Work-Based Learning Student Reflection

Use the below prompts to reflect on your work-based learning experience – particularly concerning how it may affect your future career, training, and other work-based learning opportunities.

|  |  |
| --- | --- |
| **Build Your Resume** | What did you accomplish during your work-based learning opportunity that could be valued by employers? Consider experiences, work products, credentials, training, skills, tasks or any other topic that could be listed on your resume or become a part of your work portfolio. |
|  |
| **Personal Reflections** | What did you learn about yourself during this work-based learning opportunity? Consider your strengths, weaknesses, values, interests, needs, or any other relevant topic. |
|  |
| **Industry Reflections** | What did you learn about the industry you worked in? Consider different aspects of the industry, such as technical and occupation-specific skills, the use of technology, labor and community issues, health and safety issues, environmental issues, finance, management, opportunities for education and advancement, or any other relevant aspects of the industry. |
|  |
| **Your Plans** | How have your future academic and career plans been affected by your experience in your work-based learning opportunity? Consider what occupations, training programs, or educational institutions you are now drawn towards or away from. |
|  |
| **Give Feedback** | How could future work-based learning experiences be improved for other students? |
|  |