

Glades County School District
Mental Health Allocation Plan
2018-2019

▪ **Delivery of Evidence-Based Mental Health Services:**

The awareness prevention efforts of Glades County School District that address mental health issues and substance abuse issues are listed below.

TIER 1 – All Students

Character Education/Social Emotional Learning programs are used to teach resistance skills, relationship building, goal setting, how to manage emotions, and pro-social behavior. Middle and High School students are encouraged to participate in extracurricular activities to promote social and emotional growth.

Teachers and Staff will receive training on the following topics: Restorative Discipline Practices, Trauma Informed Care, Youth Mental Health First Aid, Suicide Prevention, and Child Maltreatment Training.

All Glades County Schools have a minimum of one guidance counselor or student services support personnel on campus and accessible to all students.

Florida Positive Behavior Intervention and Supports (PBIS) and AVID is implemented at all schools.

Progress Monitoring of all students to include the following: Early Warning System (grades, discipline referrals, attendance, and assessment data), administrative walk through, and teacher observations. Formal EWS (early warning signs) is currently under development.

More intensive progress monitoring of identified students through the MTSS framework is used to determine appropriate interventions and implement accommodations/supports to address students' social and emotional needs. Uniform MTSS framework is currently under development.

TIER 2 – Targeted

The intensive evidenced based mental health interventions and services that are available to address mental health needs are listed below:

Selection of a mentoring program is currently in progress at Moore Haven Middle High School. Researching the Check and Connect intervention program.

Glades County School District is employing a full time Mental Health Specialist. The Mental Health Specialist will support targeted students and families with coordination of care in order to promote mental wellness and improve student achievement.

Glades County School District contracts with school psychologists who are available to provide consultations with school professionals and provide direct contact with students to support the academic, emotional, and behavioral well-being of targeted students.

A teenage parenting program is established to provide assistance for eligible students to help them continue their education by offering support for day care, transportation, medical care assistance, parenting courses, and instruction on healthy lifestyle choices through the Hendry/Glades Health Department.

Glades County School District will employ a full time mental health specialist to facilitate mental health services to students including, but not limited to, providing mental health consultation; designing treatment plans; providing direct counseling services to targeted students; providing education on mental health issues; and providing case management.

Glades County School District contracts (when the need arises) with a board certified behavioral analyst to provide onsite behavioral supports and services for targeted students. These services are designed to improve the emotional wellbeing and behavioral/social skills of students.

Progress monitoring of identified students through the MTSS framework is used to determine appropriate interventions and implement accommodations/supports to address students' social and emotional needs.

Identified teachers, administrators, and support personnel are trained each year using the Nonviolent Crisis Prevention Intervention (CPI) procedures. This training teaches school personnel how to defuse challenging and disruptive behavior before an incident escalates to a crisis situation.

TIER 3 – Intensive

The intensive evidenced based mental health interventions and services that are available to address mental health needs are listed below.

Individual counseling services are provided for students through District Mental Health Specialist and contracted mental health providers.

The District Mental Health Specialist, with the help of trained school personnel and contracted staff, will conduct threat assessments and share information with school teams to assist in the school's action plan to provide needed supports (mental health referral, change in placement, mentoring).

Referrals are made for wrap around services to provide intensive supports for students and their families to build constructive relationships and support networks. Wrap around plans are comprehensive and address multiple life domains across home, school, and the community.

- **Supports That Address Mental Health Needs (Assessment, Intervention, Treatment, and Recovery):**

Mental Health Screening/Assessment Procedures

As the student enrollment has increased in Glades County, so have the number of students who have mental health needs. We have provided school based mental health counseling services for students at school sites through a contract provider in the past, currently the contract is held by Central Florida Behavioral Health and they currently subcontract with DNA Elite Therapy to service the Glades County School District.

The Glades County School District will begin identifying students who have a history of mental health needs through our enrollment process and place these students on our monitoring list. Behavioral and emotional health needs are identified by school administrators, teachers, counselors, parents, and other school staff. Early warning system indicators (screening) including but not limited to, attendance, discipline, classroom performance and social skills will be considered in making decisions.

Various levels of intervention (Tier I – Tier III) are available in the schools for all students. Individual and/or group intervention will be provided to address the student’s mental health needs identified through assessment/referral procedures. Interventions will be implemented for students at different levels of risk (e.g. immediate, crisis referral, referral to a school based or community mental health provider). Services are available for students with an emerging need and students experiencing a serious mental health problem. Any students endorsing risk of harm to self or others will receive immediate intervention.

The Glades County School District is in the process of drafting/revising Baker Act and Marchman Act policies and procedures.

Individual screening services will be provided by the District Mental Health Specialist, school administrators, teachers, school nurses, school counselors and other staff to include mental health professionals from a local collaborating counseling agency. The screening will be used to assess the student’s mental health status and overall level of stability. If the assessment/screening indicates a child is in need of services beyond the scope of school-based counseling, a referral will be made to a local collaborating mental health agency in an effort to address those more intensive mental health needs of the student.

- **Coordination and Support Procedures for Intensive Community Mental Health Services**

The Glades County School District has a long standing relationship with the Hendry/Glades Health Department and will continue this collaboration as we move forward into the 2018-2019 school year. The Director of the Health Department will serve as a member of our District Mental Health Committee. In addition, our local Florida Community Health Center staff are also an active partner in our school health efforts, the Community Health Center Director is also on our District Mental Health Committee.

- **Evidence-Based Mental Health Services for Students With One or More Co-occurring Mental Health or Substance Abuse Diagnoses and Students at Risk of Such Diagnoses:**

Glades County School District uses a collaborative team approach to address students' mental health concerns. We use internal support services such as counselors, contract providers (psychologist/behavioral analysts), teachers, and administrators to help at-risk students. With the addition of the Mental Health Specialist, referrals will be submitted for students and the District Mental Health Specialist will gather additional information in order to better understand the scope of the problem. Early warning system indicators (attendance, discipline, grades, and classroom performance) are considered in making decisions. In collaboration with the parent, an intervention is developed, implemented, and monitored. Various levels of intervention (Tier I-Tier III) are available in the schools for all students.

- **Process for Identifying and Delivering Evidence-Based Mental Health Interventions**

Individuals with co-occurring disorders are best served through integrated treatment. This requires collaboration across disciplines (psychiatric, pediatric, psychological and educational). Treatment planning addresses both mental health and substance abuse, each in the context of the co-occurring disorder.

At-risk students are provided interventions to include mental health therapies such as, Anger Management, Social Skills and Problem Solving Training. Students with serious emotional disorders may also receive a combination of therapy and behavioral services infused throughout the educational program.

- **Process for Identifying and Delivering Evidence-Based Substance Abuse Interventions**

The Glades County School District is collaborating with the Hendry/Glades Health Department and community partners to enhance the current curriculum (Choosing the Best series) and is in the process of developing additional interventions.

▪ **Collaborative partnerships with community providers and agencies**

A District Mental Health Committee will be established with representatives from all local community mental health providers and agencies. This team will meet quarterly (or as needed) to collaborate and review processes for students and families access to local mental health services.

The following are procedures for referring students to school-based mental health interventions and community-based mental health providers for treatment

- Referrals will be initiated by school administrators, school counselors, teachers and other mental health professionals that may be on-site.
- Referrals will be sent to the Principal/designee of the school who will in turn approve and submit to the District Mental Health Specialist.
- The District Mental Health Specialist will then facilitate mental health services including but not limited to, one on one counseling, student/parent counseling, home visit, mental health consultation, classroom observation of student behavior, designing program practices to promote social emotional development and effectively address challenging behavior; providing education in mental health issues; monitoring treatment plans, providing evidence based intervention and providing case management as needed.

▪ **Process for coordinating mental health services with a student's primary care provider and other mental health providers to include procedures for information sharing**

The District Mental Health Specialist will develop a process to coordinate mental health services with a student's primary care provider or other mental health providers will be implemented:

- Development of a universal referral form to access community mental health services.
- Creating a process for obtaining parent/guardian consent to share information between the school and the student's primary care provider and other mental health providers.
- Establish MOU's with local mental health community providers and agencies that allows for the efficient exchange of electronic student data across systems, in full compliance with FERPA.
- Designate a mental health point of contact at each school and each partnering community agency.

- **Procedures for information sharing:**

- School district will use a universal referral form to more efficiently process referrals to mental health care.
- School district will obtain parental consent to collaborating agencies to receive and share information.

The following process for documenting number of students referred and number of students that actually receive school based and community services will be implemented:

- The screening process will involve identification of at-risk indicators (attendance, grades, office discipline referrals, suspensions and self-referral) in students. If a child is screened for possible referral to mental health services, all documentation will be recorded by the appropriate school counselor (in collaboration with the school principal/designee) and a copy sent to the District Mental Health Specialist.
- The District Mental Health Specialist will create file that contains all documentation for the referred student.
- Follow up procedures will involve documentation of students actually receiving services (both school-based and community) and/or assistance as well as those who do not and any barriers to treatment.
- Progress monitoring of students who are screened, referred and receive treatment will occur on a 30 day minimum interval.

- **Number and credentials of mental health service providers employed by the district identification process**

Three (3) School Counselors – all certified in Guidance and Counseling.

One (1) Mental Health Specialist - TBA

- **Number and credentials of mental health providers contracted by the district identification process**

One (1) certified School Psychologist

One (1) Licensed Mental Health Counselor

- **Documentation 90% of expenditures allocated were allocated to direct mental health services and/or coordination of such services with primary care and mental health providers:**

Glades County School District – Total Allocation: \$130,909

Charter Allocation: \$22,075
Mental Health Spc salary: \$65,000
Mental Health Spc ret/ss: \$8,646
Mental Health Spc insurance: \$6,828
Contractual Funds: \$23,360
Training/Materials: \$ 5,000

- **Assurances that Mental Health Assistance Allocation does not supplant other funding sources OR increase salaries or provide staff bonuses:**

In a collaborative effort, Glades County School District staff verified that the proposed Mental Health Allocation Plan does not supplant other funding sources, nor have these funds been used to increase salaries or provide staff bonuses.

- **Description of how the school district will maximize use of other sources of funding to provide school-based mental health services, where appropriate**

Glades County School District maximizes use of local, state, and federal funding sources to provide school-based mental health services. These funding sources include but are not limited to the general fund, IDEA, and Medicaid reimbursement.