

Glades County School District

Mental Health Allocation Plan 2020-2021

Delivery of Evidence-Based Mental Health Services:

The awareness prevention efforts of Glades County School District that address mental health issues and substance abuse issues listed below.

TIER 1 – All Students

Universal screening for academic, behavioral, and emotional barriers to learning to ensure early identification and early intervention.

The Character Education/Social Emotional Learning program, Edgenuity will be used in the Glades County School District to teach resistance skills, relationship building, goal setting, how to manage emotions, and pro-social behavior.

All students in grades 6-12 will participated in state mandated five-hour mental health education course. This will continue to be offered in the 2020-21 school year.

All students in grades 6-8 participated in suicide awareness presentations throughout the month of September and were educated the “ACT” interventions to increase prevent of suicidal behaviors within their peer groups. This presentation will be offered yearly and in 2020-21 it will be offered to grades 9-12.

Florida Positive Behavior Intervention and Supports (PBIS) and AVID is implemented at all schools.

Teachers and Staff will receive professional development on the following topics: Restorative Discipline Practices, Trauma Informed Care, Youth Mental Health First Aid, Suicide Prevention, Mandatory Reporting, School Based Threat Assessment Teams and CPI – Crisis Prevention/Intervention.

All Glades County Schools have a minimum of one guidance counselor or student services support personnel on campus and accessible to all students. Glades County Schools have increased the number of guidance counselors at two of its three schools due to the growing student population and need.

A mentoring program is currently in progress at Moore Haven Middle High School.

Middle and High School students are encouraged to participate in extracurricular activities to promote social and emotional growth.

Progress Monitoring of all students will include the following: Modification of Project 10; Early Warning System (grades, discipline referrals, attendance, and assessment data), administrative walk through, and teacher observations. Formal EWS (early warning signs) is currently under development.

Intensive progress monitoring of identified students through the MTSS framework continues to be used to determine appropriate interventions and implement accommodations/supports to address students' social and emotional needs. Uniform MTSS framework is currently under development.

TIER 2 – Targeted

Administration, teachers and staff all play a vital role in the early identification of students with mental health disorders. Teachers and school counselors, specifically, will be familiar with students' needs and make referrals to the mental health team so that students can receive mental health screenings, assessment, treatment, intervention and coordination of services with physicians and community based mental health agencies.

The following are evidenced based mental health screenings and assessments that are used by the mental health team: Kutcher Adolescent Depression Scale (KADS), Child Functional Assessment Rating Scale (CFARS), Columbia- Suicide Severity Rating Scale, and Hamilton Anxiety Rating Scale (HAM-A).

Individual and small group counseling, to be facilitated by the mental health team and/or school counselors. Topics may include: suicide prevention, conflict resolution, health communication, grief, divorce, substance abuse, truancy, anti-bullying.

Development and monitoring of individual student behavior interventions using safety plans and behavior plans for identified students. These plans are used to facilitate a student's safe return to school when intensive behavioral or emotional needs are identified.

Collaboration with teachers and families to address mental and behavioral health problems.

TIER 3 – Intensive

The intensive evidenced based mental health interventions and services that are available to address mental health needs are listed below.

Glades County School District employs a full time mental health specialist to facilitate mental health services to students including, but not limited to, providing mental health consultation; designing treatment plans; providing direct counseling services to targeted students; providing education on mental health issues; and providing case management.

Glades County School District employs a full time School Psychologists who is available to provide consultations with school professionals and provide direct contact with students to support the academic, emotional, and behavioral well-being of targeted students.

Glades County School District employs a full time Social Worker, funded by the Department of Children and Families through Central Florida Behavioral Health (managing entity) who is available to support students and families with emotional health, which includes assessments, providing crisis intervention if needed, counseling and home visits.

Glades County School District employs a registered behavior technician to provide onsite behavioral supports and services for targeted students. These services are designed to improve the emotional wellbeing and behavioral/social skills of students.

Currently Moore Haven Middle-High School, Moore Haven Elementary School and West Glades School have five (5) school counselors and two (2) school counselors were added this school year due to the increased direct student contact provided by school counselors during the 2019-2020 school year.

- Moore Haven Middle-High School -501 students – 2 school counselors
- Moore Haven Elementary School- 435 – 1 school counselor
- West Glades School- 621 students- 2 school counselors

The Mental Health Specialist, School Psychologist and Social Worker were hired in 2019 to increase direct mental health services in the schools. These three positions remain within the district's student services department the 2020-21 school year.

The mental health team members are assigned to schools based on student needs. The mental health team will document time spent with students in Skyward and complete clinical documentation of interventions in a separate Electronic Health Record (EHR) that is only accessible to the mental health team.

Teachers and school counselors will provide monitoring of identified students through the MTSS framework is used to determine appropriate interventions and implement accommodations/supports to address students' social and emotional needs.

Identified teachers, administrators, and support personnel are trained each year using the Nonviolent Crisis Prevention Intervention (CPI) procedures. This training teaches school personnel how to defuse challenging and disruptive behavior before an incident escalates to a crisis situation.

In 2019-2020 Glades County School District trained 100% of teachers, administrators and para professionals on Youth Mental Health First Aid. This year all newly hired employees will be trained. The district's School Social Worker and Mental Health Specialist will be trained in facilitating Youth Mental Health First Aid trainings for staff.

Individual counseling services are provided for students through district mental health team and community based mental health providers listed below:

- Healing Alternatives for Deserving Students (HEADS)
- Crossroads Behavioral Health Center
- Centerstone Community Action Treatment Team (CAT Team)
- Lutheran Services
- Hendry/Glades Health Department
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Each School has a trained Threat Assessment Team in place which includes, school counselor, administrator, instructional personnel, and the resource officer. This team will conduct threat assessments and share information with the district mental health team regarding all substantive threats. The mental health team will provide support and interventions for the student involved.

Referrals are completed for wrap around services to provide intensive supports for students and their families to build constructive relationships and support networks. Wrap around plans are comprehensive and address multiple life domains across home, school, and the community.

Supports That Address Mental Health Needs (Assessment, Intervention, Treatment, and Recovery):

Mental Health Screening/Assessment Procedures

The Glades County School District will continue identifying students who have a history of mental health needs through our enrollment process. These identified students will be assessed by the mental health team, and are referred for intervention as needed.

Behavioral and emotional health needs are initially identified by school administrators, teachers, counselors, parents, and other school staff. Early warning system indicators (screening) including but not limited to, attendance, discipline, classroom performance and Adverse Childhood Experiences (ACEs) scores will be utilized for initial screenings for counseling needs.

. The District will provide school based mental health counseling through the mental health team and the use of community based agencies if necessary. Students are to be referred to community mental health agencies in emergent situations and in if, a medical evaluation is needed.

- Various levels of intervention (Tier I – Tier III) are available in the schools for all students.

Individual and/or group intervention will be provided to address the student's mental health needs identified through assessment/referral procedures. Interventions will be implemented for students at different levels of risk (e.g. immediate, crisis referral, referral to a school based or community mental

health provider). Services are available for students with an emerging need and students experiencing a serious mental health problem. Any students endorsing risk of harm to self or others will receive immediate intervention.

The Glades County School District has adopted a suicide assessment/intervention protocol. This protocol allows mental health staff to work collaboratively with school safety officers to ensure the safety of at risk students with the least restrictive levels of care.

Individual screenings of at risk students will be provided by the district mental health team, school administrators, teachers, school nurses, school counselors and other staff to include mental health professionals from a local collaborating counseling agency. The screening will be used to assess the student's mental health status and overall level of stability. If the assessment/screening indicates a child is in need of services beyond the scope of school-based counseling, a referral will be made to a local collaborating mental health agency in an effort to address those more intensive mental health needs of the student.

The following are evidenced based mental health screenings and assessments that are used by the mental health team: Kutcher Adolescent Depression Scale (KADS), Child Functional Assessment Rating Scale (CFARS), Columbia-Suicide Severity Rating Scale, and Hamilton Anxiety Rating Scale (HAM-A).

Coordination and Support Procedures for Intensive Community Mental Health Services

The Glades County School District has a collaborative relationship with the Hendry/Glades Health Department. We will continue this collaboration as we move forward into the 2020-2021 school year. The health director for Hendry/Glades health department is a member of the region's mental health task force, which works closely with Glades County School District to expand mental health services in Hendry/glades.

- The Centerstone Community Action Team (CAT) is a community based mental health agency that provides intensive community based treatment to families with youth who are at risk due to mental health or co-occurring disorder. Services that are provided in a variety of ways including in the home and during the school day. This agency continues to work in collaboration with district mental health staff to provide wrap around services for students at risk.

- Healing Alternatives for Deserving Students (HEADS) is a community based mental health agency that provides individual counseling during the school day and family interventions in the home.
- Lutheran Services is a community based mental health agency that provides counseling and behavioral interventions to truant and ungovernable students. They also provide family interventions in the home.
- Crossroads Behavioral Health Center is a community based mental health agency that provides individual therapy for students during the school day.
- Hendry/Glades Health Department provides community based mental health counseling to students who have exposure to violence and whose parents recently gave birth to a new child.

Evidence-Based Mental Health Services for Students With One or More Co-occurring Mental Health or Substance Abuse Diagnoses and Students at Risk of Such Diagnoses:

Glades County School District uses a collaborative team approach to address students' mental health concerns. We use internal support services such as counselors, contract providers (psychologist/behavioral analysts), teachers, and administrators to help at-risk students

With the addition of the Mental Health Specialist, referrals will be submitted for students and the District Mental Health Specialist will gather additional information in order to better understand the scope of the problem. Early warning system indicators (attendance, discipline, grades, and classroom performance) are considered in making decisions. In collaboration with the parent, an intervention is developed, implemented, and monitored. Various levels of intervention (Tier I- Tier III) are available in the schools for all students.

Process for Identifying and Delivering Evidence-Based Mental Health Interventions

Individuals with co-occurring disorders are best served through integrated treatment. This requires collaboration across disciplines (psychiatric, pediatric, psychological and educational). Treatment planning addresses both mental health and substance abuse, each in the context of the co-occurring disorder.

At-risk students are provided interventions to include mental health therapies such as, Anger Management, Social Skills and Problem Solving Training. Students with serious emotional disorders may also receive a combination of therapy and behavioral services included throughout the educational program.

Process for Identifying and Delivering Evidence-Based Substance Abuse Interventions

The Glades County School District is collaborating with the Hendry/Glades Health Department and community partners to enhance the current curriculum "Choosing the Best" series and implementing various interventions.

Each school in the district will participate in Red Ribbon Week to provide education on substance use.

Glades County School District mental health staff collaborate with community agencies to provide additional services to students in need of substance abuse interventions.

Collaborative partnerships with community providers and agencies

A District Mental Health department will work in a collaborative review with representatives from all local community mental health providers and agencies. This team will meet quarterly (or as needed) to collaborate and review processes for students and families access to local mental health services. Resources will be updated for local community providers after each meeting.

The following are procedures for referring students to school-based mental health interventions and community-based mental health providers for treatment

Referrals will be initiated by school administrators, school counselors, teachers and other mental health professionals that may be on-site.

Referrals will be sent to the Principal/designee of the school who will in turn approve and submit to the District Mental Health Specialist. The District Mental Health Specialist will assign the student to a member of the mental health team for an assessment within 15 days of receiving the referral. Based upon the determination of the assessment the student will be seen either by school staff within 15 days or a community based agency within 30 days of the referral.

The District Mental Health Specialist will then facilitate mental health services including but not limited to, one on one counseling, student/parent counseling, home visits, mental health consultation, classroom observation of student behavior, designing program practices to promote social emotional development and effectively address challenging behavior; providing education in mental health issues; monitoring treatment plans, providing evidence based intervention and providing case management as needed.

A teenage parenting program is established to provide assistance for eligible students to help them continue their education by offering support for day care, transportation, medical care assistance,

parenting courses, and instruction on healthy lifestyle choices through the Hendry/Glades Health Department.

Process for coordinating mental health services with a student's primary care provider and other mental health providers to include procedures for information sharing

The District Mental Health Specialist has developed a process to coordinate mental health services with a student's primary care provider or other mental health providers will be implemented:

Development of a referral form to access community mental health services.

Creating a process for obtaining parent/guardian consent to share information between the school and the student's primary care provider and other mental health providers.

Staff utilize electronic referral process to expedite the referral process to community agencies.

Designate a mental health point of contact at each school and each partnering community agency.

Procedures for information sharing:

School district will use a tracking/referral form to more efficiently process referrals to mental health care. Information about student mental health services are kept separately from their school record and are considered to be confidential, protected information.

School district will obtain parental consent to collaborating agencies to receive and share information. District has developed Release of information forms to ensure appropriate release of student's mental health records

The following process for documenting number of students referred and number of students that actually receive school based and community services will be implemented:

The screening process will involve identification of at-risk indicators (attendance, grades, office discipline referrals, suspensions and self-referral) in students. If a child is screened for possible referral to mental health services, all documentation will be recorded by the appropriate school counselor (in collaboration with the school principal/designee) and a copy sent to the District Mental Health Specialist.

The District Mental Health Specialist will create a digital file that contains all documentation for the referred student.

Follow up procedures will involve documentation of students actually receiving services (both school-based and community) and/or assistance as well as those who do not and any barriers to treatment.

Progress monitoring of students who are screened, referred and receive treatment will occur on a 30 day minimum interval.

Number and credentials of mental health service providers employed by the district identification process

Three (3) School Counselors – 1 Certified School Counselor, 2 seeking certification

One (1) Mental Health Specialist

One (1) School Psychologist

One (1) School Social Worker

New for the 2020-2021 School Year:

Two (2) School Counselors- 1 certified school counselor, one master level provider.

Number and credentials of mental health providers contracted by the district identification process

One (1) certified School Psychologist

Expenditures allocated were allocated to direct mental health services and/or coordination of such services with primary care and mental health providers.

Glades County School District – Total Allocation: \$142,024

Charter Allocation: \$22,500

Salaries: \$98,524

(Mental Health Spec and School Psychologist)

Partial Retirement/Social Security Costs: \$17,008.00

Partial Insurance Costs: 10,233.00

Training/Materials: \$5,000

Assurances that Mental Health Assistance Allocation does not supplant other funding sources OR increase salaries or provide staff bonuses:

In a collaborative effort, Glades County School District staff verified that the proposed Mental Health Allocation Plan does not supplant other funding sources, nor have these funds been used to increase salaries or provide staff bonuses.

Description of how the school district will maximize use of other sources of funding to provide school-based mental health services, where appropriate

Glades County School District maximizes use of local, state, and federal funding sources to expand school-based mental health services, train educators and other school staff in detecting and responding to mental health issues and or connecting students and families with appropriate services. These funding sources include but are not limited to the general fund, IDEA, and Medicaid reimbursement.

Kimberly A. Jordan

Kimberly Jordan, Superintendent
Glades County School District

10/8/2020

Date

Vivian Bennett

Vivian Bennett, ESE Director
Glades County School District

10/8/2020

Date