

Physical Education in Florida

NEXT GENERATION SUNSHINE STATE STANDARDS FOR PHYSICAL EDUCATION:

Florida's physical education standards and benchmarks were revised in 2008 to reflect the rigor of World Class Standards. The Next Generation Sunshine State Standards for Physical Education were adopted by the State Board of Education in December 2008. If you would like to view the revised standards and benchmarks please visit the Florida Standards website at <http://www.floridastandards.org>.

GRADE LEVEL REQUIREMENTS:

Elementary: Section [1003.455](#), F.S., requires 150 minutes of physical education each week for students in grades K-5, and for students in grade 6 who attend a school with one or more elementary grades. A minimum of 30 consecutive minutes is required on any day that physical education instruction is provided.

Middle: Section [1003.455](#), F.S., requires one semester of physical education each year for students enrolled in grades 6-8.

High: Section [1003.428](#), F.S., includes a one credit physical education requirement with the integration of health.

GRADES K-8 PHYSICAL EDUCATION WAIVER OPTIONS:

1. The student is enrolled or required to enroll in a remedial course.
2. The student's parent indicates in writing to the school that the student enroll in another course from among those courses offered as options by the school district.
3. The student's parent indicates in writing to the school that the student is participating in physical activities outside the school day which are equal to or in excess of the mandated requirement.

GRADES 9-12 PHYSICAL EDUCATION WAIVER OPTIONS:

1. Two seasons of an interscholastic sport at the junior varsity or varsity level AND a grade of "C" or better on the Personal Fitness competency test waives the full one credit physical education requirement.
2. Two years in an R.O.T.C. class waives the full one credit physical education requirement AND the full one credit performing arts requirement.
3. One semester of marching band with a grade of "C" or better waives the .5 credit requirement of a physical education activity elective. (NOTE: another option is to have this waive the performing arts requirement). The student must still take the .5 credit Personal Fitness class to complete the requirement.
4. One semester of a dance class waives the .5 credit requirement of a physical education activity elective. The student must still take the .5 credit Personal Fitness class to complete the requirement.