

## Module B: Self Awareness

### Topic: Glossary

**Ability** - the power to do something, either intellectual or physical.

**Aptitude** - person's natural ability or potential to learn in areas such as technology, music, athletics, art, communications, science, etc.; potential, or knack, for learning certain skills.

**Career cluster** - a group of jobs that require similar abilities and skills.

**Employability Skills** - General skills that are essential for job success but are not necessarily linked to specific occupational knowledge.

**Interests** - the likes and dislikes of a person that affect the choices he/she makes.

**Lifestyle** - the beliefs, attitudes, and behavior associated with a person or group; a way of life.

**Personality traits** - the qualities and characteristics that shape a person's unique character and identity.

**Skill** - the ability to do something as a result of training, practice, or knowledge.

**Values** - the ideas, relationships, and other matters that a person believes to be important.