



**Lake County Schools**  
**Mental Health Assistance Allocation Plan**  
2019 - 2020

## Focus on Delivering Evidenced-Based Mental Health Services

**Maximize access to school-based mental health services by decreasing ratios of mental health professional-to-student ratios across the district.**

Lake County Schools has built a strong presence of mental health professionals, working in collaboration to bring high-quality, evidence-based supports and services to all students. Mental Health Specialists, Mental Health Liaisons, Certified School Counselors, School Psychologists, Social Workers, and School Nurses are essential to the success of this plan and positive school outcomes.

Lake County Schools has reduced staff-to-student ratios in order to meet student mental health assistance needs.

	Allocations		Ratio	
	Prior to SB 7026	2019-20	Prior to SB 7026	2019-20
<b>Mental Health Specialists</b>	0.0	6.0	NA	1:6833
<b>Mental Health Liaisons</b>	0.0	41.0	NA	1:1000
<b>Certified School Counselors</b>	100.0	100.0	1:410	1:410
<b>School Psychologists</b>	19.0	25.0	1:2158	1:1640
<b>Social Workers</b>	15.0	25.0	1:2733	1:1640
<b>School Nurses</b>	30.0	43.0	1:1367	1:954
<b>Total Mental Health Professionals</b>	<b>164.0</b>	<b>240.0</b>	<b>1:250</b>	<b>1:171</b>

*\*Based on student population of 41,000*

## **Role and Responsibilities of Mental Health Professionals**

**Mental Health Specialists** are district-level professionals with extensive credentials and experience in mental health and/or education. These six professionals focus on school-level supports within a designated region (3 Regions). These six positions were created and are maintained with revenue provided by the Mental Health Assistance Allocation money.

The primary roles and responsibilities of the Mental Health Specialists include:

- Coordinating with the Director of Student Services for the provision of comprehensive mental health and related services for all students
- Oversight, mentoring, and training for school-based Mental Health Liaisons
- Working with community partners to develop protocols and procedures that will result in increased information sharing, collaboration, and services to Lake County students
- Implementing and overseeing consistent district-wide processes for student referrals for mental health services
- Developing and administering school-based needs assessments and implementing follow-up training and support
- Collecting and analyzing outcome data; maintaining the Youth Mental First Aid (YMHFA), universal screening, and crisis databases
- Consulting with schools, families, and community mental health service providers to plan and coordinate services for at-risk students
- Coordinating with district Safety and Security Manager to train and provide support to schools regarding required Threat Risk Assessment protocols
- Leading and coordinating the district-wide Crisis Intervention Teams

**Mental Health Liaisons** are school-based professionals who will coordinate the individual school-based mental health programs, with oversight from the district Mental Health Specialists. Beginning in the 2019-2020 school year, as a result of funding from a local referendum, every school in Lake County will have a dedicated Mental Health Liaison. The Mental Health Liaison will provide site-based support and assistance to school communities regarding best practices in mental wellness, identifying students at-risk for mental health challenges, and appropriately referring students with high/severe needs.

Primary roles and responsibilities include:

- Collaborating regularly with the district Mental Health Specialists
- Providing direct services with students, such as individual and group counseling
- Participating in problem solving meetings for students at-risk for mental health challenges
- Providing school level professional development regarding mental wellness/interventions
- Collaborating with district and school-based mental health professionals in the problem solving process in regards to mental health/wellness
- Coordinating school-based mental health services across all tiers of the MTSS framework
- Working with Lifestream and other agencies to provide wraparound services to students when a higher level of care is needed

- Building bridges with families and community agencies to build relationships and make connections to resources
- Developing, implementing and monitoring school procedures, in coordination with school-based leadership, to ensure compliance with district Mental Health Plan
- Coordinating crisis intervention and prevention for the school
- Providing outreach to parents and community members regarding mental wellness and protective factors

**School Counselors** are highly qualified professionals who provide a variety of direct and indirect services on school campuses that address academic, social-emotional and career needs. With regard to mental health, they are equipped to recognize warning signs such as changes in school performance (changes in behavior, attendance and grades), mood changes, complaints of illness before school, increased disciplinary problems at school, difficulties at home or with family situations (stress, trauma, divorce, substance abuse, exposure to poverty conditions domestic violence), and communication from teachers about problems at school. Lake County Schools is fortunate to have at least one full-time school counselor on every elementary school campus and more than one school counselor in all secondary schools; several schools have three or more counselors.

**School Psychologists** provide a range of preventative, early intervention, and acute mental health assessments and treatments. They are uniquely qualified to perform psycho-educational assessments for learning, behavior and mental health problems; provide evidence-based mental health interventions, and group and individual counseling; consult with parents, students, and school personnel on issues related to student success; conduct risk assessments (threats of suicide/homicide); analyze and interpret data; provide in-service trainings for school personnel and parents; crisis counseling and intervention services, and recovery (postvention) services dedicated to restoring and maintaining a safe and healthy learning environment for students and staff after critical incidents on or near a school campus. Lake is fortunate enough to be allocated to have 25 School Psychologists, 1 for every 2 schools.

**Social Workers** are exceptional at bridging the gaps among schools, families, and community resources. In Lake County Schools, they are champions for school attendance, providing trainings, program activities, and tiered interventions focusing on all students attending school every day. They are qualified to conduct psycho-educational evaluations with families, embarking on home visits, when needed, to provide support and resources to families. They also work as part of the mental health team to deliver evidence-based interventions, deliver crisis counseling and recovery services, as well as participate on the Threat Risk Assessment teams. Lake is fortunate enough to be allocated to have 25 Social Workers, 1 for every 2 schools.

**School Nurses** are important members of the school-based mental health team. Beginning in the 2019-2020 school year, as a result of funding from a local referendum, every school in Lake County will have a dedicated school nurse allocation. In their primary responsibility of running the school clinic, they are uniquely positioned to interact with and regularly support students visiting the clinic. Their presence on campus provides daily opportunities for the early identification of emerging mental health needs of students. All nurses will be involved in training to increase knowledge of wellness and resiliency strategies.

**Lake County Schools will establish and integrate mental health components across all grades and Tiers of the Multi-Tiered System of Supports that target multiple risk and protective factors.**

A Multi-Tiered System of Supports (MTSS) is an evidence-based framework for school improvement. This framework involves the systematic use of multiple sources of data to most efficiently allocate resources for the purpose of improving learning for all students. Through MTSS, schools focus on high-quality core instruction and provide interventions which are appropriately matched to the needs of students for the purposes of remediation and enrichment.

Tier 1 provides school-wide structures and supports to all students. Tier 2 interventions target students who have mild and emerging needs, and Tier 3 offers intensive interventions/services for students demonstrating more advanced needs. Supports are frequent, intensive and based on the individual needs of the student. Through this MTSS framework, Lake County Schools will offer comprehensive mental health supports that address the general well-being of every student in the school system.

We believe that a complete model of student mental health offers both universal proactive supports for the general mental wellness of every student, as well as the more intensive and individualized supports for those with students with more extensive mental health needs.

Each school will be provided the training and support necessary to build and deliver prevention and awareness programs aimed at promoting the mental wellness of every child on campus. Positive psychology practices will be woven into the school culture through universal, school-wide programs and approaches such as Positive Behavioral Interventions and Supports (PBIS), Restorative Practices, Trauma Informed Care, Youth Mental Health First Aid, Kognito At-Risk Youth Mental Health Training, Sandy Hook Promise programs, Sanford-Harmony, Zones of Regulation, Everfi's Health and Wellness program, and LEAPS. These programs support resiliency and wellness and decrease the impact of risk factors for mental health challenges.

With the support and assistance from the district Mental Health Specialists, each school-based Mental Health Liaison will be required to submit an outline of their mental health program. This plan will include school-based Tier 1 universal supports that will be delivered to all students, and Tier 2/Tier 3 supplemental, intensive and individualized mental health supports for students presenting with emerging and more extensive needs. Below are brief descriptions of approaches and programs that are available for schools to include in their mental health plan.

**Positive Behavior Interventions and Supports (PBIS)**

PBIS is an approach schools can use to promote positive behavior and build school connectedness. PBIS also helps schools decide how to respond to a child who misbehaves. PBIS recognizes that children can only meet behavioral expectations if they know what the expectations are. The guiding principles of an effective PBIS program include (1) every child can learn proper behavior, (2) early intervention can prevent more serious behavior problems, (3) each child is different therefore many kinds of behavior supports are needed, (4) use of research-based behavior interventions, (5) progress monitoring is necessary, and (6) schools must gather and use data to make decisions about behavior problems. PBIS is not treatment or therapy, it is a framework for teachers, administrators and parents to follow.

PBIS is implemented at all three tiers of support for students and staff in Lake County Schools:

Tier 1 is a school-wide, universal system for everyone in the school. Children learn basic behavior expectations, and school staff regularly recognize and praise them for good behavior. Schools may use small rewards, like tokens or prizes, to encourage good behavior.

Tier 2 provides an extra layer of support for students who struggle with behavior. For example, some students may struggle with getting along with other children. A Tier 2 strategy might be a “friendship group” to help them learn how to get along with their peers.

Tier 3, the most intensive level, is for students who need more intense and individualized supports. For instance, the child in Tier 2 who continues to struggle to get along with peers, may also need to meet one-on-one with the school counselor for additional instruction/support.

### **Restorative Practices**

Restorative Practices in Lake County Schools are inspired by the philosophy and practices of restorative justice, which puts repairing harm done to relationships and people over and above the need to assigning blame and dispensing punishment. The five elements of restorative practices include (1) Relationships: Developing caring connections and finding common ground, (2) Respect: Listening to others’ opinions and valuing them, (3) Responsibility: Being accountable for actions taken, (4) Restoration: Repairing harm that has been caused, and (5) Reintegration: Ensuring all remain included and involved.

Restorative practices exist in all Lake County schools and provide a framework for intervention across the MTSS continuum, for both proactive and reactive measures. A variety of methods can be used to build or restore relationships, repair harm, and increase the safety and productivity of the community environment. Community building circles are implemented to help build positive school climate and community classrooms. A restorative mindset approach teaches individuals to understand the meaning of harm instead of focusing on blame and learn how to problem-solve instead of focusing on guilt, compliance, and punishment. Individuals learn that conflict situations can be opportunities for learning and growth. Depending on the severity of the action, smaller impromptu conferences can occur for less formal interactions, or restorative circles / conferences can be planned for more formal interactions.

Tier 1 Restorative Practices include peace-keeping and community circles and social-emotional skill-building.

Tier 2 Restorative Practices include early interventions and alternatives to suspension including peer mediation, conflict resolution and restorative conferencing.

Tier 3 Restorative Practices include intensive interventions such as return to school from suspension meetings and more formalized restorative conferencing.

### **Trauma-Informed Care**

During the 2018-2019 school year, Trauma Informed Care training was provided to all Student Services personnel and several schools. Mental Health professionals will continue to train throughout the 2019-2020 school year using the Trauma-Sensitive Schools Training Package developed by the National Center on Safe Supportive Learning Environments. This training will offer administrators and staff a framework and roadmap for adopting a trauma-sensitive

approach. Participants will learn what trauma is, who is affected, how the stress response system works, the impact of trauma, and how to create trauma-sensitive classrooms.

### **Youth Mental Health First Aid (YMHFA)**

A small cadre of professionals at each school, all Student Services personnel, and all Guardians have been trained in YMHFA. During the 2019-2020 school year, all Lake County School employees will be offered mental health and suicide prevention training using Youth Mental Health First Aid. This course introduces adult participants to the unique risk factors and warning signs of mental health problems in adolescents, builds understanding of the importance of early intervention, and teaches individuals how to help an adolescent in crisis or experiencing a mental health challenge. The 6-hour, face-to-face course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations. Topics covered include anxiety, depression, substance use, disorders in which psychosis may occur, disruptive behavior disorders (including ADHD), and eating disorders.

### **Kognito's At-Risk Youth Mental Health Training**

All Lake County School employees will be offered mental health and suicide prevention training using Kognito's At-Risk Youth Mental Health Training. This program is an online, interactive simulation for school educators that builds awareness, knowledge, and skills about mental health and suicide prevention. The simulation prepares users to lead real-life conversations with students to build resilience, strengthen relationships, and connect them with support. District Mental Health Specialists will train school-based Mental Health Liaisons to facilitate this 2-hour (1 hour face-to-face, 1 hour online interactive simulations) training at their school. Kognito is a complementary and supplementary training that can be taken prior to or after Youth Mental Health First Aid.

### **Sandy Hook Promise Prevention Programs**

Lake County Schools will be partnering with Sandy Hook Promise to deliver research-based prevention programs, which may include: (1) "Know the Signs" helps protect children from gun violence in homes, schools and communities, (2) "Start with Hello" teaches children, teens and young adults how to be more socially inclusive and connected to one another, (3) "Safety Assessment and Intervention" trains schools and community organizations how to identify, assess and respond to threatening behaviors before they escalate to violence, (4) "Say Something" teaches children and teens how to recognize signs, especially in social media, of an individual who may be a threat to them self or others, and say something to a trusted adult to get them help, and (5) "SOS Signs of Suicide Prevention" trains students and adults about the warning signs of youth suicide and how to intervene before violence or self-harm occurs.

### **Everfi's Health and Wellness Programs**

Lake County Schools will provide substance use/abuse education and awareness in an effort to promote the academic success, health, and well-being of students. Schools will be provided with resources and materials to promote drug awareness and prevention including EVERFI's Healthier Me, Mental Wellness Basics, Prescription Drug Safety, and Alcohol education. These on-line programs are used to connect learning to the real world and bring it into the classroom.

## **Sanford Harmony**

Lake County Schools has partnered with Nova Southeastern University to bring Sanford Harmony, an evidence-based social emotional learning (SEL) program, to its elementary and middle schools. Sanford Harmony SEL involves developing student competencies of self-awareness, self-management, social awareness, relationship skills, and responsible decision-making. Sanford Harmony compliments classroom instruction, as the everyday practices of “Meet Up” and “Buddy Up” easily fit into daily schedules and can be integrated throughout instruction. Sanford Harmony strategies also create a positive environment to help reduce personal conflicts, like peer pressure and bullying.

While Sanford Harmony has been designed to be a Tier 1 program, educators have the option of offering Tier 2 and Tier 3 interventions by delivering Sanford Harmony’s social-emotional lessons with small groups of students and/or individual students.

## **Zones of Regulation**

The Zones of Regulation is a systematic, cognitive behavioral approach used to teach self-regulation by categorizing all the different ways we feel and states of alertness we experience into four concrete colored zones frames. The Red Zone is used to describe heightened states of alertness and intense emotions. The Yellow Zone is used to describe a heightened state of alertness and elevated emotions, however a student has more control when they are in this zone. The Green Zone is used to describe a calm state of alertness where a person is ready to learn. The Blue Zone is used to describe low states of alertness and down feelings. The Zones framework provides strategies to teach students to become more aware of and independent in controlling their emotions and impulses, manage their sensory needs, and improve their ability to problem. Much like Sanford Harmony, the Zones of Regulation can be implemented at Tier 1, 2 or 3.

## **LEAPS**

Leaps is a comprehensive, research-based, social-emotional learning platform that provides Lake County educators with the ability to assess student social, emotional, and behavioral needs, and then provide the content and processes necessary to address those needs. Targeted skill areas include: Respect for Self and Others, Decision-Making, Self-Control and Confidence, Communication and Presentation, Managing Time and Attention, Hygiene, Stress & Anxiety, School Rules, Anger & Emotional Regulation and Social Skills. Finally, Leaps provides real life social and emotional learning opportunities for students and communication plans for parents. Leaps can be utilized at all tiers of the MTSS framework.

Tier 1 - Leaps offers a classroom-based observational assessment process that enables the teacher to identify the most relevant social-emotional lesson plans for their class.

Tier 2 - Leaps provides the assessing reporting tools to identify the students in need of behavioral interventions training as well as the data necessary to create and assign small group placement for maximum benefit of results.

Tier 3 - Leaps creates an individualized student plan that identifies the level of functioning and creates categorical benchmarks for pre and post measurements.

One barrier that some of our families face when seeking high level therapeutic support/services is a lack of or inadequate level of insurance to meet the prescribed needs. In order to assuage this barrier, Lake County Schools has entered into a contract with Lifestream Behavioral Center wherein money from the Mental Health Assistance Allocation (\$250,000) is set-aside to be used to cover these insurance costs for these students.

Community and contracted services at the Tier 3 level may include:

- Partnership with Lifestream Behavioral Health Center
  - Children’s Clinical Onsite Services (CCOS)
  - Community Action Teams (CAT)
  - Mobile Response Team (MRT)
- Services with one of contracted Mental Health Agencies

## Referrals, Procedures, and Outcomes

### **Referrals for Mental Health Services**

Listed below are the various ways students in Lake County schools can be identified as having mental health or substance abuse needs/diagnoses. District Mental Health Specialists will work with each school-based Mental Health Liaison to monitor referrals and ensure that state mandated timelines are being met. The Mental Health Liaison will act as a single point of access at each school to ensure that referrals are consistently monitored and that student needs are met. The Mental Health Specialist will assist by removing barriers and building relationships with community agencies.

### **Pathways**

#### **Student Enrollment Forms:**

Student enrollment forms require parental disclosure of any previous mental health services provided by a previous school district. This information will also be included in transferred student records. After review of student enrollment forms or incoming records indicating student engagement with mental health services, school-based Mental Health Liaisons will make contact with parents within 15 days to ensure that services continue.

#### **School Problem Solving Team:**

Students can be referred for mental health services through the school-based Problem-Solving team. The school-based Mental Health Liaison will be involved in any cases involving mental health challenges or needs and ensure that supports and/or referral for outside services are initiated within 15 days. Early warning signs data, evaluations completed outside the school system, and the results of threat risk assessment procedures can be used to determine the extent of need and what services are appropriate.

#### **Threat Risk Assessment Meetings**

Threat Risk Assessment teams refer students when the risk assessment data indicate that students may need mental health services. Data includes early warning signs, universal screenings, cumulative records, evaluations, behavioral observations and threat assessment results. The school-based Mental Health Liaison and/or district Mental Health Specialist will be involved in any cases involving mental health challenges or needs, and ensure that supports and/or referral for outside services are initiated within 15 days. The teams will intervene and monitor students at risk for harm to self or others. The Threat Risk Assessment team will meet to monitor the status and progress of students demonstrating the need for support at the Tier 3 level.

#### **Teacher/School Staff Referrals:**

School personnel who suspect that a student needs support for mental health concerns can refer the student to the school's Mental Health Liaison. The Mental Health Liaison will contact the parent and either provide direct counseling services, refer to a district mental health professional (i.e., School Psychologist, Social Worker), or refer to an appropriate

community agency. If further support is needed, a request for support can be made to the district's Mental Health Specialist.

### **Parent/Family Referrals:**

Parents who have children that have or are suspected of having mental health concerns can request support. School personnel will refer the parent to the School's Mental Health Liaison. The Mental Health Liaison will work with the parent and either provide direct services to the student or refer to appropriate district personnel or community agency.

### **State Mandated Timelines:**

1. Students referred for a mental health screening are assessed within 15 days of referral.
2. School-based mental health services are initiated within 15 days of identification and assessment.
3. Community-based mental health services are initiated within 30 days of referral.

## **Procedures**

### **Request for Mental Health Specialist Support**

The school-based Mental Health Liaison can request support from the district Mental Health Specialist by completing the ["Request for Mental Health Specialist Support"](#) form. Requests can be made for the following reasons:

- Provide support concerning suicidal ideations
- Threat assessment consultation
- Immediate safety concerns
- Provide support concerning substance use/abuse
- Student experiencing mental health crisis
- Provide support regarding barrier to a current referral
- Return to school meeting (from Baker Act/alternative setting)

## 2018-2019 Requests for Mental Health Specialist Services

Elementary	213	Middle	162	High	83
Astatula	3	Carver Middle	22	Alee Academy	1
Beverly Shores	20	Cecil E. Gray Middle	10	East Ridge	4
Clermont	4	Clermont	8	East Ridge High	1
Cypress Ridge	2	East Ridge	41	Eustis	10
Eustis	3	Eustis	20	Eustis Curtright	5
Eustis Heights	3	Lake Academy	2	Lake Minneola	8
Fruitland Park	3	Lake Academy-Eustis	2	Leesburg	7
Grassy Lake	4	Mount Dora	16	Mount Dora	10
Groveland	4	Oak Park	7	South Lake	6
Leesburg	13	Round Lake Charter	1	Tavares	5
Lost Lake	8	Seminole Springs	1	Umatilla	26
Mascotte Charter	8	Spring Creek Charter	2		
Pine Ridge	8	Tavares	5		
Rimes	7	Umatilla	8		
Round Lake Charter	5	Windy Hill	17		
Sawgrass Bay	23				
Seminole Springs	4				
Sorrento	4				
Spring Creek Charter	6				
Tavares	19				
Treadway	41				
Triangle	5				
Umatilla	15				
Villages	1				

**Total = 458**

### Procedures for Responding to Students Experiencing Suicidal Ideations

Procedures have been initiated and will continue to be followed for responding to students who express suicide ideations. Trained school personnel will use the “[Suicide Ideation Case Record](#)” form to assess the student for risk of suicide. Multiple options available for students that are at a high risk include:

- Full risk assessment completed on-campus by Lifestream licensed clinician
- Visit by Lifestream crisis Mobile Response Team
- Release to the parent with the agreement that a voluntary mental health examination be completed (Parent signs “[Release to Parent](#)” form)
- Referral to law enforcement for involuntary mental health examination (Baker Act)

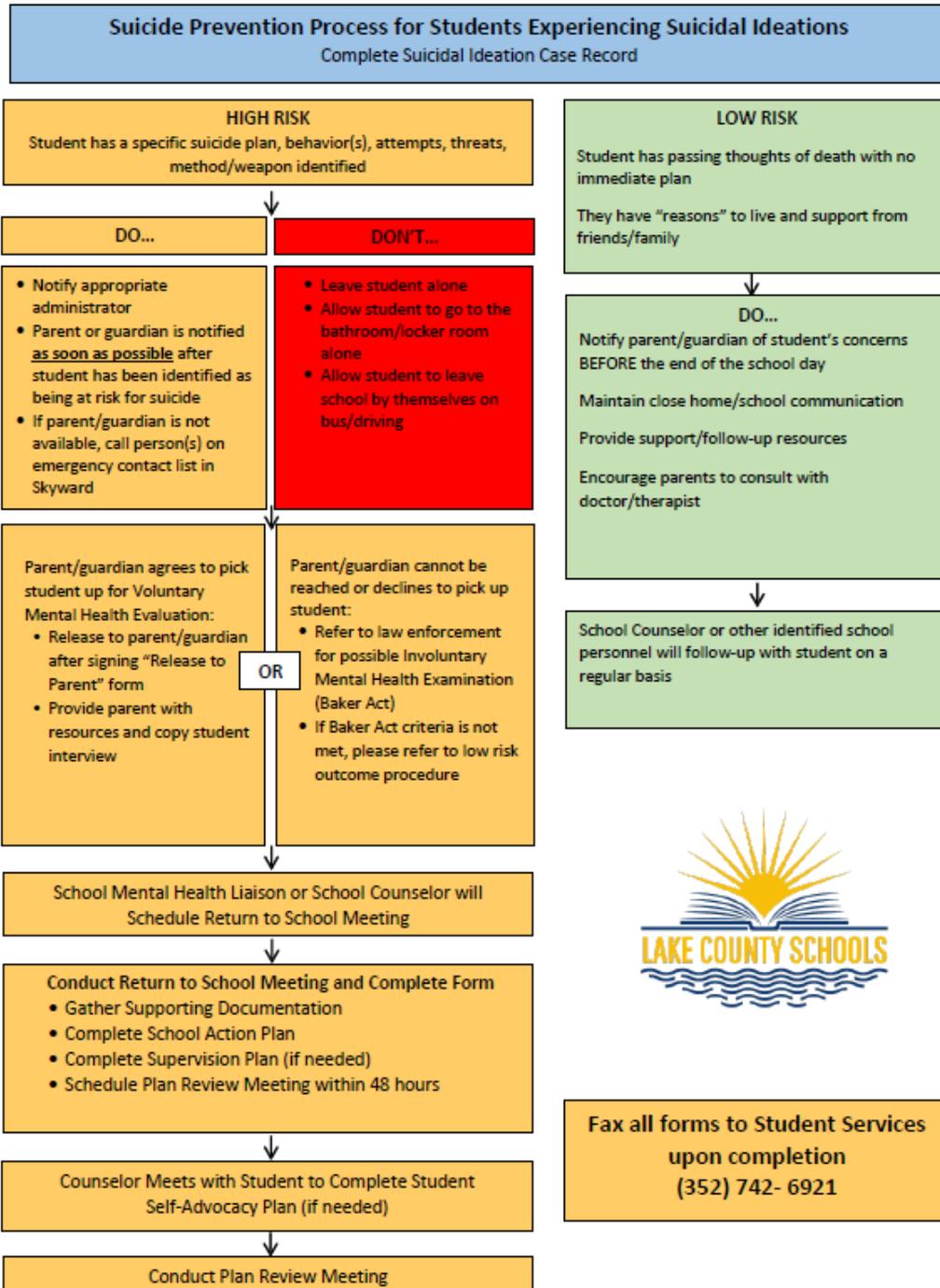
A multidisciplinary team meeting is scheduled upon the student’s return to school. Using the “[Return to School Meeting](#)” form, the team will gather information, create an action plan that includes interventions and strategies, and initiate a supervision plan if needed. Possible outcomes of the team meeting include:

- A referral to an appropriate agency
- A referral to the school’s problem solving team
- Obtaining permission for a Section 504 evaluation
- Obtaining permission for a psycho-educational evaluation

An appropriate school-based mental health professional will then meet with the student to complete a “[Student Self Advocacy Plan](#)”. This plan will outline who the student can access for support, how to identify warning signs and what coping strategies can be used by the student. Students are monitored until the student is no longer at risk. During the 2018-2019

school year there were 204 requests from schools for district Mental Health Specialist support involving suicide ideations.

**Lake County Schools  
Student Services Department**



## Universal Screening

Lake County Schools is committed to building a framework within the school system that will increase mental health awareness, assist in providing evidence-based social/emotional practices in the school setting, and improve access to mental health services. One aspect of our efforts includes the administration of a universal screener. The screener is designed to quickly and efficiently assess behavioral and emotional risk and overall mental health status of children. Lake County Schools developed a Universal Screener Committee Workgroup, including School Administrators, Social Workers, an ESE Administrator, community partners, Nurses, School Psychologists, Technology Supervisor, Accountability and Assessment Manager, Mental Health Specialist, and Student Service Director, to review screening processes and make recommendations. The committee decided to pilot the Behavior Assessment System for Children, Third Edition/Behavioral Emotional Student Screener (BASC-3/BESS) at three middle schools in the 2018-2019 school year. Lake County Schools plans to continue to utilize the BASC-3/BESS for all seventh-grade students throughout the district for school year 2019-2020.

The workgroup will discuss expanding the screening process to additional grades and number of administrations per year. The results of the survey will be used by school problem-solving teams to determine the social/emotional needs of the student population. This information will assist school teams in identifying skill building strategies to help students engage positively in learning. School district procedures will be followed if the results indicate that a student needs further support. Parents will be informed of survey participation, participation is voluntary, and all information will be kept confidential.

## Needs Assessment

In school year 2018-2019 a district-wide needs assessment was completed to survey school personnel about their perception of what kind of mental health services are needed in schools and what topics needed to be addressed through professional development activities. Participants were asked about their knowledge and interest levels in areas listed below:

- |   |   |
|---|---|
| <ul style="list-style-type: none"><li>● Social Emotional Learning</li><li>● Anxiety Disorder</li><li>● Substance Abuse Disorder</li><li>● Suicide Warning Signs</li></ul> | <ul style="list-style-type: none"><li>● Mental Health Crisis Response</li><li>● Bi-Polar Disorder</li><li>● Non-Suicidal Self Injury</li><li>● Trauma Informed Care</li></ul> |
|---|---|

In the overall sample, only 29.6% of the respondents reported feeling “very confident” or “confident” in their ability to help a student experiencing a mental health challenge. The highest level of knowledge was rated on “Anxiety Disorder” and the lowest levels of knowledge were rated on “Trauma Informed Care” and “Social-Emotional Learning.” In terms of respondents’ interests in learning more, “Trauma Informed Care” and “Social-Emotional Learning” were at the top of the list. All the information from the needs assessment will be use in planning professional development activities for the 2019-2020 school year. Additionally, district Mental Health Specialists will work with school-based

Mental Health Liaisons to complete a mental health needs assessment at each school at the beginning of the 2019-2020 school year.

### **Required Outcome Measures**

Mental Health Specialists will continue to collaborate with the IT department to build infrastructures for consistently tracking outcome data across the district. The following outcome data will be shared with DOE in September of each year:

- Number of students who receive screening or assessments
- Number of students who are referred for services or assistance
- Number of Students who receive services or assistance
- Number of mental health services providers employed by district
- Number of contract-based collaborative efforts or partnerships with community mental health programs, agencies, or providers.

## **Community-Based Partnerships**

### **Lifestream Behavioral Center**

Lake County Schools has a long-standing relationship with Lifestream Behavioral Center. Lifestream is a behavioral health and social services organization that provides high-quality treatment, education, care management, rehabilitation, child welfare, primary care and homeless services to children, adolescents, and adults. Life Stream’s clinical staff is comprised of behavioral health care professionals who provide a multi-specialty team approach to quality care. This team is made up of psychiatrists, advanced registered nurse practitioners, psychologists, social workers, nurses, case managers, psychiatric technicians, therapists, and counselors.

Lifestream offers several different therapeutic services to the students and families of Lake County, which include Children's Community Action Team (CAT). This team offers parents and caregivers of youth ages 11-21 with serious behavioral health issues a safe and effective alternative to out-of-home placement. The CAT model utilizes a team approach that “wraps around” the family to address their unique challenges with community-based treatment.

Another successful program offered is the CCOS Program. CCOS offers therapeutic services to children and adolescents that meet the state requirements for these services. These include evidence-based therapeutic services such as cognitive-behavioral therapy, play therapy, and solution-focused therapy at school, in the home, or in the community.

The MRT Program which stands for Mobile Response Team was launched in the Spring of 2019. This program is a collaboration with Lake County Schools, the Clermont Police Department and Lake County Sheriff’s Office. The mobile crisis team offers an immediate clinical evaluation on scene by a mental health professional and assists Crisis Intervention Trained (CIT) officers to help determine the type of intervention or treatment needed.

Lifestream also added a clinical position titled Clinical Coordinator. This position works closely with Lake County’s six Mental Health Specialists in the District Office. The Clinical Coordinator

functions as the central point of contact for Lake County Schools when crises arise in schools. The Clinical Coordinator also coordinates and collaborates with other Lifestream Departments to assure Lake County students and families are receiving the best care possible.

## **SEDNET**

The Multiagency Network for Students with Emotional/Behavioral Disabilities (SEDNET) serves Lake County through technical assistance, and provision and dissemination of information of training, resources, and staff development which facilitate improvement in the lives of school age children with, or at-risk of, emotional disabilities or severe emotional disorders.

## **Community Agencies Providing Counseling Services**

Lake County has agreements with 12 community agencies that provide mental health and addiction services to students and families in schools, home settings, and in their offices. The community agencies follow Lake County School Board guidelines as outlined in their individual contract or agreement. The twelve agencies are listed below for reference:

- Adapt Behavioral Services
- Advanced Psychiatric Services
- Alive & Well
- Arnette House
- Big Bear
- Children's Home Society
- Cornerstone Hospice Children's
- Families First of Florida
- Family Life Counseling
- KinderKonsulting
- Lake Sumter Child Advocacy Center
- Lifestream
- Milestones Counseling
- NeuMind Counseling

## **Children in Foster Care**

The coordination of services and supports across agencies is also critical to positive educational and meaningful life outcomes for children in foster care. The District entered into an agreement in 2018 with the Department of Children and Families and Kids' Central, Inc of Florida to ensure the best interest of the student when addressing school stability and availability and quality of services in the school to meet the child's educational and social emotional needs.

## **Continuum of School Mental Health Services Workgroup**

The collaboration of professionals across agencies that touch children's lives is critical to the growth of success in supporting these children and families. The creation of the Continuum of School Mental Health Services Workgroup was created in the 2018-2019 school year and

continues to meet regularly to ensure cross-agency care and coordination. The Marjorie Stoneman Douglas High School Public Safety Act requires the school system to coordinate with other key entities providing services and supports to adolescents and their families, including, but not limited to, the school, local SEDNET, the child welfare system, and the juvenile justice, law enforcement system, managing entity and community mental health providers.

Important work continues around issues of information sharing across agencies, decreasing Baker Acts, the implementation of a local multi-disciplinary team process that mirrors the Circuit 5 Local Review Team process, development of coordinated threat-risk assessment teams in the schools, and coordination of services with insurance providers.

This dynamic workgroup includes professionals from the following agencies:

- Lake County Schools
- Department of Children and Families
- Kids Central, Inc.
- Lifestream Behavioral Center
- Department of Juvenile Justice
- SEDNET
- Lake-Sumter Child Advocacy Center
- Be Free Lake
- Arnette House
- Lake County Sheriff's Office
- Camelot Community Care
- E3 Family Solutions, Inc
- Lutheran Services Florida
- Agency for Persons with Disabilities
- IMPOWER FL
- Mid-Florida Children's Home Society
- Staywell/Wellcare

### [2018-2019 Circuit 5 Resource Inventory](#)

## Projects in Progress

### **PREPaRE Crisis Response Training**

Training district and school personnel in crisis prevention and response is a primary goal for the 2019-2020 school year. The PREPaRE Curriculum is part of the National Association of School Psychologists (NASP) evidence-based resources and consultation related to school crisis prevention and response. PREPaRE training will take place at the end of August and September for 140 school-based and district mental health professionals. Each school campus will have a trained multidisciplinary team to engage in crisis prevention, preparedness, response, and recovery. A one day training of Workshop 1 will be provided to school-based mental health liaisons and school counselors. Workshop 1 focuses on the broader security/crisis preparedness

and response for the district as a whole as well as “individual school building preparedness” versus Workshop 2 which focuses on “psychological first aid” during and after a crisis. The two day Workshop 2 training will be provided to school psychologists, social workers, and mental health specialists to improve and strengthen knowledge and understanding of school safety, crisis management and emergency response. Being a PREPaRE trained district will help us to better serve our students to ensure a balance of physical safety and security and psychological safety.

**Mental Health Instruction for Students**

The overall focus of this mental health plan is the well being of our students. Not only do we strive for wellness and resiliency for them, but we also want to build their awareness, knowledge, and confidence in their ability to deal with adversities in their lives, as well as help each other in difficult times. We know from the research that children and youth will confide in each other long before they share with adults. And some youth do not have a trusted adult in their life. Therefore, one focus for the 2019-2020 school year will be to implement district-wide efforts to provide instruction in the following areas:

- Awareness of signs and symptoms
- Process/procedures for getting or seeking help for self and others
- Awareness of resources (e.g., National Suicide Prevention Hotline)
- What to do or say to peers who may be struggling with mental health challenges.

**Protective Factors**

The difficulties that children experience in their lives away from school is often out of our control. Fortunately, we are able to assist them in dealing with these issues by helping them build resiliency and relationships through both a network of promotive factors (internal and environmental assets that predict positive outcomes, regardless of a person’s level of risk) and protective factors (internal and environmental characteristics that serve as buffers in the face of risk).

Youth Mental Health

Negative Indicators	Positive Indicators
Internalizing Problems such as anxiety and depression Disruptive Behaviors such as defiance, rule violation and substance us	Life satisfaction and positive emotions such as happiness Strong social relationships and feelings of connectedness
Some Risk Factors include trauma and other environmental stressors, cognitive errors, behavioral withdrawal, risky/unsafe settings, inconsistent rules and expectations across settings	Some Protective Factors include building blocks of well-being such as gratitude, empathy and persistence, basic needs are met, good social skills and healthy interactions such as high support and minimal bullying



## Expenditure Assurances

Lake County Schools is committed to the following assurances:

- 100 percent of these funds will be used to expand school-based mental health care; train educators in responding to mental health issues; and connect children, youth and families with appropriate behavioral/mental health services.
- The Mental Health Assistance Allocation does not supplant other funding sources, increase salaries or provide staff bonuses.
- Lake County Schools will continue to maximize the use of other sources of funding to provide school-based mental health services (e.g., Medicaid reimbursement and grants).

## **APPENDIX**

## **Lake County Schools Mental Health Professionals**

- 1 Student Services Administrator (PhD, EdS, MEd, Nationally Certified School Psychologist)
- 1 Student Services Administrator (MA, Certified School Counselor)
- 6 Mental Health Specialists (Advanced credentials and experience)
- 41 School-based Mental Health Liaisons (licensed or certified counselors)
- 25 Certified School Psychologists (Specialist degree or equivalent)
- 25 Social Workers (Bachelor's degree minimum)
- 100 Certified School Counselors (approximately due to current vacancies)  
(Minimum Master's degree)
- 1 Program Specialist for School Counseling (MA level)
- 1 Program Specialist for Behavior (MA level)

## **LifeStream Mental Health Providers**

### 20 CCOS Therapists:

- 2 Qualified Supervisors (1 LCSW; 1 LMHC & Registered Play Therapist)
- 4 Licensed Mental Health Counselors (LMHC)
- 1 Licensed Clinical Social Worker
- 11 Master's level Interns
- 2 Therapists

### YAFR program:

- 1 MS level professional
- 4 professionals with BAs

### CAT:

- 1 PsyD, LMHC
- 1 LMHC
- 1 MSW
- 2 Interns
- 3 BA-level professionals

## **Private Agency Providers**

Adapt Behavioral Services:	1 BCBA 1 LMHC 2 Master's level professionals
Alive & Wellness:	1 Master's level Certified Behavior Analyst
Arnette House:	1 BA level professional 1 Master's level Family Counselor 1 LMHC (Clinical Supervisor)
Big Bear Behavioral Health:	2 LMHC 1 Registered Clinical Social Work Intern 3 Registered Mental Health Counselor Intern 1 Licensed Clinical Social Worker
Children's Home Society:	1 LMHC 1 Licensed Clinical Social Worker 1 Master's level professional
Cornerstone Hospice:	1 LMHC
Families First:	Director of Clinical Services (Master of Social Work) VP of Clinical Services (Master's level LMHC) Clinical Program Manager (Licensed Clinical Social Worker) 2 Clinical Supervisors (LMHC) 1 LMHC 1 Master's level Registered Mental Health Counselor Intern 1 Master's level professional 1 Master of Social Work

Family Life Counseling Center: 2 LMHC

1 Licensed Marriage and Family Therapist

4 Master's level Registered Mental Health Counselor Intern 1

Master's level Clinical Social Work Intern

3 Master's level Counselors

Kinder Consulting:

2 Master's level Registered Clinical Social Worker Intern

1 Master's level, Registered Mental Health Counselor Intern 1

Master's level ATR-BC, Board Certified Art Therapist

3 Master's level Registered Mental Health Counselor Intern

Lake Sumter Children's Advocacy Center: 2 LMHC

Milestone Counseling:

3 Licensed Mental Health Counselors

3 Licensed Clinical Social Workers

4 Registered Mental Health Counseling Intern

NeuMind Wellness Group:

1 PhD level LMHC

5 Licensed counselors

Psych Solutions: 2 LMHC

## Lake County Schools Request for Mental Health Specialist Support

Student  DOB  Date   
 Student number  Grade  School   
 Section 504  ESE (District will coordinate with ESE School Specialist) Primary Language   
 Initial Source of Information (Name)  Role   
 Phone  Best time to contact  Email Address

**Reason for Request for Mental Health Specialist Support (Check all that apply)**

Provide support concerning suicidal ideations       Provide support regarding a barrier to a current referral  
 Threat assessment consultation                       Return to school from Baker Act  
 Provide support concerning substance use/abuse       Return to school from alternative setting  
 Student experiencing mental health crisis

Comments

Areas of concern (Frequency)	Frequency					Frequency			
	Weekly	Multiple times a week	Daily	Hourly		Weekly	Multiple times a week	Daily	Hourly
Withdrawn/Isolated	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hyperactivity /Impulsiveness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Poor Social/Peer Interaction	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	History of Self-Injurious Behavior	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Verbal Aggression	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	History of Suicidal Ideation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Irresponsibility/Blaming/ Denying	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Involvement with Drugs/Alcohol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Physical Aggression	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Family Disruption	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Identity Issues	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Grief and Loss	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Lack of Motivation/ Apathy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Physical Complaints	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Absenteeism/Truancy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Exposed to Traumatic Event	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Depressed/Sad	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Difficulty Concentrating	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Anxiety/Nervousness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Argumentative/Defiant	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

- To your knowledge, what interventions have previously been tried?  
 In-school supports:   
 Mental Health or Behavioral MTSS  Tier II  Tier III  
 Outside school supports:
- To your knowledge, what interventions are currently in place?  
 In-school supports:   
 Mental Health or Behavioral MTSS  Tier II  Tier III  
 Outside school supports:
- How are the student's parent(s)/guardian(s) involved?

**If this is a crisis situation and needs immediate support, please complete this form and call Student Services at 352-742-6920 and ask for a Mental Health Specialist.**

Administrator Signature  Date

Please fax to 352-742-6921 - attach supporting documentation (i.e., IEP, Sect. 504 plan, threat assessment action plan)

Office Use Only:  
 Mental Health Specialist assigned  Date

**Lake County Schools  
Student Services Department**

**Suicidal Ideation Case Record**

Student \_\_\_\_\_ DOB \_\_\_\_\_ Date \_\_\_\_\_  
 Student Number \_\_\_\_\_ Grade \_\_\_\_\_ School \_\_\_\_\_  
 Sex \_\_\_\_\_ Race \_\_\_\_\_ Report Time \_\_\_\_\_  
 Student Referred by \_\_\_\_\_ Person Completing Interview \_\_\_\_\_  
 Teacher(s) \_\_\_\_\_  
 Parent(s) or Guardian(s) \_\_\_\_\_ Phone \_\_\_\_\_  
 Briefly describe concerns \_\_\_\_\_  
 (Additional space for narrative on back) \_\_\_\_\_

(Do Not Leave Student Alone)

**Student Interview**

Comments

- |  |   |  |
|--|---|--|
| 1. Current suicidal thoughts/ideations?      | Y <input type="checkbox"/> N <input type="checkbox"/> |  |
| Is there a detailed plan?                    | Y <input type="checkbox"/> N <input type="checkbox"/> |  |
| Is the method/weapon available?              | Y <input type="checkbox"/> N <input type="checkbox"/> |  |
| 2. Previous suicide threat?                  | Y <input type="checkbox"/> N <input type="checkbox"/> |  |
| 3. Previous suicide attempt?                 | Y <input type="checkbox"/> N <input type="checkbox"/> |  |
| 4. Received treatment for suicidal behavior? | Y <input type="checkbox"/> N <input type="checkbox"/> |  |

If the first question and any of the other above questions are answered yes, this would indicate that the student may be at high risk for suicide.

**Outcomes:**

Low Risk	High Risk	
<input type="checkbox"/> Parent contacted and mental health resources provided to parent by phone or person <ul style="list-style-type: none"> <li>• Maintain close home/school communication</li> <li>• Referral resources provided to parent or guardian</li> <li>• Encourage parents to consult with doctor/therapist</li> <li>• Follow up with student on a regular basis</li> </ul>	<input type="checkbox"/> Request is made to parent or guardian to come to school to pick up student for Voluntary Mental Health evaluation <ul style="list-style-type: none"> <li>• "Release to Parent" form is completed and signed by parent</li> <li>• Copy of Student Suicidal Ideation Case Record provided to parent</li> <li>• Referral resources provided to parent or guardian</li> </ul>	<input type="checkbox"/> Parent or guardian cannot be reached or declined to pick up student. Student is referred to law enforcement for possible Involuntary Mental Health Evaluation (Baker Act) <ul style="list-style-type: none"> <li>• Parent or guardian is notified as soon as possible after student has been identified as being at risk for suicide</li> <li>• If Baker Act criteria is not met, please refer to low risk outcome procedure</li> </ul>

**Required Actions**

Appropriate school administrator notified \_\_\_\_\_  
Administrator Name

Conversation with parent/guardian Date \_\_\_\_\_ Time \_\_\_\_\_  
 \_\_\_\_\_  
Parent or Guardian Name Phone Number

If parent was not available, person listed in Skyward who was contacted  
 \_\_\_\_\_  
Person Contacted Relationship to student Phone Number

Administrator Signature \_\_\_\_\_  
(Signature required for all student interviews) Date

61D 025 12/17/2018

Copies: Parent, School, Mental Health Liaison  
 Fax copy to Student Services: 352-742-6921



**Lake County Schools  
Student Services Department  
Release to Parent**



Student	DOB	Date
Student Number	Grade	School
Parent or Guardian's Name:		Phone

1. I have been informed that my child has expressed suicidal thoughts
2. School staff members are concerned and want to support my child
3. I understand that I have a part in keeping my child safe
4. I have been encouraged to take the following steps:
  - o Provide supervision for my child at all times
  - o Remove access to lethal means (e.g., firearms, knives, medications, belts/ropes, etc.)
  - o Have my child evaluated by a mental health provider or one of the following hospitals listed below:

Lifestream Behavioral Center 2020 Tally Road, Leesburg, FL 34748	(866) 355-9394
The Centers 5664 SW 60th Ave. Ocala, FL 34474	(352) 629-9595
Stuart Marchman Act 105 W. Calvin St. Deland, FL	(800) 539-4228
Aspire Health Partners 434 West Kennedy Blvd., Orlando, FL 32810	(407) 875-3700
University Behavioral Center 2500 Discovery Drive, Orlando, FL 32826	(407) 281-7000
Central Florida Behavioral Hospital 660 I Central Florida Parkway, Orlando, FL 32821	(407) 370-0111

**\*\*\*I understand that a Return to School meeting will be scheduled upon the student's return\*\*\***

In the case of an emergency, I should:

1. Call 911
2. Take my child to a hospital or to one of the Baker Act facilities listed above

<div style="display: flex; justify-content: space-between; align-items: center;"> <span style="font-size: 8px; color: red;">SIGN HERE</span> </div>	
Parent or Guardian Signature	Date
<div style="display: flex; justify-content: space-between; align-items: center;"> <span style="font-size: 8px; color: red;">SIGN HERE</span> </div>	
Witness Signature	Date

**National Suicide Prevention Lifeline, 1-800-273-TALK (8255)**

Copies: Parent, School Mental Health Liaison  
Fax copy to Student Services: 352-742-6921

61 D 021 12/17/2018

Lake County Schools  
Student Services Department

**Return to School Meeting**

Student		DOB		Date	
Student Number		Grade		School	
Parent or Guardian's Name				Phone	
Meeting Facilitator					

*Required Participants: Student, Parent(s), School Counselor, Administrator, Mental Health Specialist*  
*Suggested Participants: Teacher(s), Mental Health Liaison, Psychologist, Social Worker, ESE School Specialist, CCOS Counselor or other Mental Health Support*

Reason for Meeting/Student concerns

Parent concerns and any other information that would be helpful for school personnel to know

School concerns and summary of all relevant student data (attendance, behavior, academic, prior retentions)

Mental health and/or medical concerns (treatment/counseling/medical support)

Primary Physician Name		Phone	
Mental Health Clinician Name		Phone	



## Student Supervision Plan (Cont.)

People whom the student can ask for help:

Monitoring meeting with staff member on  daily  weekly basis

Comments:

Student Supervision Plan will be reviewed with student's teachers who did not participate in meeting

Parents will provide the following supervision/intervention:

Parents are referred to the following agencies:

***National Suicide Prevention Lifeline Phone: 1-800-273-TALK (8255)***

Copies: Parent, Mental Health Specialist, School Mental Health Liaison  
Fax copy to Student Services: 352-742-6921

**Lake County Schools**  
**Student Services Department**  
**Student Self Advocacy Plan**

Student		DOB		Date	
Student Number		Grade		School	

Warning signs (thoughts, images, mood, situation, behavior) that a crisis may be developing

Coping strategies (relaxation techniques, physical activity, etc...)

Supportive people and places

I can do the following things to ensure my safety

The one thing that is most important to me and worth living for is

People whom I can ask for help at school:

Name		Contact	
Name		Contact	

People whom I can ask for help outside of school:

Name		Contact	
Name		Contact	

**National Suicide Prevention Lifeline, 1-800-273-TALK (8255)**

Interview conducted by \_\_\_\_\_ Date: \_\_\_\_\_

Copies: Student, Parent, Mental Health Specialist, School Mental Health Liaison  
Fax to Student Services: 352-742-6921

61 D 024 12/17/2018

Circuit 5 Local Review Team Resource Inventory

RESOURCES CATEGORIED BY LEVELS OF SERVICE

Service/ Agency	Description 1	Description 2	Description 3	Funding Source	Circuit 5 Counties Served	Emergency/ Crisis Service	Prerequisite	Point of Contact	Miscellaneous
Attain	APD Group Home	Residential Placement		Med Waiver/ Self-Pay	All	No	APD	2710 Staten Avenue, Orlando, FL 32804 407-965-3018	May accept youth with sex offend behaviors; The CBC daily rate is \$290 per day.
Boystown	Behavioral Health Overlay Services (BHOS)	Residential Placement		Insurance	All	Yes	No	kenneth.bender@boystown.org	Sexually reactive males
FL United Methodist Children's Home	Behavioral Health Overlay Services (BHOS)	Residential Placement		Insurance	All	Yes	No	Kaylee.Vance@fumch.org Barbara.Defazio@fumch.org	Sexually reactive males
Florida Sheriff's Youth Ranch	Behavioral Health Overlay Services (BHOS)	Residential Placement		Insurance	All	Yes	No	bfiye@youthranches.org	
CAC Jessie's Place	Crisis Counseling			OJJDP	Citrus	Yes	Trauma History	Melissa Bowermaster melissa@jessiesplacecitrus.org	
CAC Kimberly's Center	Crisis Counseling			OJJDP	Marion	Yes	Trauma History	Dawn Westgate dawn@kimberlycenter.org	
CAC Lake-Sumter	Crisis Counseling			OJJDP	Lake/ Sumter	Yes	Trauma History	Brenda Crellen brenda@cac4kids.org	
CAC Mid Florida	Crisis Counseling			OJJDP	Hernando	Yes	Trauma History	Janine Hammett jhammett@MFCS.US.com	
Suicide Prevention Hotline	Crisis Counseling			SAMSHA	All	Yes	No	1-800-273-8255	
Mobile Response Team - Baycare	Crisis Intervention Services			DCF/ Legislature Approp	Hernando	Yes	No	(352) 467-6529 (OKAY)	24/7 crisis assessment, development of crisis safety plans and linkage to appropriate services
Mobile Response Team - Lifestream	Crisis Intervention Services			DCF/ Legislature Approp	Lake/ Sumter/ Citrus	Yes	No	(352) 408-6625	24/7 crisis assessment, development of crisis safety plans and linkage to appropriate services
Mobile Response Team - The Centers	Crisis Intervention Services			DCF/ Legislature Approp	Marion	Yes	No	(352) 402-2890	24/7 crisis assessment, development of crisis safety plans and linkage to appropriate services
Amette House - Residential	Emergency Residential Placement			Florida Network	Marion/ Lake	Yes	No	Mark Shearon mshearon@amettehouse.org	Community & DJJ Respite
Daniel Memorial - MH Respite	Emergency Residential Placement			LSF	All	Yes	LSF Involved	Lutheran Services Florida Childrensservices@lsfnet.org	Not likely to take youth from other circuits unless plan for schooling
Interface	Emergency Residential Placement			Florida Network	Marion	Yes	No	(352) 244-0628	located in Gainesville but sometimes will take youth from other counties
Meridian - MH Respite	Emergency Residential Placement			LSF	All	Yes	LSF Involved or Private Pay	Lutheran Services Florida Childrensservices@lsfnet.org	Age 13 years or older/ males or females, admissions are M - F
Mount Dora Children's Home	Emergency Residential Placement			Sliding Scale	All	Yes	No	(352) 383-2155	Chuck Shepherd, director of social services, at 352-383-2155, Ext. 264, chuck.shepherd@mdchome.org
New Beginning Youth Shelter - Residential	Emergency Residential Placement			Florida Network	Sumter/ Citrus / Hernando	Yes	No	Tammie Holcombe tholcombe@yfainc.org 813-310-2354	Community & DJJ Respite

Circuit 5 Local Review Team Resource Inventory

RESOURCES CATEGORIED BY LEVELS OF SERVICE

Service/ Agency	Description 1	Description 2	Description 3	Funding Source	Circuit 5 Counties Served	Emergency/ Crisis Service	Prerequisite	Point of Contact	Miscellaneous
Partners In Care: Together For Kids (PIC:TFK)	Emergency Residential Placement			Insurance	All	Yes	CMS Insurance	CMS Insurance Plan	medically needy and depends on local availability
Pediatric Pavilion, Inc.	Emergency Residential Placement			Insurance	All	Yes	Medically Complex	407-513-3000	community based residential group homes for children with special needs and developmental needs servicing medically complex dients
RAP House	Emergency Residential Placement			Florida Network	Hernando/ Pasco	Yes	No	727-835-1777	youth crisis shelter ages 10-17
The Centers - MH Respite	Emergency Residential Placement			LSF	All	Yes	LSF Involved	Lutheran Services Florida ChildreanServices@lstnet.org	
Baker Act - Lifestream	Emergency Short-Term Treatment	Emergency Psychiatry		Insurance/ LSF	All	Yes	No	Rick Hankey rhankey@lsbc.net	Samantha Strasser, Clinical Services sstrasser@lsbc.net
Baker Act - The Centers	Emergency Short-Term Treatment	Emergency Psychiatry		Insurance/ LSF	All	Yes	No	Bobbye Wines bwines@thecenters.us	
Marchman Act - Lifestream	Emergency Short-Term Treatment	Emergency Psychiatry		Insurance/ LSF	All	Yes	No	Rick Hankey rhankey@lsbc.net	Substance use - Samantha Strasser, Clinical Services sstrasser@lsbc.net
Marchman Act - The Centers	Emergency Short-Term Treatment	Emergency Psychiatry		Insurance/ LSF	All	Yes	NO	Bobbye Wines bwines@thecenters.us	Substance use
Coastal Mental Health	Evaluation	Intensive Outpatient Services	Medication Management	Insurance	Lake	No	No	(800) 614-4124	
FDLRS	Evaluation	Linkage & Coordination	Psychoeducation	IDEA	All	No	No	<a href="http://www.fdlrs.org/departments/child-find">http://www.fdlrs.org/departments/child-find</a>	Child Find's target age group is birth through 21 years, but primary emphasis is placed on children birth to 5 years of age.
Ocala Consulting & Prevention	Evaluation	Outpatient Counseling	Linkage & Coordination	Insurance/ Self-pay	All	No	No	ph. (352) 622-4488 Fax. (352) 622-4485	DJU has a contract; Typically assessments are \$175-\$225; they can do psycho-sexuals and psychiatric evals
Advanced Behavioral Health Center	Evaluation	Outpatient Counseling	Medication Management	Insurance	Lake	No	No	(352) 742-8300	Accepts Medicaid Diagnostic Eval Psychiatric
Supportive Connections	Evaluation	Outpatient Counseling	Yoga/ Meditation	Insurance	Marion/ Citrus	Yes	No	Tasha Browning frontdesk@supportiveconnection.com	Accepts Medicaid Diagnostic Eval Personality Assessment Traumatic Brain Injuries
Psycho-Sexual Eval - Dr. Lewis	Evaluation	Outpatient Counseling		Insurance / Self-pay	All	No	No	(301) 769-4180	2501 2nd Ave. N St. Petersburg, FL 33713 Fed. Tax ID is 52-1176361 (301) 769-4180 docjmlewis@gmail.com
CAT Team - Lifestream	In-home Wrap-around	Intensive Outpatient Services	Mentoring	DCF/ Legislature Approp	Lake / Sumter / Citrus / Hernando	No	No	Marc Crandall mcrandall@lsbc.net	
CAT Team - The Centers	In-home Wrap-around	Intensive Outpatient Services	Mentoring	DCF/ Legislature Approp	Marion	No	No	Renee Nilson milson@thecenters.us	

Circuit 5 Local Review Team Resource Inventory

RESOURCES CATEGORIED BY LEVELS OF SERVICE

Service/ Agency	Description 1	Description 2	Description 3	Funding Source	Circuit 5 Counties Served	Emergency/ Crisis Service	Prerequisite	Point of Contact	Miscellaneous
Kids Central MIECHV (Maternal, Infant, Early Childhood, Home Visiting Program)	In-home Wrap-around		MIECHV program equips parents and caregivers with the knowledge, skills and tools they need to help their children be healthy, safe and ready to succeed in school.	Federal Grant	Marion	No	Must have a child under the age of one and parents willing to commit to program as it's voluntary	Yisel Romero, Yisel.Romero@kidscentralinc.org 352-547-3730	Able to work with Spanish Speaking clients. Free in-home parenting program that utilizes evidenced-based program Parents as Teachers
Devereux Viera	Inpatient Residential			Insurance	All	No	Psychiatric Recommendation/ Suitability Assessment	(800) 338-3738 x 77130 referral@devereux.org	Males ages 6-17, Females ages 12-17, Strong Behavioral component, Expertise with co-occurring developmental disabilities (Autism Spectrum and Pervasive Developmental Disorder). Accepts children with sex beh problems or sex reactive behaviors, Psychosexual Evals and Juvenile Sex Offend Groups.
Florida Palms Academy	Inpatient Residential			Insurance	All	No	No	Yadavhi Singh, MSW, RCSWI, MHA Admissions/Utilization Coordinator Florida Palms Academy, Inc. - SIPP 5925 McKinley Street Hollywood, FL 33021 954-963-0991 ext 247 954-963-3956 - Fax visit us at <a href="http://www.floridapalmsacademy.com">www.floridapalmsacademy.com</a>	May accept children ages 7
Palm Shores Behavioral Health Center	Inpatient Residential			Insurance	All	No	Psychiatric Recommendation/ Suitability Assessment	Albert DiStefano, LCSW Director of Admissions and UM Palm Shores Behavioral Health Center 1-941-782-1752 (cell) 941-962-9952 (fax) 941-782-1748 Albert.DiStefano@uhsinc.com	takes low IQ; accepts children as young as 5 years old
Sandy Pines	Inpatient Residential			Insurance	All	No	Psychiatric Recommendation/ Suitability Assessment	561-744-0211	sexually reactive youth
The Academy - IMPOWER	Inpatient Residential			Insurance	All	No	No	<a href="tel:407-215-0095">407-215-0095</a>	Substance use; child welfare is priority population; Child Welfare referrals the point of contact = Ernest Jones at <a href="mailto:ejones@impowerfl.org">ejones@impowerfl.org</a> or 407-312-9650
The Vines	Inpatient Residential			Insurance	All	No	Psychiatric Recommendation/ Suitability Assessment	PENDING	PENDING RECONSTRUCTION

Circuit 5 Local Review Team Resource Inventory

RESOURCES CATEGORIED BY LEVELS OF SERVICE

Service/ Agency	Description 1	Description 2	Description 3	Funding Source	Circuit 5 Counties Served	Emergency/ Crisis Service	Prerequisite	Point of Contact	Miscellaneous
Benchmark Behavioral Health Systems	Inpatient Residential - Out of State			Insurance	All	No	Psychiatric Recommendation/ Suitability Assessment	801-299-5300 <a href="https://www.bbhsnet.com/">https://www.bbhsnet.com/</a>	psychiatric and behavioral disorders including conduct disorder, sexual disorders/sexual misconduct issues, fetal alcohol spectrum disorders, Asperger's disorder, developmental disorders, mood disorders, anxiety disorders, personality disorders and substance abuse issues for young adult males, ages 13 – 20.
Cumberland Hospital	Inpatient Residential - Out of State			Insurance	All	No	Psychiatric Recommendation/ Suitability Assessment	804-966-2242 <a href="https://www.cumberlandhospital.com/treatment/residential-treatment/">https://www.cumberlandhospital.com/treatment/residential-treatment/</a>	Program is designed for adolescents who have a chronic illness, brain injury or neurological impairment, providing them with a specialized medical atmosphere when hospitalization is not needed. The program can accommodate 16 residents and accepts young people with IQs of 55 or greater.
Kingston Academy	Inpatient Residential - Out of State			Insurance	All	No	Psychiatric Recommendation/ Suitability Assessment	Dawn Kozlowski Director of Admissions Phone: 865-376-2296 ext. 115 Fax: 865-376-0369 Referral Email: <a href="mailto:referrals.kingston@sequelyouthservices.com">referrals.kingston@sequelyouthservices.com</a>	Psychiatric residential care for boys ages 5 to 17 years old Psychiatric residential care for girls ages 5 to 17 years old includes low IQ <a href="http://www.sequelyouthservices.com/html/autism-kingston.html">http://www.sequelyouthservices.com/html/autism-kingston.html</a>
New Hope Treatment Center	Inpatient Residential - Out of State			Insurance	All	No	Psychiatric Recommendation/ Suitability Assessment	866-687-4886	Has male & female programs and assessment center; Works with children with aggression/ violence Takes FL Medicaid <a href="http://www.newhoptreatment.com/services/new-hope-carolinas/">http://www.newhoptreatment.com/services/new-hope-carolinas/</a>
Provo Canyon	Inpatient Residential - Out of State			Insurance	All	No	Psychiatric Recommendation/ Suitability Assessment	800-848-9819	<a href="https://provocanyon.com/">https://provocanyon.com/</a>
Redirections	Intensive Outpatient Services	Mentoring		DJ	All	No	DJ Involved	Ryan Dorenbush <a href="mailto:ryan.dorenbush@dj.state.fl.us">ryan.dorenbush@dj.state.fl.us</a>	
TCM - Families First	Linkage & Coordination	Outpatient Counseling	Evaluation	Insurance	Marion / Citrus / Hernando	No	No	813-290-8560 <a href="http://www.familiesfirstfl.com/outpatient-referral/">http://www.familiesfirstfl.com/outpatient-referral/</a>	Director of Clinical Services <a href="mailto:telfer@familiesfirstfl.com">telfer@familiesfirstfl.com</a>
Family Connections - Kids Central Inc.	Linkage & Coordination			KCI	Lake/ Sumter/ Citrus/ Hernando/ Marion	No	DCF Involved	Mike Ransaw <a href="mailto:mike.ransaw@kidscentralinc.org">mike.ransaw@kidscentralinc.org</a>	There is intake criteria that must be met. The core components of FC include: (1) intake/screening; (2) emergency/concrete assistance; (3) comprehensive family assessment; (4) outcome and SMART goal driven service plans; (5) change focused intervention including advocacy and coordination of services targeted toward risk and protective factors; (6) service plan development / progress assessment

Circuit 5 Local Review Team Resource Inventory

RESOURCES CATEGORIED BY LEVELS OF SERVICE

Service/ Agency	Description 1	Description 2	Description 3	Funding Source	Circuit 5 Counties Served	Emergency/ Crisis Service	Prerequisite	Point of Contact	Miscellaneous
Family Group Decision Making	Linkage & Coordination			KCI	All	No	DCF Involved	Mike Ransaw mike.ransaw@kidscentralinc.org	needs CPI referral - cases with domestic violence; Purpose of engaging the family and supports in preparing a course of action plan to enhance at least 2 of the protective factors; create a system of support that will sustain over time
Family Service Planning Team (Camelot Community Care)	Linkage & Coordination			LSF	All	No	No	Kelly McQueen kmcqueen@camelotcommunitycare.org	
Family Team Conference	Linkage & Coordination			KCI	All	No	DCF Involved	Mike Ransaw mike.ransaw@kidscentralinc.org	needs Cpi referral
FL Linc Program - Lifestream	Linkage & Coordination			Lifestream	Lake/ Sumter	No	High Score on Suicide Risk Assessmt	Elizabeth Madison emadison@lsbc.net	
KCI Kinship Care Program	Linkage & Coordination			KCI	All	No	Relative Kin	Tawyna Drent tawyna.drent@kidscentralinc.org	support for relative caregivers
KCI Post-Adoptions Coordinator	Linkage & Coordination			KCI	All		No	Wilma Caban wilma.caban@kidscentralinc.org	
Kids Central Resource Center	Linkage & Coordination			Donations to Kids Central	ALL	Yes	Be a client of Kids Central, DCF, GAL, or Contracted Case Management Agencies	<a href="mailto:ResourceCenter@kidscentralinc.org">ResourceCenter@kidscentralinc.org</a> or 352-387-3526	The Resource Center is not open to the public; all requests must be made by staff. Resource Center was created to assist clients served by Kids Central or partnering agencies. Families receive assistance after a request is made by a staff member from Kids Central or one of its contracted case management agencies. The center is filled with new and gently-used donated items, including housewares, furniture, linens, clothing and food pantry. All of the items are passed on to clients at no charge
MMA Behavioral Health Coordination	Linkage & Coordination			Insurance	All		Medicaid Eligible	See Each Plan Contact #	
Safety Management	Linkage & Coordination			KCI	All	Yes	DCF Involved - High Risk	Mike Ransaw mike.ransaw@kidscentralinc.org	needs cpi referral
TCM - Baycare	Linkage & Coordination			Insurance	Hernando	No	No	Gina Gonzalez gina.gonzalez@baycare.org Outpatient services Wendy Caldwell wendy.caldwell@baycare.org	
TCM - Big Bear	Linkage & Coordination			Insurance	All	No	No	800-840-2528 Ext 1	
TCM - Chrysalis	Linkage & Coordination			Insurance		No	No	<a href="http://www.chrysalishealth.com/about-us/make-a-referral.html">http://www.chrysalishealth.com/about-us/make-a-referral.html</a>	
TCM - Lifestream	Linkage & Coordination			Insurance	Lake/ Sumter/ Citrus	No	No	Shelby Chavis schavis@lsbc.net	
TCM - The Centers	Linkage & Coordination			Insurance	Marion	No	No	Michelle Babb mbabb@thecenters.us	

Circuit 5 Local Review Team Resource Inventory

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IMPOWER Telehealth	Medication Management	Outpatient Counseling		Insurance	All	No	No	<a href="http://www.impowerfl.org">www.impowerfl.org</a>	credentialed with all of the Medicaid plans; individual therapy, family therapy, behavioral assessments, psychiatric evals, med mgmt. They are also working on a 24/7 crisis counsel piece. Services are available on evenings and weekends .
TBOS - Baycare	Outpatient Counseling	Intensive Outpatient Services		Insurance	Hernando	No	No	Wendy Caldwell Wendy.Caldwell@baycare.org	Provides Individual, Family, and Group therapy in schools, community, and in office.
TBOS - Florida Mentor Ocala	Outpatient Counseling	Intensive Outpatient Services		Insurance	Marion	No	No	352-624-2137	TBOS
TBOS - Lifestream - CCOS	Outpatient Counseling	Intensive Outpatient Services		Insurance	Lake/ Sumter	No	No	Amanda Cypret acypret@lsbc.net	Provides Individual, Family, and Group therapy in schools, community, and in office.
Project Connect	Outpatient Counseling	Mentoring		DJ	All	No	DJ Involved	Ryan Dorenbusch ryan.dorenbusch@djj.state.fl.us	
Arnette House - Non-residential	Outpatient Counseling			Florida Network	Marion/ Lake	No	No	Mark Shearon mshearon@arnettehouse.org	
Child Parent Relationship Therapy (CPRT) - Lifestream	Outpatient Counseling			Lifestream	Lake/ Sumter	No	No	Amanda Cypret acypret@lsbc.net	Ages 2-12 and can be adapted to Adolescent model
CHS Mid-Florida Community Counseling	Outpatient Counseling			Insurance	All	No	No	Melissa Alton melissa.alton@chsf.org (352) 5526463	Accepts Medicaid Individual/ Couple/ Family Counseling
Intensive Treatment Modalities (ITM)	Outpatient Counseling			Insurance	All	No	Sexually Reactive	(352) 261-5771	Pam Miller/ not a Medicaid provider, contracts with DJJ and self-pay
Kinder Konsulting & Parents Too, Inc.	Outpatient Counseling			Insurance	All	No	No	Uschi C. Schueller www.kinderkonsulting.com	Accepts Medicaid Trauma Therapy
Life & Hope Counseling	Outpatient Counseling			Insurance	Lake/ Sumter	No	No	Brandi Lefler (352) 357-1955	Adoption Competent
Milestone	Outpatient Counseling			Insurance	Lake/ Sumter	No	No	Geron Rogers (352) 348-8858	Accepts Medicaid Trauma Therapy
New Beginning Youth Shelter - Non-residential	Outpatient Counseling			Florida Network	Sumter/ Citrus / Hernando	No	No	Kelley Scott kscott@yfainc.org 352-634-2764	Non-residential counseling / CINS-FINS
Ocala Consulting & Prevention Group	Outpatient Counseling			Insurance	Marion	No	No	(352) 622-4488	Substance abuse; PTSD; Substance Abuse Assessments
PotentialYouth School-Based Intervention Services	Outpatient Counseling			Insurance	Sumter	No	No	(352) 516-7983	school-based for students at-risk of substance abuse, delinquency, suspensions or expulsions from school at selected Sumter Co. schools
Kids Central Baby Sleep Basics	Parent Education			State Funds	All	No	Child must be under the age of one	Kimberly Gancy safesleep@kidscentralinc.org 352-387-3549	Provides Education on Safe Sleep in-home or in a classroom setting Parents or caregivers may receive a free pack-n-play if their income qualifies, they have no other safe sleeping for infant, and child is under the age of one.

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Kids Central - Nurturing Parent	Psychoeducation			KCI	All	No	DCF Involved	<a href="mailto:courtney.barnett@kidscentralinc.org">courtney.barnett@kidscentralinc.org</a>	To teach age-appropriate expectations and neurological development of children; 2) to develop empathy and self-worth in parents and children; 3) to utilize nurturing, non-violent strategies and techniques in establishing family discipline; 4) to empower parents and children to utilize their personal power to make healthy choices; 5) to increase awareness of self and others in developing positive patterns of communication while establishing healthy, caring relationships.
Tumabout Program	Psychoeducation			Insurance	Lake/ Sumter	No	No	(352) 483-1652 X 1250	adolescents that have substance use issues
Youth & Family Recovery - Lifestream	Psychoeducation			Insurance	Lake/ Sumter	No	No	Laura Schwades <a href="mailto:lschwades@jsbc.net">lschwades@jsbc.net</a>	Substance use
Our Turning Point Ranch	Therapeutic Group Home			Lifestream	All	No	Psychiatric Recommendation/ Suitability Assessment	Michelle Walsh <a href="mailto:mwalsh@jsbc.net">mwalsh@jsbc.net</a>	residential placement for adolescent girls
National Parent Helpline	Warmline			Parents Anonymous® Inc.	All	No	No	1-855-427-2736	