

HOW TO ORDER

Grow to 5 is published by the Florida Department of Education, Bureau of Exceptional Education and Student Services, in conjunction with FDLRS/South.

The materials are available at no charge.

To order, contact the
Clearinghouse Information Center

325 W. Gaines Street, Room 628
Tallahassee, Florida 32399-0400

Telephone: 850.245.0477 Fax: 850.245.0987
SunCom: 205.0477 E-mail: cicbiscs@fldoe.org

Grow to 5 publications are also available in portable document format (PDF) at www.myfloridaeducation.com/commhome/pub-home.htm

John L. Winn, Commissioner
Florida Department of Education
Bureau of Exceptional Education and Student Services



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Grow to 5



**Bilingual Training Materials Help Educators
and Caregivers Meet the Needs
of All Young Children**

HOW ARE *Grow to 5* MATERIALS USED?

Grow to 5 training is generally used for continuing education and inservice training of educators and caregivers. Some agencies offer all 12 modules in a series of trainings; others select modules that respond most directly to current community needs.

Grow to 5 modules may be offered to help child care personnel meet the Department of Children and Families' annual requirement for inservice contact hours. Some agencies also offer *Grow to 5* training to provide the continuing education units (CEUs) needed to renew the child development associate equivalent credential. Many professionals also use copies of selected handouts and booklets in one-on-one interactions with parents and other caregivers.

The 19 associate centers of the Florida Diagnostic and Learning Resources System (FDLRS) support training activities in the Florida counties they serve and can assist other agencies in offering training using *Grow to 5* materials. To locate your local FDLRS center, visit www.fdlrs.com.

12 TRAINING MODULES

Grow to 5 is a series of 12 training modules designed to help Florida school districts and other community agencies provide training and resources to educators, caregivers, and families of children ages birth to five years. Each module provides the trainer with a script for three hours of training in English and reproducible masters for handouts and transparencies in both English and Spanish.

Grow to 5 modules emphasize themes that are central to effective education and caregiving for all young children. Topics include child development; developmentally appropriate strategies, materials, and activities; health and nutrition; communication and teamwork among adults; positive approaches to behavior; and planning for transition and school readiness.



MODULE TITLES

■ **Module A**

The Education and Caregiving Environment– Planning an Effective Program

■ **Module B**

Working Together: Communication Skills for Families, Early Childhood Educators, and Other Professionals

■ **Module C**

Health Care: Infection Control, Medication Administration, and Seizure Management

■ **Module D**

Nutrition and Feeding Practices: What You Need to Know

■ **Module E**

Intellectual Development: What You Can Do to Help

■ **Module F**

Speech and Language Development: What You Can Do to Help

■ **Module G**

Motor Development: What You Need to Know

■ **Module H**

Social and Emotional Development: Building the Child's Foundation

■ **Module I**

Teaching Behavior Skills: Calm, Connect, Clarify

■ **Module J**

Inclusion: Serving Children with Special Needs in Early Care and Education Settings

■ **Module L**

Family Functioning: Understanding Families and Helping Them Cope

■ **Module M**

Transition Points: Helping Children and Families Move to a New Program

The series also includes two booklets for caregivers:

■ **Booklet N**

Welcome to the World: An Overview of Your Growing Child (in English, Spanish, & Haitian Creole)

■ **Booklet P**

Nutrition for Children with Special Health Care Needs (in English & Spanish)

