



VPK 20th Birthday Time Capsule Activity

Create a time capsule for VPK!

Creating a time capsule is a fun and meaningful way for children to capture memories and reflect on their experiences in VPK. By including a mix of personal items, creative expressions and meaningful reflections, the time capsule will become a treasure for your VPK class to later discover and enjoy.

Here are some creative ideas to include in your time capsule!

1. Photographs

Include photographs that capture special moments in VPK, such as classroom celebrations and events, field trips or special guests, or everyday life. This helps preserve memories visually and allows children to see change over time.

2. Handprints and Footprints

Making handprints or footprints is a simple yet sentimental activity. Children can create these prints on paper or fabric, which will serve as a tangible reminder of their growth.

3. Letters to the Future

Encourage children to write or dictate a letter to themselves that they can read in the future. They can share their current thoughts, dreams and aspirations, which will be fun to read when the capsule is opened at a later date.

4. Favorite Items or Toys

Include small keepsakes, such as a favorite toy, a piece of clothing or a book that holds special meaning. These items can evoke fond memories when revisited.

6. Digital Memories

For tech-savvy educators, consider creating a digital time capsule. This could include videos, audio recordings or digital photos that capture children's current interests and activities.

7. Question Cards

Include a set of question cards that prompt kids to reflect on their lives, such as their favorite things, dreams and what they want to be when they grow up. This can spark interesting conversations and insights.

9. Children's Projects or Artwork

Include photos or samples of projects or artwork that showcase children's achievements and milestones during their school year.

10. A List of Favorites

Have children create a list of their favorite things, such as foods, games, books and friends. This will be a fun way to see how their preferences change over time.