

Academic Achievement



Standard: Academic Self-Management for Lifelong Learning

Competency: 1.3 Formulate challenging academic goals and plans to reach them.

Lesson Topic: Goals

Grade Level: 4-5

Length: 1 class period

Materials

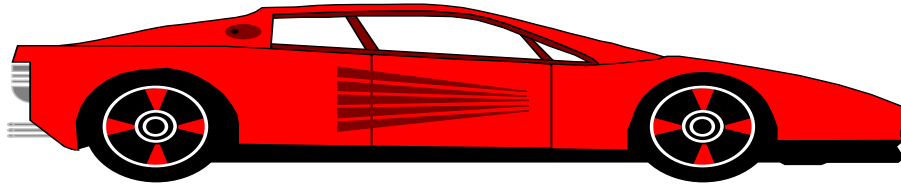
“The Long and Short of It” worksheet.

Evaluation

Students will be able to distinguish between long and short-range goals and the actions necessary to achieve them.

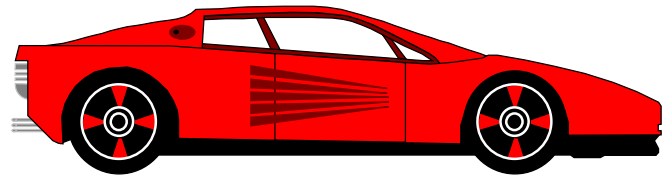
Procedure

1. The teacher leads a discussion on goals, both long and short-range.
2. The teacher gives examples of each.
3. Distribute “The Long and Short of It” worksheet and give directions.
4. Promote a class discussion upon completion of worksheets.



GOALS

THE LONG AND SHORT OF IT!



GOALS are things you want to accomplish.

Short-range goals are those you want to reach in the near future like in a day or two or the next couple of weeks.

Long-range goals are those you plan to reach in the future, within the next few months or years.

S Write three Short-term goals for yourself:

1. _____
2. _____
3. _____

L Write three Long-term goals for yourself:

1. _____
2. _____
3. _____

Choose one goal from each category above and list actions you can take to achieve that goal.
