

Florida Department of Education  
CURRICULUM FRAMEWORK

**Program Title:** Teen Challenges  
**Program Type:** Orientation/Exploration  
**Occupational Area:** Family and Consumer Sciences  
**Components:** N/A

	<u>Secondary</u>	
<b>Program Number</b>	<b>8500240</b>	
CIP Number	0420.9940EX	
Grade Level	6-8, 30, 31	
Length	.5 credit	
 Certification	VOC HME EC @4	HOME EC 1 @2
	GEN HOME EC @4	FAM CON SC 1
 Facility Code	231	
CTSO	FCCLA	
Coop Method	No	
Apprenticeship	No	

- I. **PURPOSE:** The purpose of this course is to assist students in enhancing the quality of their lives through family and consumer sciences, using current technology and resources.

The content includes, but is not limited to, the creative process as it relates to the field of family and consumer sciences. Areas explored are developing strong positive interpersonal skills, strengthening families through work, play, and communication; planning and preparing nutritious food, planning clothing choices; enriching experiences with children, exploring resource management, and developing leadership and organizational skills.

- II. **SPECIAL NOTE:** Family, Career and Community Leaders of America (FCCLA), is the appropriate career and technical student organization (CTSO) for providing leadership training and reinforcing specific career skills. Career and Technical Student Organizations, when provided, shall be an integral part of the instructional program, and the activities of such organizations are defined as part of the curriculum in accordance with Rule 6A-6.065, FAC.

The National Family and Consumer Sciences Standards which correlate to student performance standards have been included. The national standards will appear by number, i.e., NFCS Standards 2.1, 3.2. The FCS national standards can be viewed on the following website:

<http://ideanet.doe.state.in.us/octe/facs/natlstandards.htm>.

<http://www.aafcs.org/fcs/index.html> leads to an online directory which provides a comprehensive list of resources that directly correspond to the 16 National Teaching Standards. Links to governmental, organizational, educational, and commercial websites are available and organized by standard.

Instructional and learning activities are provided in a laboratory setting using hands-on experiences with the tools and materials appropriate to the course content and in accordance with current preparation and clothing construction, equipment and

tools, personal computers and software, and multi-media platforms.

**SCANS COMPETENCIES:** Instructional strategies for this course must include methods that require students to identify, organize, and use resources appropriately; to work with each other cooperatively and productively; to acquire and use information; to understand social, organizational, and technological systems; and to work with a variety of tools and equipment. Instructional strategies must also incorporate the methods to improve students' personal qualities and higher-order thinking skills.

Federal and state legislation requires the provision of accommodations for students with disabilities to meet individual needs and ensure equal access. Adult students with disabilities must self-identify and request such services. Students with disabilities may need accommodations in such areas as instructional methods and materials, assignments and assessments, time demands and schedules, learning environment, assistive technology and special communication systems. Documentation of the accommodations requested and provided should be maintained in a confidential file.

Equipment List: A generic equipment list is available for this course and is printed in a supplement to this document.

III. **INTENDED OUTCOMES:** After successfully completing this course the student will be able to perform the following:

- 01.0 Develop strong, positive interpersonal skills.
- 02.0 Practice positive communication skills with peers and family.
- 03.0 Demonstrate leadership, study and organizational skills.
- 04.0 Identify the importance of diverse families to society.
- 05.0 Demonstrate the skills involved in effective resource management.
- 06.0 Identify positive ways of caring for children.
- 07.0 Plan and prepare nutritious foods and snacks.
- 08.0 Develop a plan for clothing choices and care.

Florida Department of Education  
STUDENT PERFORMANCE STANDARDS

**Program Title:** Teen Challenges  
**Secondary Number:** 8500240

01.0 DEVELOP STRONG, POSITIVE INTERPERSONAL SKILLS--The student will be able to:

LA.A.1.3.2, LA.A.1.3.3, LA.A.2.3.4, LA.A.2.3.7, LA.A.2.3.8,  
LA.C.1.3.1, LA.C.3.3.3, HE.A.1.3.4, HE.A.1.3.7, HE.A.1.3.9,  
HE.B.1.3.1, HE.B.1.3.4, HE.B.1.3.5, HE.B.2.3.2, HE.B.2.3.4,  
HE.B.3.3.3, HE.B.3.3.4, HE.B.3.3.6, HE.B.3.3.7, HE.C.1.3.2,  
HE.C.1.3.3, HE.C.1.3.7, HE.C.2.3.5, PE.B.2.3.4, SC.D.2.3.1,  
SC.F.1.3.7

NFCS Standards: 2.0, 5.0, 6.0, 13.3, 13.4, 13.5

- 01.01 Identify positive social skills.
- 01.02 State how positive relationships with friends, peers and family members can lead to successful interpersonal skills.
- 01.03 Evaluate ways of dealing with and preventing conflict with friends, peers and family members.
- 01.04 Identify personal talents and abilities that can contribute to self-esteem.

02.0 PRACTICE POSITIVE COMMUNICATION SKILLS WITH PEERS AND FAMILY--The student will be able to:

LA.B.2.3.1, LA.B.2.3.2, LA.B.2.3.3, LA.B.2.3.4, LA.C.1.3.1,  
LA.C.1.3.2, LA.C.1.3.3, LA.C.1.3.4, LA.C.2.3.1, LA.C.2.3.2,  
LA.C.3.3.2, LA.D.1.3.2, LA.D.2.3.2, MA.E.3.3.2, SS.A.2.3.1,  
SS.B.1.3.7, SS.C.2.3.5, FL.A.2.3.4, FL.A.3.3.1, FL.A.3.3.2,  
FL.B.1.3.1, FL.D.1.3.1, FL.D.1.3.2, HE.B.3.3.1, HE.B.3.3.2,  
HE.B.3.3.3, HE.B.3.3.4, HE.B.3.3.5, HE.B.3.3.6, HE.B.3.3.7,  
HE.B.3.3.8, HE.C.2.3.1, HE.C.2.3.2, HE.C.2.3.3, HE.C.2.3.4,  
PE.C.2.3.6, VA.B.1.3.2

NFCS Standards: 2.0, 2.4, 5.0, 13.5

- 02.01 Describe why communication is the basis for all relationships.
- 02.02 Describe what individuals reveal about themselves through mood, self-concept and emotions.
- 02.03 Distinguish between non-assertion, assertion, and aggression in communication.
- 02.04 Demonstrate effective communication skills including constructive argument techniques with peers and family members.

03.0 DEMONSTRATE LEADERSHIP, STUDY AND ORGANIZATIONAL SKILLS--The student will be able to:

LA.A.2.3.8, LA.B.2.3.3, LA.C.1.3.1, LA.C.1.3.3, LA.C.1.3.4,  
LA.C.3.3.1, LA.C.3.3.2, LA.C.3.3.3, SS.C.1.3.5, SS.C.1.3.6,  
SS.C.2.3.5, SS.C.2.3.6, SS.C.2.3.7, FL.D.2.3.3, FL.D.2.3.4,  
FL.E.1.3.2, HE.B.3.3.7, HE.C.2.3.4

NFCS Standards: 1.0, 1.3, 2.2, 2.4, 13.0, 13.3, 13.4, 13.5

- 03.01 Identify professional and youth organizations.
- 03.02 Identify purposes and functions of professional and youth organizations.
- 03.03 Identify roles and responsibilities of members of professional and youth organizations.
- 03.04 Work cooperatively as a group member to achieve organizational goals.
- 03.05 Demonstrate confidence in leadership roles and organizational responsibilities.
- 03.06 Demonstrate a commitment to achieve organizational goals.
- 03.07 Identify skills that will enhance techniques used for methods of studying.

04.0 IDENTIFY THE IMPORTANCE OF DIVERSE FAMILIES TO SOCIETY--The student will be able to:

LA.D.1.3.2, LA.E.1.3.1, LA.E.2.3.4, SS.A.2.3.1, SS.A.2.3.4, SS.A.2.3.6, SS.A.3.3.1, SS.A.4.3.3, SS.A.5.3.1, SS.A.5.3.2, SS.A.5.3.3, SS.B.2.3.3, FL.B.1.3.4, FL.B.1.3.5, FL.D.2.3.1, FL.D.2.3.2, FL.D.2.3.3, FL.D.2.3.4, HE.B.3.3.4

NFCS Standards: 1.0, 1.3, 2.2, 6.0

- 04.01 Describe various types of family structures.
- 04.02 Identify and describe family cultures and traditions.
- 04.03 Describe stereotypes and prejudices and their effect on family members.
- 04.04 Plan a family activity that will strengthen family ties.
- 04.05 Plan an activity representing multi-cultural diversity.

05.0 DEMONSTRATE THE SKILLS INVOLVED IN EFFECTIVE RESOURCE MANAGEMENT--The student will be able to:

LA.A.2.3.5, LA.A.2.3.8, LA.D.2.3.4, LA.D.2.3.5, MA.E.1.3.1, SS.D.1.3.1, SS.D.1.3.2, SS.D.1.3.3, SS.D.2.3.1, SS.D.2.3.2, SS.D.2.3.3, HE.C.1.3.1, HE.C.1.3.2, HE.C.1.3.7, HE.C.2.3.4, HE.C.2.3.5, HE.C.2.3.6, SC.G.2.3.1, SC.H.3.3.7, MA.A.4.3.1, MA.D.1.3.2

NFCS Standards: 1.0, 1.3, 2.0, 2.2, 3.0, 3.3, 3.5, 5.0, 5.3, 5.5, 6.0, 7.0

- 05.01 Identify the steps of the decision-making process.
- 05.02 Identify resources (time, money, and energy).
- 05.03 Distinguish between a need and a want.
- 05.04 Relate and evaluate advertising to consumer decisions.
- 05.05 Create an advertisement for a product or service, using multimedia equipment.
- 05.06 Assess the relationship between resources and attainment of desired lifestyle.

06.0 IDENTIFY POSITIVE WAYS OF CARING FOR CHILDREN--The student will be able to:

SC.F.1.3.7, FL.A.1.3.4, FL.B.1.3.2, FL.B.1.3.5, FL.D.2.3.1, PE.B.2.3.3, PE.B.2.3.4, PE.C.1.3.1

NFCS Standards: 3.3, 3.5, 5.0

- 06.01 Describe the ages and stages of childhood.

- 06.02 Identify ways play is of value to children.
- 06.03 Develop a list of responsibilities for a caregiver.
- 06.04 Create an age-appropriate game or toy for a child.
- 06.05 Discuss the importance of early brain development in a child's life.

07.0 PLAN AND PREPARE NUTRITIOUS FOODS AND SNACKS--The student will be able to:

LA.A.2.3.5, MA.A.1.3.1, MA.A.1.3.4, MA.A.4.3.1, MA.B.3.3.1, MA.B.4.3.2, MA.D.1.3.2, MA.E.1.3.1, MA.E.1.3.2, SC.A.1.3.5, SC.A.1.3.6, SC.A.2.3.3, HE.A.1.3.3, HE.A.1.3.4, HE.A.1.3.5, HE.A.1.3.6, HE.A.1.3.7, HE.A.1.3.8, HE.A.1.3.9, HE.A.1.3.10, HE.A.2.3.1, HE.A.2.3.2, HE.A.2.3.3, HE.A.2.3.4, HE.A.2.3.5, HE.A.2.3.6, HE.B.1.3.1, HE.B.1.3.2, HE.B.1.3.3, HE.B.1.3.4, HE.B.1.3.5, HE.B.1.3.6, HE.B.2.3.1, HE.B.2.3.2, HE.B.2.3.3, HE.B.2.3.4, HE.B.3.3.4, HE.B.3.3.5, HE.C.1.3.1, HE.C.1.3.2, HE.C.1.3.3, HE.C.1.3.4, HE.C.1.3.5, HE.C.1.3.6, HE.C.1.3.7, PE.B.1.3.6, PE.B.1.3.9, PE.B.1.3.10, PE.B.1.3.11

NFCS Standards: 3.5, 5.0

- 07.01 Classify foods using the food pyramid.
- 07.02 Identify food preparation, storage, serving tools, and equipment.
- 07.03 Identify foods lab rules, including safety and sanitation.
- 07.04 Plan and prepare foods using large and small appliances.
- 07.05 Identify appropriate mealtime communication and etiquette.
- 07.06 Plan and prepare a sit-down meal for your family.

08.0 DEVELOP A PLAN FOR CLOTHING CHOICES AND CARE--The student will be able to:

LA.A.2.3.6, MA.B.3.3.1, MA.D.1.3.1, SC.D.2.3.1, SC.G.2.3.1, SS.D.1.3.3

NFCS Standards: 3.3, 3.5, 5.0

- 08.01 Identify factors that contribute to a neat, attractive appearance.
- 08.02 Describe color, line, texture and wearability considerations in planning a wardrobe.
- 08.03 Discuss methods of caring for clothes.
- 08.04 Plan a wardrobe suitable for school, work, recreational and social activities.
- 08.05 Complete a sewing project that emphasizes basic sewing skills.