

## Personal/Social Development



**Standard:** Self-Knowledge and Self-Acceptance

**Competency:** 4.1 Develop a positive attitude toward self.

**Lesson Topic:** Pen Pal Letter Mystery

**Grade Level:** 4-5

**Length:** 1 class period

### Materials:

Paper and pencil.

### Evaluation:

Students will describe positive characteristics about themselves.

### Procedure:

1. Discuss with the students information that they may include in a first letter to a pen pal. List the information on the board.
2. Have students write a letter to a fictional pen pal. They should include at least three positive things about themselves, but not put their name on the letter.
3. Read the letters aloud. Have the class guess who they think wrote the letter. (Allow them three guesses.)