

# Career Development



Standard: Career and Educational Awareness

Competency: 2.1 Identify personal interests, abilities, and values.

Lesson Topic: All about Me

Grade Level: 4-5

**Length:** 1 class period

## Materials

“All About Me” Worksheet

## Evaluation

Students will identify themselves in terms of their personal interests, abilities, and values by completing the “All About Me” worksheet.

## Procedure

1. The teacher asks students to complete the “All About Me” worksheet.
2. Students may then choose one statement from the worksheet to use as a topic sentence and write a paragraph about themselves.



## ALL ABOUT ME

Directions: Fill in the blanks below.

1. I am happiest when \_\_\_\_\_
2. I like to play \_\_\_\_\_
3. My best friends this year are \_\_\_\_\_  
\_\_\_\_\_
4. I don't mind losing when \_\_\_\_\_
5. When I have time, I like to \_\_\_\_\_
6. I like to listen to \_\_\_\_\_
7. I am good at \_\_\_\_\_
8. I like myself because \_\_\_\_\_
9. One thing I would like to change about myself is \_\_\_\_\_  
\_\_\_\_\_
10. When I have a problem, I \_\_\_\_\_
11. I don't like to \_\_\_\_\_
12. I get along best with my parents when \_\_\_\_\_
13. I get angry when \_\_\_\_\_
14. I need help when \_\_\_\_\_
15. My best school subjects are \_\_\_\_\_  
\_\_\_\_\_