

# **School Staff Guide to Risk and Resiliency**



Florida Department of Education  
Division of Public Schools  
Bureau of Instructional Support and Community Services  
Revised 1998

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## FOREWORD

We are first and foremost school practitioners. We have read the research and have done what practitioners do, which is try to make the research meaningful in our work. Over our years in the prevention field (27 years between the two of us), we have seen a great deal of good information. We have tried to bring some of that information to you in this guide. It has been our goal to give thoughtful answers to the questions of:

What are risk and protective factors?

What is resiliency?

What do risk and protective factors and resiliency have to do with school performance?

What do they have to do with a Safe Learning Environment?

How would I recognize them?

How can I collaborate with others in this work?

Where can I get more information?

We hope you will use what is helpful and adapt the rest based on your experience and expertise.

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