynamic Holdings LP	<i>Middle School Fitness, 2023, 1st Edition</i>

M/J Health Grade 6 Semester (#0800030)

Publisher	Title
eDynamic Holdings LP	<i>Middle School Health, 2024, 2nd Edition</i>
Goodheart-Willcox Publisher	<i>Florida Health Skills for Middle School: Grade 6, 2025, 1st Edition</i>
Human Kinetics, Inc.	<i>Live Well Middle School Health Florida, 2026, First Edition</i>

M/J Health Grade 7 Semester (#0800040)

Publisher	Title
Goodheart-Willcox Publisher	<i>Florida Health Skills for Middle School: Grade 7, 2025, 1st Edition</i>

M/J Health Grade 8 Semester (#0800050)

Publisher	Title
Goodheart-Willcox Publisher	<i>Florida Health Skills for Middle School: Grade 8, 2025, 1st Edition</i>

9-12 Health and Physical Education	
HOPE-Physical Education (Core) (#3026010)	
Publisher	Title
eDynamics Holdings LP	<i>Health & Physical Education 1a/1b, 2022, 2nd Edition</i>
Goodheart-Willcox Publisher	<i>Florida Health Skills for High School: Opportunities Through Physical Education, 2025, 1st Edition</i>
Human Kinetics, Inc.	<i>Florida Health Opportunities Through Physical Education, 2026, Second Edition</i>
HOPE-Physical Education Variation (#1506320)	
Publisher	Title
eDynamics Holdings LP	<i>HOPE Physical Education Variation 1a/1b, 2024, 1st Edition</i>
Personal Fitness (#1501300)	
Publisher	Title
eDynamics Holdings LP	<i>Personal Fitness, 2023, 1st Edition</i>
Human Kinetics, Inc.	<i>Fitness for Life Florida, 2026, First Edition</i>