

# **BAY DISTRICT SCHOOLS MENTAL HEALTH ASSISTANCE ALLOCATION (MHA) PLAN**

## **Focuses on delivering evidence-based mental health services**

### **Awareness/Prevention at Tier 1**

#### **Currently in place:**

All schools implement and teach the state mandated Character Education Traits. The Student Services MTSS Behavior Team provides customized training and professional development to district staff and personnel. Training topics include Trauma Informed Care, Tier 1 implementation, Classroom Management, Brain Friendly Teaching, Youth Mental Health First Aid, and Positive Behavior Supports. The ultimate goal of the on-going PD is to build capacity and promote awareness and understanding of the importance of social emotional learning and its impact on students' achievement and well being.

The Botvin Life Skills Training Program is implemented at identified BOS elementary and middle schools. The Botvin Life Skills curriculum is a research-validated substance abuse prevention program proven to reduce the risks of alcohol, tobacco, drug abuse, opioid misuse, and violence by targeting the major social and psychological factors that promote the initiation of substance use and other risky behaviors.

The district partners with multiple community agencies to provide mental health and substance abuse services to students and families. These include the following:

- Florida Therapy Services
- Life Management Center
- PanCare of Florida, Inc.
- Anchorage Children's Home
- Gulf Coast Children's Advocacy Center
- Big Bend Community Based Care

#### **Expansion of Services for Mental Health Allocation Plan:**

A Community of Care team will be established with representatives from all local community mental health providers and agencies. This team will meet quarterly to collaborate and review processes for BOS students' and families' access to local mental health services. Bay District Schools will participate in the monthly Mental Health Summit meetings with local community mental health providers.

A Behavior Staff Training Specialist will be added to supplement the work of the BOS MTSS Behavior Team. The Staff Training Specialist will focus on Tier 1 behavior implementation and will provide training and consultative supports in the areas of classroom management and social emotional learning.

### **Evidence-based, targeted mental health interventions and services at Tier 2**

#### **Currently in Place:**

The MTSS Team guides schools with implementing evidence and research based practices to support students at the Tier 2 level. These supports include but are not limited to:

- Check-In/Check-Out
- Mentoring
- Social Skills Groups
- Online social skills programs including Zoo-U and Suite 360
- PROMISE Para-professionals provide opportunities for recovery, reflection and re-entry to the classroom as an alternative to suspension (elementary schools only)

#### Expansion of Services for Mental Health Allocation Plan:

- Strengths-based Social Emotional Learning Universal Screener: CoVitality licenses used to screen identified "at-risk" students and target specific and appropriate interventions
- Mental Health team to include: 1 licensed Clinical Social Worker, 1 licensed Mental Health Counselor, 2 Master's level Social Workers or Mental Health Counselors, 1 Lead Mental Health liaison
  - Team will assess and identify needs for intervention and/or mental health treatment plans, provide small group and/or one-on-one social skills lessons, counseling, and therapy
  - Team will provide resources to schools, parents and families and may coordinate referrals to outside community agencies
- Telehealth Equipment and licensing fees will be purchased in order to provide students access to mental health counselors and physicians. Students will have virtual counseling appointments at school via a "real-time" secure computer connection.

### Evidence-based targeted mental health interventions and services at Tier 3

#### Currently in Place:

The Student Services MTSS Behavior Team operates on a referral basis to work with schools on completing Functional Behavioral Assessments (FBAs) and developing Positive Behavioral Intervention Plans (PBIPs). The team also provides training and consultation to help build capacity of school based staff to complete the FBA/PBIP process for students in need of Tier 3 behavioral interventions and supports.

#### Expansion of Services for Mental Health Allocation Plan:

- Mental Health team identified in the above Tier 2 will:
  - Assess and identify needs for targeted and intensive intervention and/or mental health treatment plans, provide individualized counseling/therapy, and PBIPs and progress monitoring
  - Coordinate intensified wrap-around services including sharing data and strategies with the identified community mental health agencies
  - Utilize telehealth model to provide students access to mental health counselors and physicians
- Bay District Schools will contract with Focus on Behavior Inc, to utilize ABA certified behavior technicians to assist and consult with developing FBAs and PBIPs

### Includes description of supports that addresses mental health needs (assessment, diagnosis, intervention, treatment, and recovery)

The Student Services MTSS and Mental Health Teams will support and guide schools with completing monthly (at a minimum) data chats to review Early Warning System Data in order to identify students in need of Tier 2/3 interventions and/or mental health services.

Students identified based on EWS indicators will be screened using the strengths-based SEL screener: CoVitality. The MTSS and Mental Health team will assist schools with using the results from the screener to diagnose, identify appropriate interventions, develop treatment plans, refer to outside community agencies, and monitor the effectiveness of plans.

The Lead Mental Health liaison will serve as a coordinator and service analyst to connect students/families with appropriate mental health services provided by outside community agencies, communicate procedures and follow up with the schools, ensure MOUs and contracts are in place with community service providers, and track and monitor the students who are receiving intensive community mental health services.

To support the work of building effective pathways for Bay District Schools students to access community mental health services BOS initiated "Community of Care" meetings. The Community of Care team includes Bay District Schools staff partnering with our local mental health community members to ensure the seamless provision of mental health supports to students. The Community of Care team meets regularly to build capacity to support mental wellness, to prevent, reduce, and manage risk factors and to recognize signs of mental health challenges.

- Emerald Coast Behavioral Hospital Monthly Mental Health Summit
- PanCare of Florida, Inc. Telehealth Behavioral Services
- FI Therapy Services
- Anchorage Children's Home
- Life Management Center
- Big Bend Community Based Care
- Gulf Coast Children's Advocacy Center
- Department of Juvenile Justice
- Children's Home Society
- Emerald Coast Behavioral Hospital
- Focus on Behavior, Inc.
- Circuit 14
- PAEC/SedNet/FDLRS
- Bay District Schools Mental Health Team (LCSW, LMHC, etc.)
- Bay District Schools School Psychologist Team

Bay District Schools partners with community agencies to incorporate mental health awareness and prevention programs for students, including the following:

- Gulf Coast Children's Advocacy Center: Monique Burr Foundation Child Safety Matters and Teen Safety Matters
- Big Bend Community Based Care/Department of Children and Families: Botvin LifeSkills Training-evidenced based substance abuse and violence prevention education activities
- Florida Department of Health - Bay County: Freedom 180 Positive Youth Development
- Bay District Schools Elevate Bay Mentor Program: Mentorship provided by Bay County citizens, civic groups and businesses (approximately 500+ active mentors to date)
- Girl Scout Council of the Florida Panhandle: Get Real Curriculum that focuses on social emotional learning and character development

## **Identifies evidence-based mental health services for students with one or more co-occurring mental health or substance abuse diagnoses and students at risk of such diagnoses**

Process for identifying and delivering evidence-based mental health and substance abuse interventions:

- 1) Identify "at risk" students by utilizing Early Warning System Data at the universal level  
Tier: 1  
Who: school-based problem solving team (Currently in Place)
- 2) Administer SEL screener CoVitality with targeted students  
Tier: 2  
Who: School-based Student Services Professionals (Currently in Place)
- 3) Develop intervention and treatment plans which will include monitoring fidelity and student progress.  
Tier: 2  
Who: School-based Student Services Professionals (Currently in Place)
- 4) Provide intensive interventions and treatment plans to targeted students as needed  
Tier: 3  
Who: Mental Health Team (Expansion of Services)
- 5) Refer a student to a primary care provider and/or other mental health providers as needed  
Tier: 3  
Who: Mental Health Team (Expansion of Services)

## **Describes the collaborative partnerships with community providers and agencies**

The district Mental Health Liaison will meet regularly with the Community of Care team to collaborate and review procedures for BDS students' access to local mental health services.

Procedures for referring students to school-based mental health and substance abuse interventions are listed in steps 1-4 above.

Procedures for referring students to community-based mental health and substance abuse providers for treatment:

- 1) Review referrals for community services including the school-based intervention data  
Tier: 3  
Who: Mental Health Liaison (Expansion of Services)
- 2) Recommend revisions to school-based interventions or complete the referral process to the community service provider  
Tier: 3  
Who: Mental Health Liaison (Expansion of Services)
- 3) Coordinate data and strategy sharing between school and community agencies  
Tier: 3  
Who: Mental Health liaison (Expansion of Services)

**Describes the process for coordinating mental health services with a student's primary care provider and other mental health providers, including procedures for information sharing**

The BOS Mental Health Liaison and the Community of Care team will coordinate mental health services with a student's primary care provider and other mental health providers.

Process to coordinate mental health services with a student's primary care provider and other mental health providers:

- Develop a universal referral form to access community mental health services
- Create a process for obtaining parent/guardian consent to share information between the school and the student's primary care provider and other mental health providers
- Establish MOUs with local mental health community providers and agencies that allows for the efficient exchange of electronic student data across systems, in full compliance with FER PA
- Designate a mental health point of contact at each school and each partnering community agency

**PROGRAM IMPLEMENTATION AND OUTCOMES**

**Identifies how many students are screened/assessed, how many students are referred for services, and how many students receive services/assistance (school-based and community)**

The school-based Mental Health points of contact and the Mental Health Liaison will utilize a shared and secure Google Spreadsheet to document and track the number of students that are screened/assessed, referred for services, and received school-based and/or community services.

A variety of outcome data will be reviewed and analyzed to evaluate the effectiveness of services. The data will include: EWS indicators, Youth Risk Behavior Survey results, and school climate surveys.

**Identifies number and credentials of mental health service providers employed or contracted by the district**

<b>2018-19</b>	<b>Current BOS Employees (Not MHAA funds)</b>	<b>Current Contracted Services (Not MHAA funds)</b>	<b>Expansion of Services (MHAA funds)</b>	<b>Totals</b>
School Counselors	67	0	0	67
School Psychologists	7	3	0	10
Clinical Psychologist	0	0	Consult/ Training	Consult/ Training
Social Workers (Attendance)	6	1	0	7
Social Workers (Mental Health)	3	3	1.5	7.5
Mental Health Counselors	2 Resource Teachers for Related Services	3	3	8

## **EXPENDITURES**

**Documents 90% of expenditures allocated were allocated to direct mental health services or coordination of such services with primary care and mental health providers.**

Bay District Schools has dedicated 91.15% of the Mental Health Allocation funding to direct mental health services or coordination of such services with primary care and mental health providers.

{See expenditure spreadsheet below}

**Includes assurances that Mental Health Assistance Allocation Plan does not supplant other funding sources OR increase salaries or provide staff bonuses.**

In a collaborative effort, BOS staff verified that the proposed BOS Mental Health Allocation Plan does not supplant other funding sources, nor have these funds been used to increase salaries or provide staff bonuses.

**Describes how district will maximize use of other sources of funding to provide school-based mental health services, where appropriate (e.g., Medicaid reimbursement, 3rd party payments, grants).**

BDS maximizes use of local, state and federal funding sources to provide school-based mental health services. These funding sources include but are not limited to:

- BOS Student Services Budget, MTSS Budget
- School of Hope
- Title I, Title I Part A, Title II, Title IV, IDEA
- Medicaid Reimbursement (PanCare, Florida Therapy, BOS School Counselors, School Psychologists, ESE Counselors)

## Bay District Mental Health Assistance Allocation Expenditures

The total allocation that Bay District Schools is scheduled to receive is \$707,635. The Charter School proportion would be \$126,595. Therefore, the BDS expenditures are based on a total of **\$581,040**.

<b>Direct Services</b>		
<b>Mental Health Supports</b>	<b>Number</b>	<b>Expenditure</b>
Non-clinical Master's level Social Worker/Mental Health Counselor	2	\$159,300
lead Mental Health liaison	1	\$50,000
Licensed Mental Health Counselor	1	\$85,500
MTSS Behavior Staff Training Specialist	1	\$50,000
Licensed Clinical Social Worker	1.5	\$90,000
Clinical Psychologist	Consult/Training	\$1,017
Telehealth Equipment	11 Schools	\$110,000
Telehealth licensing Fees	20 Schools	\$28,800
Focus on Behavior Inc. Contract (Certified Behavior Technicians for FBAs/PBIPs)	Contract Hours	\$5,000
<b>Total MHAA funded Staff (New)</b>	<b>6.5</b>	
<b>Supplemental Supports</b>		
Social Emotional Learning Screener/CoVitality licenses	475	\$523
Social Emotional Learning Screener/CoVitality Reporting Fee (1 time purchase)	1	\$900
<b>Total Expenditures</b>		<b>\$581,040</b>

	Number	Mental Health Allocation	Balance
		\$707,635	
Charter School Proportion		\$126,595	\$581,040
TeleHealth Equipment \$10,000/school @ 11 schools (Year 1) OT, Callaway, MCES, OPES, Northside, Bozeman, OPES, LHES, Patronis, BPA, St. Andrew	11	\$10,000	\$471,040
Telehealth licensing Fees: \$120.00/school per month (annual fee)	20	\$1,440.00	\$442,240
BOS licensed Clinical Social Worker (190 days x 7.5 hrs/day x \$65/hr)	1.5	\$60,000	\$352,240
Contracted licensed Mental Health Counselor (190 days x 7.5 hrs/day x \$60/hr)	1	\$85,500	\$266,740
Contracted Non-clinical Master's Level Social Worker/Mental Health Counselor (177 days x 7.5 hrs/day x \$60/hr)	2	\$79,650	\$107,440
BOS Lead School Counselor (Mental Health Liasion) (190 days x 7.5 hrs/day)	1	\$50,000	\$57,440
Clinical Psychologist (consult and/or direct services)	1	\$1,017	\$56,423
Contract with Focus on Behavior, Inc to develop FBAs/PBIPS	1	\$5,000	\$51,423
SEL Screener: CoVitality licenses (\$1.10 per license)	475	1.10	\$50,901
SEL Screener: CoVitality Reporting Fee (one time fee @ \$900,00)	1	\$900	\$50,001
MTSS Behavior Staff Training Specialist with a focus on core	1	\$50,000	\$1