

2025-2026 K-12 Health and Physical Education Instructional Materials Adoption List

6-8 Health and Physical Education

M/J Health Grade 8 Semester (#0800050)

| Publisher | Title |
|-----------------------------|--|
| Goodheart-Willcox Publisher | <i>Florida Health Skills for Middle School: Grade 8, 2025, 1st Edition</i> |

9-12 Health and Physical Education

HOPE-Physical Education (Core) (#3026010)

| Publisher | Title |
|----------------------|--|
| Human Kinetics, Inc. | <i>Florida Health Opportunities Through Physical Education, 2026, Second Edition</i> |

Personal Fitness (#1501300)

| Publisher | Title |
|----------------------|--|
| Human Kinetics, Inc. | <i>Fitness for Life Florida, 2026, First Edition</i> |