



FLORIDA DEPARTMENT OF
EDUCATION
fldoe.org

Physical Education Webinar

Nichole Wilder, Physical Education Coordinator

Ashley Palelis, Computer Science Specialist

Please go to goo.gl/5Pnk31 and complete a short google form prior to the webinar.

Webinar Logistics

- Everyone is muted
- Webinar is being recorded
- Questions: type in the question box
- If you are having trouble hearing the audio, please call (914) 614-3426 and enter
 - Access code: 267-190-728
- Using a second device



FLORIDA DEPARTMENT OF
EDUCATION
fldoe.org

Physical Education Update

Legislative Update

- HB 7069 updated 1003.4282, F.S., to remove the requirement for the Personal Fitness Competency Exam
- HB 7069 added recess requirement of 100 minutes each week (20 consecutive minutes daily)
- Effective July 1, 2017 (beginning with 2017-2018 school year)
- District Physical Education Policies updated and submitted to Department of Education

SHAPE Florida

- State organization for physical educators and health educators
- Liability insurance added as benefit to membership
- Annual conference on October 19-21, 2017 in Orlando
- Registration and hotel information found at shapefla.org
- Discounted 'early bird' registration ends September 29th

CPALMS Resource

- Physical Education Online Professional Development Module
 - Learn more about using Google Forms and other technology tools in physical education courses
- [Technology in Motion](#)
- Self-paced
- Estimated completion time is one hour

Online Physical Education Network (OPEN)

- Free online physical education resource
- Aligned to SHAPE America National Standards and Florida's Physical Education Standards
- Resources developed for K-12 physical education
- Modules include lessons, assessment tools, teacher reflections and academic language cards
- Available at www.openphysed.org

TOOLS FOR LEARNING **SOCCER SKILLS**

INTERMEDIATE (3-5)

This module builds on the skills introduced in Primary Foot Skills module through skill-specific soccer lead up games. Ball control with the feet as well as dribbling, passing, and kicking in combination are the primary skills emphasized. However, a variety of other learning outcomes are also addressed within the module's activities.

Module Documents

- Complete Module Packet: [PDF Only]
- Module Overview: [PDF, WORD]
- Required Materials: [PDF, WORD]
- All Module Activities: [PDF, WORD]
- Sample Lesson Plan: [PDF, WORD]
- Academic Language Cards: [PDF, WORD]
- Station Cards: [PDF, WORD] *Link to Basic Equipment Pack*

Assessments

- Self-Assessment Worksheet: [PDF, WORD]
- Holistic Performance Rubric: [PDF, WORD]
- Dual Performance Rubric: [PDF, WORD]
- Academic Language Quiz: [PDF, WORD]

Additional Resources

Activity Plans

- Scramble: [PDF, WORD]
- Pass Vs Dribble: [PDF, WORD]
- Shark Attack: [PDF, WORD]
- Keep Away: [PDF, WORD]
- Soccer Tag: [PDF, WORD]
- Windows: [PDF, WORD]
- Soccer Golf: [PDF, WORD]
- Shooting Thunder: [PDF, WORD]
- Station Day: [PDF, WORD]

Teacher Evaluation

- Teacher Self-Evaluation/Reflection Guide: [PDF, WORD]

Planning Tools

- Blank Activity Plan Template: [WORD]
- Blank Lesson Plan Template: [WORD]



FLORIDA DEPARTMENT OF
EDUCATION
fldoe.org

Google Forms

Objectives

- Utilize technology to assess physical education standards and benchmarks
- Understand the benefits and role of technology in the classroom
- Learn how to create and share a Google Form
- Convert a web address to a short URL
- Locate and use Google Form data



FLORIDA DEPARTMENT OF
EDUCATION
fldoe.org

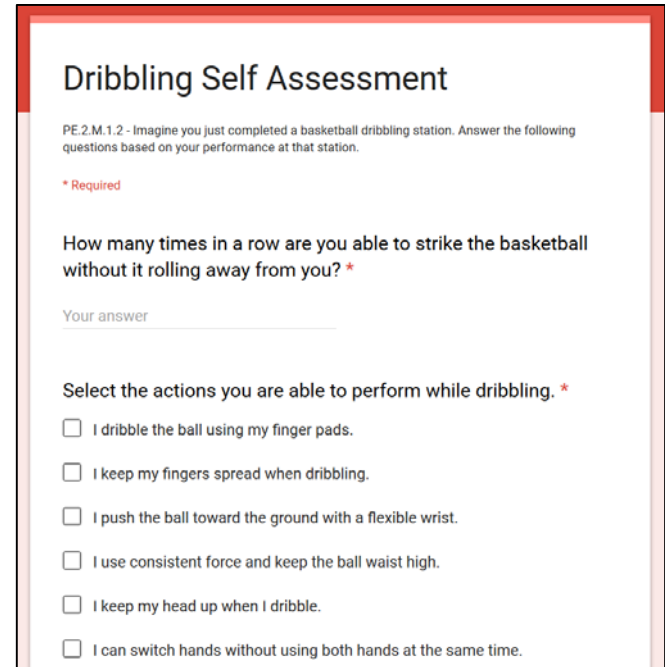
Explore Google Forms

Explore Google Forms

- Self Assessment: goo.gl/dn7fmw
- **PE.2.M.1.2:** Strike an object continuously using body parts both upward and downward.

Google Forms Self Assessment/Survey

- Types of questions
 - Short answer
 - Checkboxes
 - Multiple choice
- Can be used on any device
- Can be used at a station
- Do not need one device per student



Dribbling Self Assessment

PE.2.M.1.2 - Imagine you just completed a basketball dribbling station. Answer the following questions based on your performance at that station.

** Required*

How many times in a row are you able to strike the basketball without it rolling away from you? *

Your answer

Select the actions you are able to perform while dribbling. *

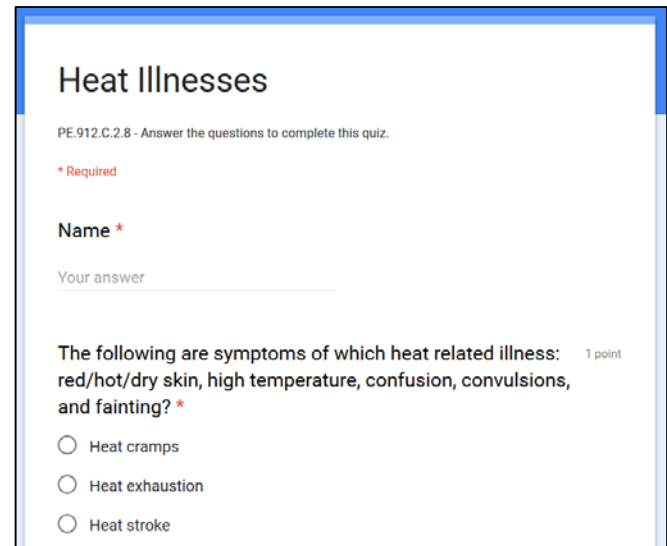
- I dribble the ball using my finger pads.
- I keep my fingers spread when dribbling.
- I push the ball toward the ground with a flexible wrist.
- I use consistent force and keep the ball waist high.
- I keep my head up when I dribble.
- I can switch hands without using both hands at the same time.

Explore Google Forms

- Quiz: [goo.gl/EJeewt](https://www.google.com/forms/quiz/EJeewt)
- **PE.912.C.2.8:** Differentiate between the three different types of heat illnesses associated with fluid loss.

Google Forms Quiz

- Automatic grading
- Can be used at a station
- Do not need one device per student
- Can be done on any device, even in the library or at home



Heat Illnesses

PE.912.C.2.8 - Answer the questions to complete this quiz.

* Required

Name *

Your answer _____

The following are symptoms of which heat related illness: 1 point
red/hot/dry skin, high temperature, confusion, convulsions,
and fainting? *

Heat cramps

Heat exhaustion

Heat stroke

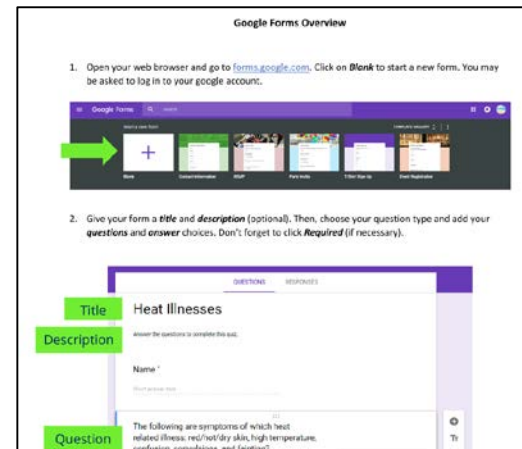


FLORIDA DEPARTMENT OF
EDUCATION
fldoe.org

How to Create a Google Form

Create Google Form

- Use your device and go to forms.google.com
- You will be asked to sign in to your Google account.
- If you do not have a Google account, you can create one.
- One-pager: goo.gl/UkFT63





FLORIDA DEPARTMENT OF
EDUCATION
fldoe.org

Share Google Form

Share Google Form

- Google Forms are shared through their link
 - Can get link through Preview
- Easy ways
 - Short URL: goo.gl/5Pnk31

- QR Codes:



Create Short URL

- A **URL** shortener is an online application that converts a regular **URL** (the web address that starts with http://) into its condensed format.

- goo.gl

Simplify your links

Your original URL here [SHORTEN URL](#)

All goo.gl URLs and click analytics are public and can be accessed by anyone

Original URL	Created	Short URL	All Clicks
docs.google.com/forms/d/e/1FAIpQLSeOL7rKzUVVbdTBJkqUn1e...	1 hour ago	goo.gl/5Pnk31	2
forms.office.com/Pages/ResponsePage.aspx	3 days ago	goo.gl/caVpFr	1
forms.office.com/Pages/ResponsePage.aspx	3 days ago	goo.gl/c0XZp4	0

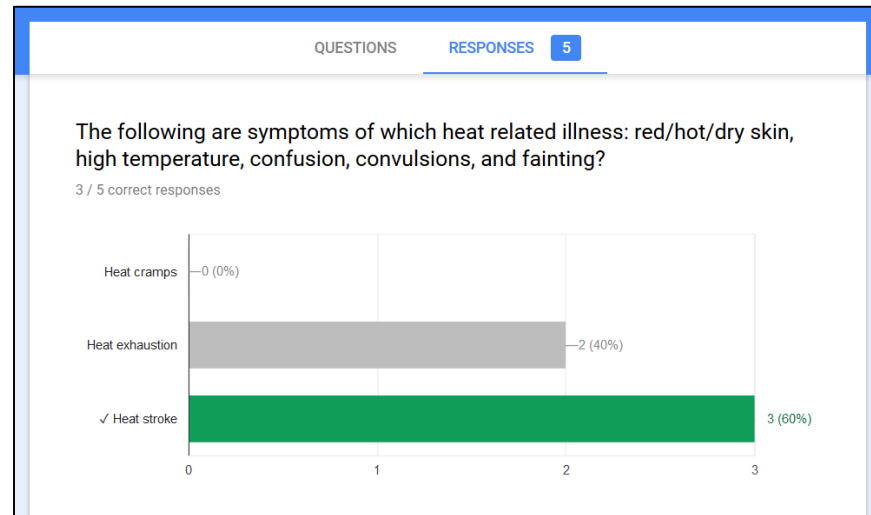


FLORIDA DEPARTMENT OF
EDUCATION
fldoe.org

Data from Google Forms

Data from Google Forms

- Retrieving data using Google Forms
 - General information
 - Individual responses
 - Google Sheets



Q & A

Nichole Wilder

Physical Education Coordinator

Nichole.Wilder@fldoe.org

Ashley Palelis

Computer Science Specialist

Ashley.Palelis@fldoe.org



www.FLDOE.org