

MENTAL HEALTH ASSISTANCE ALLOCATION PLAN

2020/2021

DUVAL COUNTY PUBLIC SCHOOLS



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DUVAL COUNTY
PUBLIC SCHOOLS

2020/2021

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PLAN APPROVAL AND SUBMISSION

Our community has embraced the concept that the mental health of our students matters and that children will be more successful in school if they have the resources to address their medical, physical, behavioral, social and mental health needs.

As a school district, Duval County Public Schools prides itself on meeting the needs of the “whole child.” We ensure that EVERY student is inspired and prepared for success in college or a career in life and we know that meeting the social emotional needs of our student’s play a vital role. Therefore, our Strategic Plan reflects this knowledge:

How do we ensure EVERY STUDENT is inspired & prepared for success in college or a career and life?



We have an intentional focus on student achievement and well-being by supporting:

- Culture & Positive Behaviors
- Rigorous & Differentiated Instruction
- Support Services for Students



We sustain engagement of parents, caregivers, and community by focusing on:

- Invite all to participate
- Promote welcoming environments
- Collaborate on decisions



We develop and retain high performing team members by focusing on:

- Recruitment & Retention
- Training & Development
- Building Capacity



We ensure effective, equitable, and efficient use of resources and align them to promoting student outcomes by how we:

- Support Facilities & Grounds
- Ensure Access to Resources & Materials
- Promote Fiscal Responsibility

Over the past twenty- seven (27) years DCPS has collaborated with community partners to deliver an evidence-based therapeutic, health, and social service infrastructure to meet the needs of students and families. This collaborative, is known in the community as “Full Service Schools of Jacksonville” is a partnership between Duval County Public Schools, Florida Department of Health – Duval, Kid’s Hope Alliance, St. Vincent’s Mobile Health, Baptist Health, Chartrand Family Fund, Lucy Gooding Charitable Foundation Trust and United Way of Northeast Florida. Full Service Schools are conveniently located to ensure children and youth receive the necessary physical, emotional, and educational supports for optimal learning and to foster lateral coordination of service delivery to children and families among schools and local agencies. This collaborative is located in eight targeted neighborhoods in Duval County - Arlington, Englewood, Historic James Weldon Johnson, Ribault, Sandalwood, Westside, Springfield and the Beaches. Services are provided to eighty-seven (87) schools (10 high schools, 15 middle schools, 59 elementary schools, 4 alternative/ exceptional schools), with main Full Service School hub site located on school campuses in each neighborhood.

The Full Service Schools' network of providers and partners provide access to therapists, psychologists, nurses, behaviorists, substance abuse counselors, targeted case managers, and other professionals. Services such as counseling; family therapy; behavior management; substance abuse counseling; parenting classes; medical treatment and follow-up; psychological testing; tutoring; and legal consultation are provided. Referrals are also made to outside agencies. Transportation barriers are minimized because services are delivered within the neighborhood and schools. The Mental Health Assistance Allocation will allow Duval County Public Schools to expand upon this existing infrastructure to extend mental health services into 63 additional schools, in collaboration with community partners to provide mental health access to ALL students.

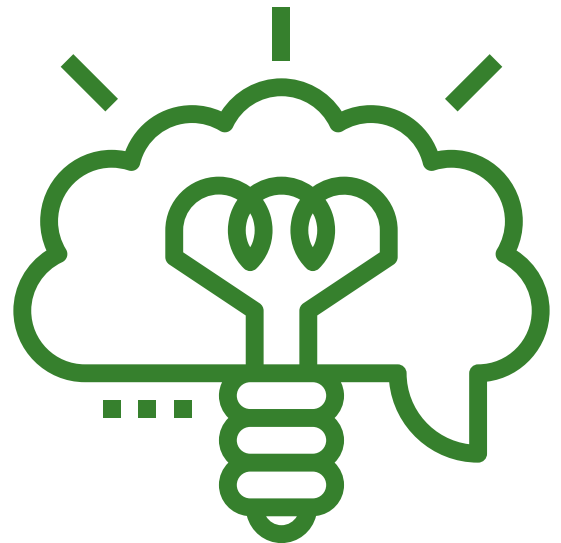
2020-2021			
Type	# of therapists	# of schools	Ratio
FSS Traditional Therapists	26	57	1:2
FSS PLUS Therapists	40	40	1:1
FSS Expansion Therapists	56	63	1:1-1:2

The Provider is a School based Therapist with an approved social service agency (Child Guidance Center, Children's Home Society, Daniel Memorial, Family Foundations and Jewish Family Community Services). The roles and responsibilities of the School Based Therapists include, but are not limited to:

- Promoting a full continuum of care across a multi-tiered system of mental health supports;
- Providing a broader array of services and to be part of school teams;
- Addressing mental health promotion, prevention, and intervention that is more intensive as part of their teaming and collaborative efforts in schools;
- Providing primary therapeutic modalities such as Cognitive Behavioral Therapy Trauma-Focused Cognitive Behavioral Therapy, Brief Solution Focused Therapy, and Play Therapy

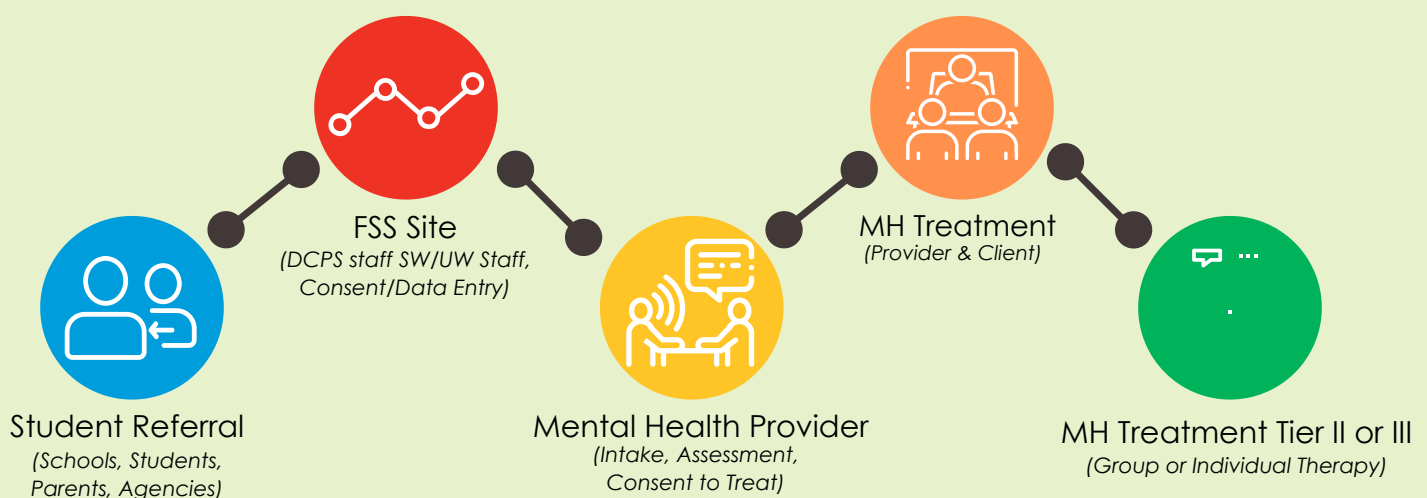
The primary therapeutic modalities being used by the clinicians are Trauma-Focused Cognitive Behavioral Therapy and Brief Solution Focused Therapy. Both of these models are considered to be evidence-based and have been used successfully in school-based settings with children, adolescents and families. Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) is a components-based psychosocial treatment model that incorporates elements of cognitive-behavioral, attachment, humanistic, empowerment, and family therapy models. This model was initially developed to address trauma associated with child sexual abuse and has more recently been adapted for use with children who have experienced a wide array of traumatic experiences, including multiple traumas.

The Solution-Focused Brief Therapy (SFBT) model is also being utilized. SFBT is an evidence-based approach to psychotherapy, which has been studied since the early 1980s. It is one of the few approaches in psychotherapy that began as "evidence-based," vs. being "theory-driven." SFBT is future-focused, goal-directed, and focuses on solutions, rather than on the problems that brought clients to seek therapy. The SFBT approach assumes that all clients have some knowledge of what would make their life better, even though they may need some help describing the details of their better life and that everyone who seeks help already possesses at least the minimal skills necessary to create solutions.



The Full Service Schools referrals for services can be made and submitted by anyone, to include, school administration and staff, parents, community agency personnel, as well as student self referral. Referrals are to be completed using only the approved Referral for Services Form and can be submitted via hand delivery, fax, or email. In addition, referrals can be made through direct conversations with the therapist conversation directly with the therapist. When this occurs either the therapist or the referring source would complete the Referral for Services Form based on the discussion. Each Full Service Schools onsite therapist has blank referral forms. The referral source will complete the referral form for each student they are submitting to Full Service Schools by providing as much detailed information as possible. The referral source will forward the referral to the Full Service School Social Worker for data collection and processing. The FSS Social Worker will forward the referral to the on-site therapist assigned to the school to obtain consent from parent for treatment. The Full Service Schools Social Worker can also process the referrals for social services such as requests for clothing, eyeglasses, or other student needs.

In the Full Service Schools collaborative, the person writing the referral can give the referral directly to the on-site therapist. Once it has been submitted, it will be processed by the FSS Social Worker within 24 hours. Within 15 days of the referral the Therapist will assess the student to determine the appropriate system of care. The therapist can only assess each student one time without parental consent. Once the parent consents for treatment, the biopsychosocial assessment is completed and the Therapist completes the Children Functional Rating Scale therapeutic services will begin within 15 days. Due to this direct contact, there is no question as to whether or not the therapist has received the referral, but there can still be challenges with follow through with actually receiving services (For example the family may refuse consent for services or the therapist may not hear back from the family about their willingness for the child to receive services.) With the therapist being housed on-site at the school, they are able to provide frequent, appropriate feedback to the referral source. Often, the therapist works with the referral source to learn more about the student's classroom functioning and to provide suggestions and coaching on strategies that may help support the increase of positive behaviors in the classroom. The on-site therapist will disclose only pertinent information that will help students to be successful while abiding by the Health Insurance Portability and Accountability Act of 1996 (HIPAA, a US law designed to provide standards to protect patients' medical records and other health information provided to health plans, doctors, hospitals and other health care providers.) Referral reason may include but are not limited to: classroom conduct, behavior concerns, academic performance, personal/family/friend issues, suspected alcohol/drug use, and health/wellness.



The supports that will address mental health needs are as follows:

Assessment: Initial screening and triaging to determine appropriate Tier placement by School Social Worker (Social Service, Counseling, Dual). Biopsychosocial and Children's Functional Assessment Rating Scales (CFARS PRE Test) is administered to every student whose parent has consented for his/her child to receive mental health services. Children's Functional Assessment Rating Scales (PRE and POST Test) is administered to every student whose parent has consented for his/her child to receive mental health services. The purpose of the CFARS is to have a single instrument that could: 1) gather functional assessment information for domains relevant for evaluating children; 2) gather Florida's societal outcome data elements; 3) provide information helpful to clinicians and agencies delivering; and 4) be flexible to describe changing status in aggregate reports.

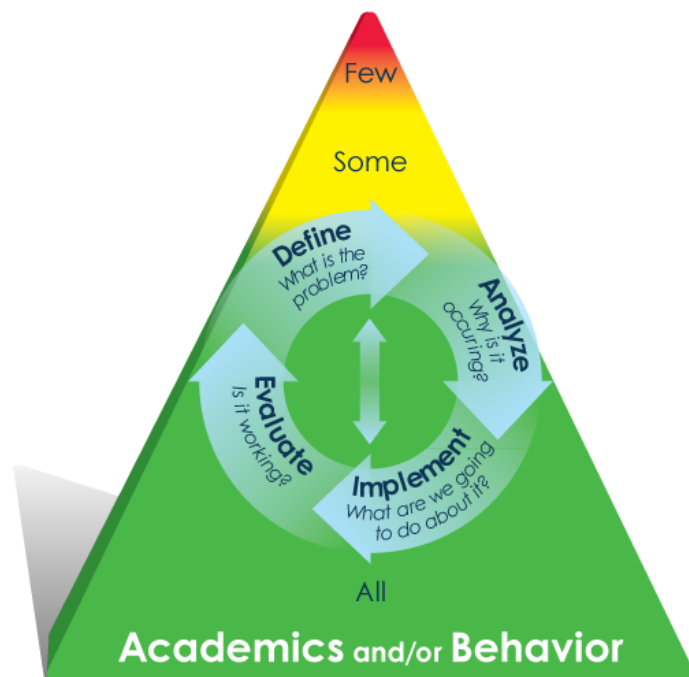
Diagnosis: Appropriate problem or diagnosis is determined by the Full Service Schools Therapist (Tier 2 or Tier 3). The Diagnostic and Statistical Manual of Mental Disorders (DSM -5) is used by FSS Therapists to diagnose mental illnesses. The Diagnostic and Statistical Manual of Mental Disorders (DSM -5) is used by clinicians and psychiatrists to diagnose psychiatric illnesses. The DSM-5 is published by the American Psychiatric Association and covers all categories of mental health disorders for both adults and children. The DSM is utilized widely in the United States for psychiatric diagnosis, treatment recommendations and insurance coverage purposes. The manual is non-theoretical and focused mostly on describing symptoms as well as statistics concerning which gender is most affected by the illness, the typical age of onset, the effects of treatment and common treatment approaches. To ensure that best practice model is followed, all Full Service School therapist will utilize the DSM-5 to diagnose students.

Intervention: FSS Therapist provides Cognitive Behavioral Therapy (CBT) and Trauma Focused Cognitive Behavioral Therapy (TFCBT). Students that are involuntarily hospitalized (BA) placed in Tier 3 intervention (parent consent). Upon discharge from the Baker Act Receiving Facility the Discharge Plan is forwarded (Parental Consent) to the Crisis Support team to link to School Social Worker and School Counselor to ensure continuity of care.

Multi-Tiered System of Support (MTSS) is the framework that our schools utilize to provide targeted support to struggling students. It focuses on the "whole child." MTSS supports academic growth and achievement, but it also supports many other areas such as behavior, social and emotional needs, and absenteeism.

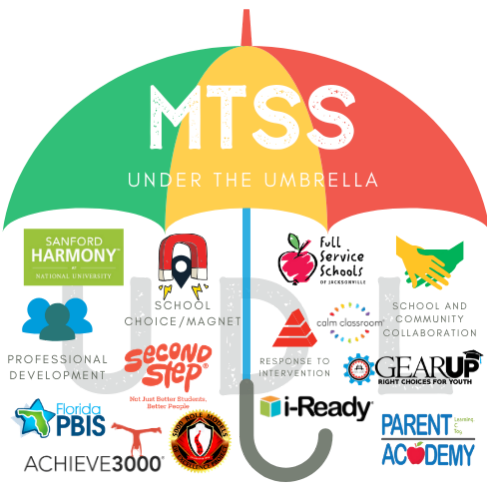
The intervention model for Duval County Public Schools is to:

- Increase youth access to mental health services and supports within a multi-tiered framework
- Increase implementation of evidence-based, culturally responsive mental health practices
- Increase awareness of mental health issues within our youth, families, schools and communities



Duval County Public Schools tiered interventions are as follows:

Tier 1: Foundations Team Monitoring of School Wide PBIS Implementation, Code of Conduct, Problem Solving Teams, Evidence Based Instructional Practices, CHAMPs Classroom Management, Peer Mediation, Progress Monitoring via Periodic Universal Assessments, Comprehensive Health Education, Zeroing in on Intervention, Character Education, Restorative Practices Second Step Social Emotional Learning Curriculum, Child Safety Matters, Youth Mental Health First Aid Training, Trauma Informed Care Training, RtI teams, Stop Bullying NOW program, Student Success Skills, Parent Academy, Mental Awareness Education



Tier 2: Check In/Check Out, Meaningful Work, Restorative Justice, Psychosocial Assessment, Group Counseling, Student Options for Success, Nighttime Substance Abuse Program, Strategic research based interventions targeted to student's specific needs, Frequent monitoring, Functional Behavior Assessment, Behavior Plan, Classroom Guidance, Student Peer Mediation, Referral Forms, Restorative Justice, Student Success Skills

Tier 3: Tough Kid Toolkit, Full Service Schools individual counseling, Meaningful Work, Intensive Long Term Instructional Support, Individual instruction, Functional Behavior Assessment, Behavior Plan, Mentoring, and Achievers for Life Mentoring

Treatment: Cognitive behavioral therapy (CBT) will be utilized as the treatment technique. CBT is a short-term form of behavioral treatment. It allows students to problem-solve, as well as, reveal the relationship between beliefs, thoughts, and feelings, and the behaviors that follow. Through CBT, students learn that their perceptions directly influence how they respond to specific situations. Trauma Focused Cognitive Behavioral Therapy (TF-CBT) will also be utilized as the treatment technique. TF-CBT is a conjoint child and parent psychotherapy approach for children and adolescents who are experiencing significant emotional and behavioral difficulties related to traumatic life events. Therapeutic services for clients are implemented for up to 6 months.

Recovery: Treatment Plans are completed with families to monitor effectiveness of services provided. The Children's Functional Assessment Rating Scales (CFARS POST Test) is administered to every student who successfully completes treatment to monitor improvement in societal outcome data elements.

As a result of the evidence-based mental health practices the treatment outcomes are as follows:

- Academic improvement
- Positive behavioral changes
- Decreased disciplinary referrals
- Improved coping skills
- Improved relationships and rapport building



Students that have one or more co-occurring mental health or substance abuse diagnoses and students at risk of such diagnoses will be referred to our Gateway Community Services substance abuse partner for treatment. Adolescents who meet the criteria for treatment are offered a well-designed program, individually customized to address his or her specific needs. The substance abuse treatment available are: Intervention Services, In-Home/On-Site Services, Traditional Outpatient Services and Residential Substance Abuse Treatment. After the student receives a full assessment, the Gateway staff will work to determine the best type of treatment for the student.

Another resource for students with one or more co-occurring mental health or substance abuse diagnoses and students at risk of such diagnoses is the Night-Time Substance Use Prevention Counseling Education Program. The Night-Time program is the district's program for students who have been charged with committing an alcohol, drug, possession of prohibited substance, or drug/alcohol paraphernalia infraction against the Code of Student Conduct. The Night-Time program may also be a counseling referral for use, possession, distribution, or sale of tobacco; or distribution, possession, sale or purchase of drug facsimile products. Classes for the Night-Time program are year round. Referrals remaining from the end of last year and any that occurred during the summer will be processed with the students being enrolled immediately upon intake.

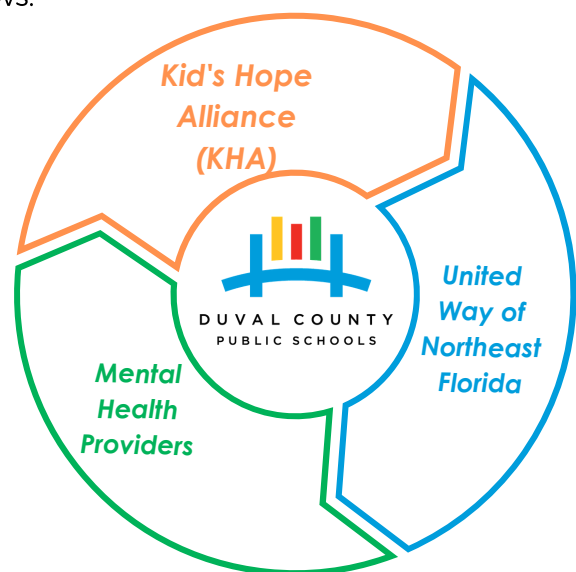
An additional resource for students with one or more co-occurring mental health or substance abuse diagnoses and students at risk of such diagnoses is the River Oak Center. The River Oak Center offers students an opportunity to grow (academically, emotionally, socially, and spiritually) by integrating the principles of recovery into daily education. The Center integrates a high school academic curriculum with the development of supportive life skills necessary for students in recovery from alcohol and substance use. All program staff are certified educators and specialists who are responsible for providing appropriate academic programming and oversight both in and outside of school. Students are referred by schools, family members, courts, state agencies, drug/alcohol treatment facilities, community based youth programs, and residential programs. Prospective students must interview with the River Oak team prior to admission. In addition, students must achieve sobriety prior to attending River Oak and must consent to participate in random drug testing while enrolled. Students must also be committed to working an outside plan of recovery and demonstrate a commitment to academic achievement in pursuit of a high school diploma.

The collaborative partnerships with Full Service Schools community providers and agencies that ensures the implementation of mental health services is as follows:

Kid's Hope Alliance (KHA) - a community organization serving the needs of children and their families throughout Jacksonville. KHA provides funding to mental health providers to ensure mental health services are delivered within schools.

United Way of Northeast Florida - provides leadership and resources to change lives in the community by creating sustainable improvements in education, income and health. UW provides coordination and oversight of the Full Service Schools Initiative.

Mental Health Providers - Mental Health providers are selected based on a competitive RFP process. The Mental Health providers identify, consult, treat, triage and manage students with emotional/behavioral health needs to improve their ability to function in school.



In addition to the above collaborative partnerships, throughout the year a quarterly mental wellness newsletter is shared districtwide to promote mental health literacy, as well as, throughout the month of May (Mental Health Awareness Month) additional providers and agencies are called upon to advocate and promote mental wellness. The following events and activities have occurred:

- Mental Health Awareness Video PSA/Poster Contest created by students
- Employees and students sign the "Pledge to See Something/Say Something"
- Mental health facts shared daily in schools and district offices via district news and social media
- Mindfulness resources and green ribbons distributed support Mental Health Awareness
- Mental Health Proclamation read at DCPS School Board Meeting and City Council meeting
- Mental Health Awareness Resource Table in local community events
- Wear green on National Children's Mental Health Awareness Day
- District wide Student Mental Health Conference
- Mental Health Awareness Resource Fair

Duval County Public Schools collaborates with Child Guidance Rapid Response Team (RRT), if a student threatens/attempts to harm him/herself or someone else. The District crisis process and procedures are as follows: The collaborative partnerships with Full Service Schools community providers and agencies that ensures the implementation of mental health services is as follows:

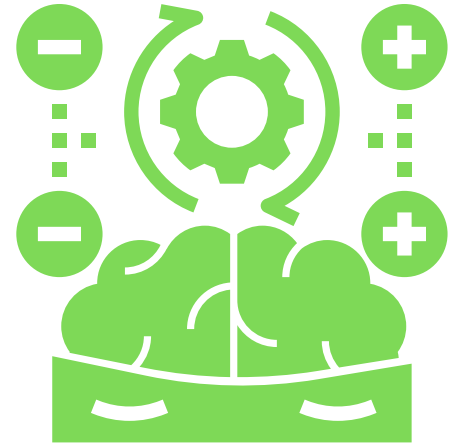
- School contact's the district crisis hotline if a student threatens/attempts to harm him/herself or someone else;
- The district crisis advisor receives an assessment of the presenting problem and contacts the Rapid Response Team;
- The LMHC on the RRT goes to the school to assess the student for a Baker Act o If the student meets the criteria for a Baker Act they are transported to the Baker Act receiving facility-
 - Students involuntarily hospitalized (BA) placed in Tier 3 intervention (pending parent consent)
 - Upon discharge – Discharge Plan is forwarded to Crisis Support to link to School Social Worker and School Counselor for screening with FSS within 15 days of students referred for a mental health referral and school-based mental health services are initiated within 15 days of identification and assessment; community mental health services for students are initiated within 30 days of referral.
- If the student does not meet the criteria for a Baker Act the RRT LMHC provides the family with resources for therapeutic follow up.

Duval County Public Schools will collaborate with the managing entity SEDNET to conduct Youth Mental Health First Aid Training and Trauma Informed Care training to school and district based staff. Collaboration with LSF Family Systems for Jacksonville's Behavioral Health Consortium and Jacksonville System of Care Initiative Describes process for coordinating mental health services with a student's primary mental health care provider and other mental health providers involved in the student's care.

The process by which coordination of mental health services with a student's primary care provider and other mental health providers begin at intake when an initial assessment is conducted to determine the needs of the student. If mental health services are recommended and services are consented to, the mental health provider conducts an assessment/brief to determine a diagnosis. Depending upon the specific diagnosis, the student's parent is then referred to their primary care provider. If a student is in need of psychiatric services (including medication), they are referred to internal providers or external mental health providers. A Data Sharing MOU, as well as parental consent is required (through a Consent Agreement to Participate in School Based Behavioral Health Service) for such service in accordance with FERPA and HIPAA guidelines.

The Behavior Intervention Monitoring Assessment System (BIMAS-2) is a measure of social, emotional and behavioral functioning in children and adolescents ages 5 to 18 years. The BIMAS Standard Form includes 34 change-sensitive items that are used for universal screening of behavior concerns and for assessing and monitoring the progress of behavior and mental health related interventions. The BIMAS is a brief, repeatable multi-informant (teachers, parents, clinicians, self) measure that is useful for behavioral universal screening, progress monitoring, outcome assessment, and program evaluation. It offers an online Data Management System with dynamic analysis, graphing and reporting options. This allows assessors to manipulate data in a variety of ways in real time to assist in evidence-based decision-making within a Response to Intervention (RtI) or MultiTiered System of Supports (MTSS) framework. the main objectives and functions are:

- **Universal Screening** – By comparing each student's scores on the BIMAS to a nationally representative normative group, the BIMAS Standard can be employed as a brief screening device to detect students needing further assessment and identify their respective areas of need.
- **Student Monitoring** – To provide feedback about the progress of the individual student or groups in intervention programs.
- **Program Evaluation** – To assess changes in behavioral, emotional concerns and adaptive skills in a group of students receiving psychosocial interventions and well as monitoring the effectiveness of Tier I universal prevention efforts.



The BIMAS-2 Sub-Scales:

Behavioral Concern Scales

Conduct

anger
management,
bullying behaviors,
substance abuse,
deviance

Negative Affect

anxiety and/or
depression

Cognitive/ Attention

attention, focus,
organization,
planning, memory

Adaptive Scales

Social Functioning

friendship
maintenance,
communication

Academic Functioning

academic
performance,
attendance, ability
to follow
directions

The BIMAS2 will be administered in the fall of each academic year to all 3rd, 6th and 9th grade students, as well as any students that have been charged with a violent code of conduct violation. If a student's scores at-risk on the screener, he/she will be referred for mental health services.

Number of students that are screened/assessed

Data Source Focus student enrollment and BIMAS data; Full Service Schools data system; Qualtrics

Number Report EOY 2020/21

Number of students who are referred for school-based mental health services

Data Source Full Service Schools data system (ETO); Qualtrics

Number Report EOY 2020/21

Number of students who received school-based mental health services

Data Source Full Service Schools data system (ETO); Qualtrics

Number Focus student enrollment and BIMAS data; Full Service Schools data system; Qualtrics

Other outcome data sources will be used to evaluate the effectiveness of the Full Service Schools collaborative services such as:

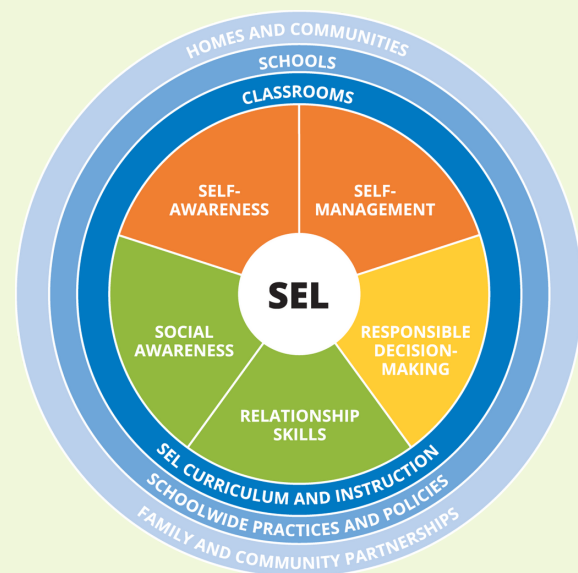
- Youth Risk Behavior Survey
- School Climate Survey
- Early Warning System Indicators: academics, attendance, discipline
- Children's Functional Assessment Rating Scale (Post)

Tier 2 and 3 Social Emotional Learning strategies or programs reduce the likelihood of at-risk students developing social, emotional or behavioral problems; depression; anxiety disorders; suicidal tendencies; or substance abuse disorders. Social Emotional Learning (SEL) is the process through which children acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions (CASEL). The following SEL strategies/programs are currently being implemented in DCPS:

- **Sanford Harmony:** is a Social Emotional Learning program that uses everyday practices and weekly lessons to build classroom culture and foster friendships between students.
- **Calm Classroom:** is a mindfulness-based program composed of 3 minute scripted mindful breathing, stretching, focusing, emotional resilience and relaxation techniques presented by school counselors and teachers 2 to 3 times a day.
- **School-Connect:** Optimizing the High School Experience, a program for boosting students' social, emotional and academic skills.
- **MindUp:** teaches the skill and knowledge children (K-8th grade) need to regulate their stress and emotion, form positive relationships, and act with kindness and compassion.
- **Morning Meeting:** is an engaging way to start each day, build a strong sense of community, and set children up for success socially and academically.
- **Second Step:** provides instruction in social and emotional learning with units on skills for learning, empathy, emotion management, friendship skills, and problem solving.



**Educating Hearts.
Inspiring Minds.**



EXPENDITURES

Evidence that school-based mental health providers are credentialed. Number and credentials of mental health services providers employed by the district:

122 School-Based Mental Health Therapists

- Therapeutic Work
- Screenings
- Treatment Plans

55 School Social Workers

- Social Histories
- Attendance
- School Support (conference/referrals)

277 School Counselors

- Character Ed/Social Skills
- Academic Tracking
- Service Referrals

61 School Psychologists

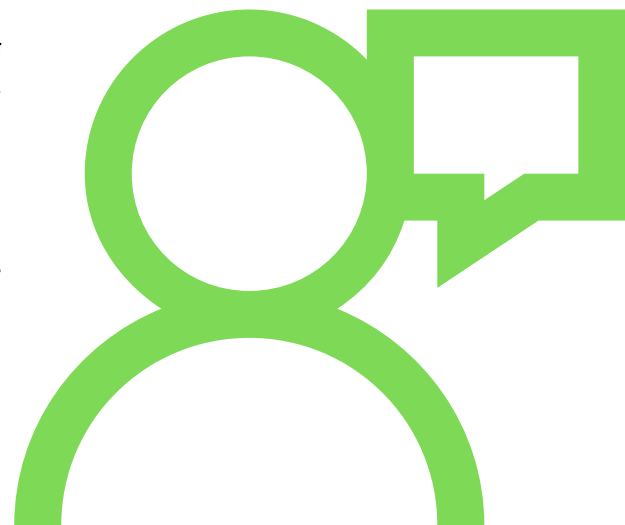
- Social Educational Assessments
- Behavior Plans
- Consultation

Ratios of FDOE-certified school-based mental health services providers

- School Counselors - 1:407
- School Social Workers - 1:2053
- School Psychologists - 1:1851

School Counselors adhere to the American School Counseling Association, School Social Workers adheres to the National Association of School Social Workers and School Psychologists adheres to the National Association of School Psychologists standards to ensure that 80% of their time is spent providing direct student support through providing evidence-based school wide prevention programs, small group and/or individual interventions. Strategies student support services personnel can use to increase time spent with students is to build alliances within the school and community to increase mental health alliances. Decreasing student support services caseloads and increasing access to community resources and professional development are strategies that will increase time student services personnel spend providing direct mental health services. In addition, meeting with school administrators at the beginning and mid-year to identify appropriate and inappropriate student support services responsibilities are an effective to ensure provision of direct mental health services.

Duval County Public School contracted through United Way of Northeast Florida to hire credentialed school-based mental health services providers to reduce staff- to-student ratios and meet student mental health assistance needs. Per the state of Florida, a master's level practitioner must have a master's degree from an accredited university or college with a major in the field of counseling, social work, psychology, nursing, rehabilitation, special education, health education, or a related human services field with two years of professional experience in providing services to persons with behavioral health disorders or receive current supervision under a Licensed Practitioner.



Number and credentials of mental health services providers:

Full Service Schools

- 5 Licensed Clinical Social Workers
- 7 Licensed Mental Health Counselors
- 24 Community-Based Agency Staff (MHC, MSW, MFT)

Duval County Public Schools

- 9 Licensed Clinical Social Workers
- 2 Licensed Mental Health Counselors
- 23 Master's Level MH Counselors and Social Workers

According to the Florida Medicaid Licensed Practitioner of the Healing Arts (LPHA) LPHAs include:

- Clinical social workers licensed in accordance with Chapter 491, F.S.
- Mental health counselors, licensed in accordance with Chapter 491, F.S.
- Marriage and family therapists licensed in accordance with Chapter 491, F.S.
- Psychologists licensed in accordance with Chapter 490, F.S.
- Clinical nurse specialists (CNS) with a subspecialty in child/adolescent psychiatric and mental health or psychiatric and mental health licensed in accordance with Chapter 496, F.S.
- Psychiatric advanced registered nurse practitioners licensed in accord. with Chapter 464, F.S.
- Psychiatric physician assistants licensed in accordance with Chapters 458 and 459, F.S.

Registered Mental Health Counselor A Registered Mental Health Counselor is master's level practitioner in accordance to FL 490.FS with have a master's degree from an accredited university or college/university with a major in the field of counseling, social work, psychology.



+63 Schools

Evidence that 100% allocation are used to expand school-based mental health care; train educators and other school staff in detecting and responding to mental health issues; and connect children, youth and families with appropriate behavioral health services. The Mental Health Assistance Allocation funding will be used to expand mental health services into **63** additional schools through the Full Service Schools collaborative:

Planned Expenditure

Provider Provides	Position/Activity	Unit	Budget
Mental Health Allocation			\$5,469,977.86
Expanded school-based mental health care			
Full Service Schools Collaborative	Salaries/Benefits-Contracted School Based Therapist assigned to schools (1 therapist:2 schools) to provide Tier 2 and 3 mental health supports to include counseling services to individuals and small groups that relate to emotional, behavioral and mental health diagnosis	36	\$2,644,005.10
Mental Health Support Specialist and Clerical Support	Salaries/Benefits - Mental Health Support Specialists to provide professional development on: Youth Mental Health First Aid, Trauma informed care, Mental Health Friendly Classroom. The MHSS will work with schools and therapist to increase the referral to treatment ratio for students. Part-time clerical support for data reporting.	3.5	\$223,290.00
Licensed Clinical Social Workers/Licensed Mental Health Counselors	Salaries/Benefits - District Licensed Clinical Social Workers and/or Licensed Mental Health Counselors to provide Tier 1, 2 and 3 services	20	\$1,627,440.75
Train educators and other school staff in detecting and responding to mental health issues			
Training Materials/Supplies and Stipends	Mental health training materials for training of all school based faculty and staff, stipends, substitute reimbursement and summer trainings		\$114,497.00
Connect children, youth, and families with appropriate behavioral health services			
SEL for at-risk students	Tier 2 and Tier 3 programming/strategies to support at risk students in developing the necessary skills to decrease mental health symptoms.		\$101,704.01
Student Mental Health Conference for at-risk students	High School mental health conference for at risk students to address mental health disorders and strategies to increase resilience and decrease risk.		\$10,000.00
Assessment protocols for screening and assessment	BIMAS Behavior rating scales and pre/post data outcomes to identify at risk students		\$70,000.00
TOTAL			\$3,152,490.11
Charter School Proportionate Share			\$679,041.00

EXPENDITURE ASSURANCES

Duval County Public Schools will not supplant other funding sources, increase salaries, or provide staff bonuses with the Mental Health Allocation funds. DCPS will utilize the 5.5 million in Mental Health Allocation funds to build upon the existing district's mental health infrastructure. Since 1991, Full Service Schools (partnership with United Way, Kids Hope Alliance and Duval County Public Schools) has provided mental health services in 87 of our 160 comprehensive schools (38 therapists). Kid's Hope Alliance funds 30 additional therapists to provide access to 30 schools. The 5.5 million in Mental Health Allocation funding will allow the district to build upon its existing collaborative infrastructure to hire 56 additional therapists to provide mental health access to the remaining 63 Duval County Public Schools. This will also allow DCPS to provide mental health training to school personnel in elementary, middle and high schools and provide universal screening to 3rd, 6th and 9th grade students and students who have been charged with a violent school of conduct code violation.

Duval County Public Schools will maximize use of other sources of funding to provide school-based mental health services by collaborating with Kid's Hope Alliance who currently contributes 1.7 million to mental health services and United Way who contributes \$270,000. Due to the recent events in Parkland, Kid's Hope Alliance allocated an additional 1.7 million dollars to support the Full Service School collaborative. The additional funds provided by KHA would allow for enhanced mental health services to be delivered to Duval County Public School students. In addition to the above,

Duval County Public Schools will maximize use of other sources of funding to provide school-based mental health services by:

Maximizing Enrollment of Medicaid Eligible Children

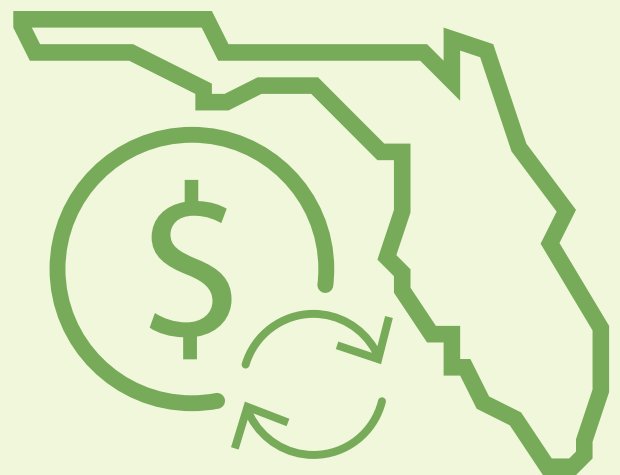
According to www.healthykids.org/data: 10,448 children/youth remain uninsured in Duval County.

We will maximize use of the Medicaid funding source by:

- Hosting School-based enrollment, re-enrollment strategies and campaigns;
- Enrolling all students in child welfare, juvenile justice service systems;
- Ensuring that all school providers can access Medicaid training protocol. Require all mental health providers to bill Medicaid when applicable.

Expanding Covered Services and Supports via Florida's New State Plan Amendment

- Florida Medicaid certified school match program allows school districts, charter and private schools to receive reimbursement under the Florida Medicaid program for therapy services, behavioral health services, and nursing services furnished in a school setting.
- Who Can Receive: Florida Medicaid recipients under the age of 21 years requiring medically necessary therapy, behavioral and/or nursing services in a school setting.
- State Plan Amendment 2016-031, Approved by CMS 10/02/17 – effective 10/28/16 (i.e. retroactive).



Influencing State Plan Amendment Implementation to Fully Support EPSDT Benefit

Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) is an entitled benefit for all children enrolled in Medicaid, birth to 21 years old.

- Designed to cover all medically necessary care for children, in recognition of their unique needs.
- States must fully cover preventive and primary care, including dental, hearing, vision care and all “acute care” services. Florida uses a rigorous schedule for periodic check-ups/exams (Bright Futures by AAP: https://www.aap.org/en-us/Documents/periodicity_schedule.pdf).
- Mental/behavioral health services are “acute care” EPSDT services. School-based services can be covered by the student’s EPSDT benefit. EPSDT also addresses long-term care needs associated with children with special healthcare needs (including therapies, medical equipment, and other support services).

Maximizing Medicaid Administrative Claiming

Administrative Claiming is a distinct form of Medicaid reimbursement available to schools. Through administrative claiming, schools can be reimbursed for work related to the provision of direct services, such as providing referrals and case management. Fortunately, Medicaid Administrative Claiming requires less detailed documentation of costs than does reimbursing the direct costs for providing services. Administrative claiming can cover large amounts of work done by local agency staff. By using a formula to arrive at the amount of time spent, given the number of students involved, schools can calculate reimbursable costs quickly. Florida’s Administration for Health Care Administration has a specific unit and system in place to manage and support this claiming by school districts.

State education agencies can access Medicaid administrative funds to support delivery of covered services. You can review the claiming guide and determine administrative activities that can qualify. For example, CMS policy permits reimbursement at the standard 50% federal matching rate for translation and interpretation activities that are claimed as an administrative expense, so long as they are not included and paid for as part of the rate for direct services.

Optimizing Federal Education Funding to Support DCPS MH Services

K-12 Education Funding Comes From:

Florida Public Schools:

FL Dept of Education

- State Funds: 40.39%
- Local Revenues: 48%
- Federal Funding Streams: 11.61%

Nationally:

US Dept of Education

- State Funds: 44%
- Local Revenues: 35%
- Federal Funding Streams: 11%
- Private Sources (e.g. tuition): 9%

Federal Education Funding in Florida

Federal K-12 funding to Florida K-12 from US Department of Education (ED) and other agencies (e.g. DHHS – Head Start; USDA – School Lunch program). Duval Co. Public Schools = 6th largest school district in FL Allocations from ED to Florida for SFY 2017- 18:

- IDEA, Part B (K-12): \$654.6-million
- IDEA, Part C (pre-school): 17.89-million
- ESSA, Title I: \$825-million
- ESSA, Title IV-A SSAE*: \$21.57-million
- Other federal programs (workforce development, research and demonstration) and discretionary grant opportunities.

* ESSA Section 4108: Can support evidence-based MH awareness training programs, school-based counseling and MH programs.

DCPS should prioritize funding to support enhancement to its FSS and FSS PLUS school mental health program within its application for Title IV, Part A funds.

Optimizing Private Insurance

Invest in DCPS/FSS mechanisms and procedures to apply commercial insurance to pay for schoolbased MH services:

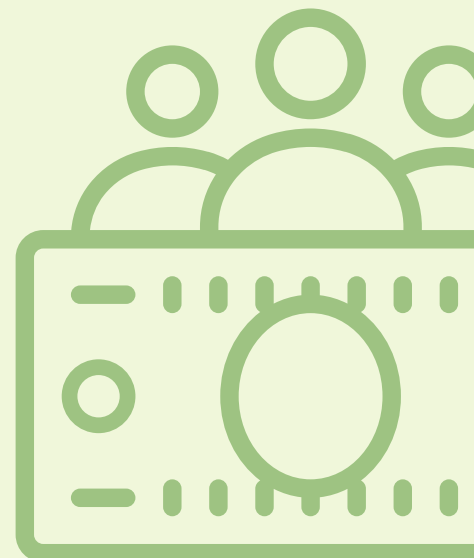
- Employer-based, Individual marketplace, and ACA subsidized Qualified Health Plans: MH, Substance use disorder services as essential health benefits
- Cover young adults to age 26 on parents' plans Approved preventive services (no out-of-pocket cost) Examples:
 - Pennsylvania – functional behavior assessments (autism spectrum)
 - New York – tele-medicine coverage required in private health plans
- School districts that have made concerted efforts to optimize private insurance resources have consistently reported that about nine in ten families when asked have willingly agreed to apply their insurance to support school-based service delivery.

Maintaining Strong Grantsmanship

Grants come in several types:

- Private (philanthropic, business)
- Formula grants (e.g. ESSA Titles, OJDDP)
- Block grants (e.g. Title XX Social Services block grant, Preventive Health and Health Services block grant, Maternal and Child Health block grant, SAMHSA MH and SUD Prevention block grants; Community Development) Discretionary/Project Grants. Examples:
 - Project Aware and Project Prevent (SAMHSA)
 - Safe and Supportive Schools (U.S. Department of Education)
 - Garrett Lee Smith Suicide Prevention (SAMHSA)
 - School Climate Transformation (U.S. Department of Education)

Discretionary grants are awarded through a competitive process to fund discrete projects over a specified period of time. Several have a portion of funds that can be allocated for advancing school behavioral health.



Foundations and Philanthropy*Top giving foundations in Duval County*

- Community Foundation for Northeast Florida
- Publix Supermarket Charities
- Jessie Ball DuPont Fund
- Chartrand Foundation
- Lucy Gooding Foundation

**PLAN APPROVAL & SUBMISSION****Plan Approved & Submitted (s.1011.62(16)(c),F.S.)**

Local school board approved the district plan

Date of Approval: July 23, 2020



Approved plan was submitted to the commissioner of education by August 1, 2020



DCPS SCHOOL BEHAVIORAL HEALTH
2020

