

# Our Favorite Foods



## Suggested Group Size

Individual

## Objective

The children will use appropriate language to explain how to prepare their favorite food.

## Activity

Children will explain how to prepare their favorite food as the teacher writes down their exact words.

## Targeted VPK Education Standard(s)

- **IV. Language and Communication**
  - **B.1.** Speaks clearly enough to be understood without contextual clues
  - **E.1.** Uses language to express needs and feelings, share experiences, predict outcomes and resolve problems
  - **E.2.** Initiates, ask questions, and responds to adults and peers in a variety of settings
  - **E.3.** Uses appropriate language and style for context

## Related VPK Education Standards

- **II. Approaches to Learning**
  - **A.1.** Shows eagerness and curiosity as a learner
  - **D.1.** Shows some planning and reflection
- **III. Social and Emotional Development**
  - **C.1.** Interacts easily with familiar adults
  - **D.3.** Participates in the group life of the class
- **VI. Mathematical and Scientific Thinking**
  - **A(a).6.** Shows understanding of and uses appropriate terms to describe ordinal positions

## Related VPK Education Standards (continued)

- **A(e).1.** Shows understanding of and uses several positional words (e.g., above, below, next to, beside, on top of, inside, outside)
- A(e).1.(b).** Child uses the positional terms verbally (expressive knowledge) (e.g., above, below, next to, beside, on top of, inside and outside), with teacher support and multiple experiences over time.

## Materials

- Paper to record the children’s dictations
- Pen or pencil

## Procedures

1. Explain to the children that you will be asking them to tell you how to make or cook their favorite food. Ask them to try and think of one food that they enjoy eating more than any other food.
2. Ask each child the following questions:
  - What is the name of your favorite food?
  - How do you make or cook your favorite food? What do you do first, second, third...?
  - How does your favorite food look, smell, taste or sound?
  - How long do you have to cook your favorite food?
3. Write down **exactly** what the children say as they explain how to make their favorite food.
4. Repeat step two until all of the children have shared about their favorite food.

## Adaptations

- Prompt the children as needed to help them as they explain how to make or cook their favorite food.
- Record what the children say as they explain how to make or cook their favorite food.

## Extensions

- Compile all of the recipes to create a class cookbook. Share with families as a holiday gift.
- Make a cassette recording of someone reading the class cookbook, and be sure to include page turning signals.
- Add related materials to classroom centers:
  - **Reading/Literacy:** Place a copy of the class cookbook on the bookshelf.
  - **Listening:** Add a copy of the class cookbook and the cassette recording.
  - **Art:** Allow the children to illustrate the cookbook by drawing a picture of their favorite food.
  - **Cooking:** Ask families to come in and help the class create their child’s favorite food.

**Checking for Understanding**

Children will demonstrate their understanding of the lesson by:

- using appropriate language to explain how to prepare their favorite food.

**Submitted by**

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