FOIL - Health Education Rules Update
Florida Department of Education
Penny Taylor
Director, Office of Healthy Schools
11/14/2019
- Provide background and overview of three health education rules
- Learn about two district implementation plans
- Open discussion and Q&A
Division of Educator Quality

Bureau of Educator Certification (BEC)

Bureau of Educator Recruitment, Development & Retention (BERDR)

Bureau of Standards and Instructional Support (BSIS)

Just Read, Florida! (JRF)

Office of Professional Practices Services (PPS)

Florida Department of Education
fidel.org
“Every Florida teacher and leader is prepared, developed, supported and supervised by educators who make teaching better.”
“Every day, in every classroom, every Florida student has access to a teacher that is as good as the BEST teacher you ever had.
The Story of Florida K-12 Health Education

- **2006**
  - Comprehensive health education (H.E.) addressed 10 component areas s. 1003.42

- **2008**
  - State Board of Education (SBOE) approved new NGSSS for H.E.

- **2009**
  - Internet Safety and Teen Dating Violence was added to required content areas for H.E. instruction

- **2010**
  - Last year of H.E. graduation requirement

- **2012**
  - Health education benchmarks were included in the course descriptions for ELA, Social Studies

- **2013**
  - State Board of Education approved the new H.E. standards

- **2016**
  - H.E. standards were revised

- **2014**
  - Legislation filed to revise required health education to include information regarding dangers & signs of human trafficking; did not pass

- **2017-2018-2019**
  - JROTC course descriptions included H.E. benchmarks

- **2019**
  - SBOE approved 3 H.E. rules relating to mental health, substance use, and child trafficking prevention

- **K-12 Comprehensive health education instruction is required under s.1003.42(n), F.S.**
- Subject matter experts were convened to revise the health education standards in 2008 and in 2012. Committee included teachers, district-level content specialists and university professors. Expert review panel consisted of university professors and national health education advocates.
- Currently there is no graduation requirement and approximately 2.5% of secondary students are enrolled in stand-alone health courses.
- From 2011-2017, a bill was filed each legislative session to require health education for graduation.
- Comprehensive Health Education webpage.
2017 Statistics from the Florida Youth Risk Behavior Survey (YRBS):

- 28% of Florida high school students reported feeling sad or hopeless for two or more weeks in a row
- 14% reported purposely hurting themselves without wanting to die
- 14% reported having seriously considered attempting suicide
- 11% reported having made a plan to commit suicide
- 8% reported a suicide attempt
2019 Statistics from the Florida Youth Substance Abuse Survey

- Alcohol (20% HS and 8% MS use)
- Vaping nicotine (17% HS and 6% MS use)
- Marijuana (15% HS and 4% MS use)
- Vaping marijuana (12% HS and 3% MS use)
Using the health education standards, the State Board of Education (SBOE) approved three health education rules relating to:

- Mental and Emotional Health Education
- Substance Use and Abuse Health Education
- Child Trafficking Prevention Education
Rule 6A-1.094121, F.A.C., Mental and Emotional Health Education

- Approved by the SBOE on 7/17/2019
- Five hours minimum of required instruction to students in grades 6 – 12
- Developmentally appropriate curricula and instruction will be determined by school districts
- FAQs posted and updated as of 9/17
- Required documentation is due by 12/1 and 7/1
- 10 specific mental and emotional health education topics are required
Rule 6A-1.094121, F.A.C., Mental and Emotional Health Education

The 10 topics included in this required instruction are:

(a) Recognition of signs and symptoms of mental health disorders;
(b) Prevention of mental health disorders;
(c) Mental health awareness and assistance;
(d) How to reduce the stigma around mental health disorders;
(e) Awareness of resources, including local school and community resources;
(f) The process for accessing treatment;
(g) Strategies to develop healthy coping techniques;
(h) Strategies to support a peer, friend, or family member with a mental health disorder;
(i) Prevention of suicide; and
(j) Prevention of the abuse of and addiction to alcohol, nicotine, and drugs.
MTF Press Release:

Increases in adolescent vaping from 2017 to 2018 were the largest ever recorded in the past 43 years for any adolescent substance use outcome in the U.S.

Between 2012 – 2019, electronic vaping increased by 622% among Florida youth ages 11-17 (FYTS, 2019)
Rule 6A-1.094122, F.A.C., Substance Use and Abuse Health Education

- Approved by the SBOE on 8/21/2019
- Required instruction to students in grades K-12
- Developmentally appropriate curricula and instruction will be determined by school districts
- Required documentation is due by 12/1 and 7/1
2017 data from the Human Trafficking Institute indicates Florida ranked third in the United State for active criminal human trafficking cases in the federal courts system.
In Florida:

- Child trafficking identified as high priority by FDOE
- Concepts included in K-12 comprehensive health education ideal for addressing child trafficking prevention education
- Injury prevention/safety and internet safety most pertinent in which to address child trafficking
Rule 6A-1.094123, F.A.C., Child Trafficking Prevention Education

- Approved by the SBOE on 9/20/2013
- Required instruction to students in grades K – 12
- Developmentally appropriate curricula and instruction will be determined by school districts
- Required documentation is due by 12/1 and 7/1
- 5 specific child trafficking prevention topics are required in this rule
The 5 topics included in this rule are:

(a) Recognition of signs of human trafficking;
(b) Awareness of resources, including national, state and local;
(c) Prevention of the abuse of and addition to alcohol, nicotine, and drugs;
(d) Information on the prevalence, nature and strategies to reduce the risk of human trafficking, techniques to set healthy boundaries, and how to safely seek assistance; and
(e) Information on how social media and mobile device applications are used for human trafficking.
Next Steps

- Implementation plans for each of the 3 instructional rules are due 12/1 (an optional template is on the Healthy Schools webpage).

- Annual reports are due 7/1 (a template is being developed).

- The Office of Healthy Schools will develop a report highlighting the various approaches districts used during year 1 of implementing the 3 health education required instruction rules.
Next Steps

- Online Professional Development:
  - A Professional Development Course to Strengthen K-12 Health Education Instruction in Florida (pending approval)

- 11th Annual Healthy Schools Summer Academy
  - June 10-11, 2020
  - A track of sessions for each rule topic will be featured
To learn more about health education requirements, resources, and other support available in the FDOE Office of Healthy Schools, contact:

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## Collaboration for a Collective Impact

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Districts on the Move

Highlighting two implementation plans from:

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