

## MODULE - SELF AWARENESS GLOSSARY

**Ability** - the power to do something, either intellectual or physical.

**Aptitude** - person's natural ability or potential to learn in areas such as technology, music, athletics, art, communications, science, etc.; potential, or knack, for learning certain skills.

**Career cluster** - a group of jobs that require similar abilities and skills.

**Employability Skills** - General skills that are essential for job success but are not necessarily linked to specific occupational knowledge. The [Secretary's Commission on Achieving Necessary Skills \(SCANS\)](#) Report, released in 1991 by the U.S. Department of Labor, identified core foundation skills (e.g., reading, critical thinking, and sociability) and workplace competencies (e.g., skills that deal with resource and information management, interpersonal skills, technology and systems skills) that are considered to be universal employability skills.

**Interests** - the likes and dislikes of a person that affect the choices he/she makes.

**Lifestyle** - the beliefs, attitudes, and behavior associated with a person or group; a way of life.

**Personality traits** - the qualities and characteristics that shape a person's unique character and identity.

**Skill** - the ability to do something as a result of training, practice, or knowledge.

**Values** - the ideas, relationships, and other matters that a person believes to be important.