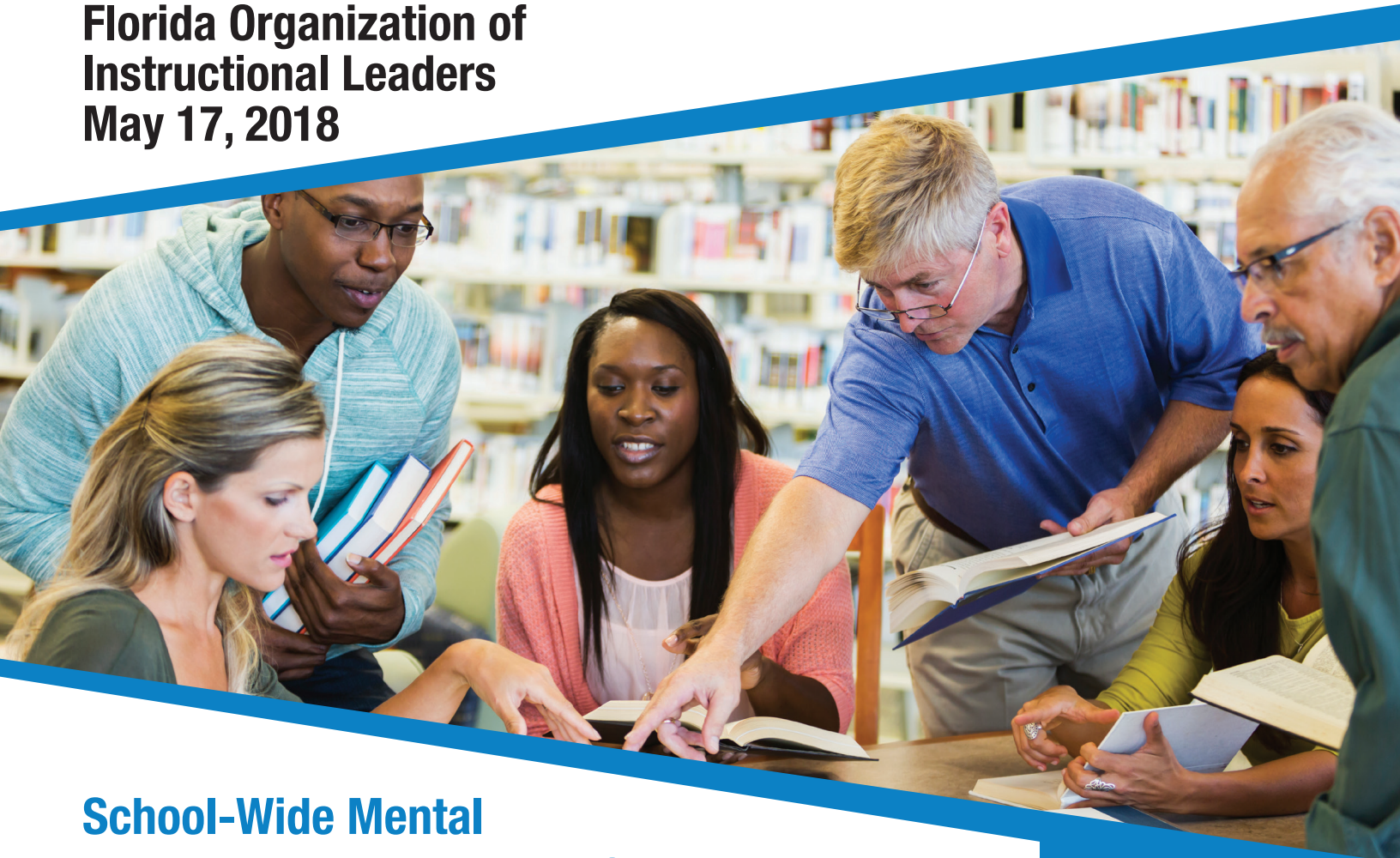


FOIL

Florida Organization of
Instructional Leaders
May 17, 2018



School-Wide Mental Health Wellness Initiative Overview:

Mental health is everyone's business! It is important for all school personnel (e.g., teachers, administrators, student services professionals, paraprofessionals, etc.) to proactively address the mental health needs of all students.

Mental health awareness is supported through collaboration with district integrated student services (school psychologist, school counselors, school social workers, and school nurses) to provide research and evidence-based practices to support school-wide mental health wellness.

Mental and behavioral health services are essential components of comprehensive learning supports, as students' mental and behavioral health underlies every aspect of learning. Tier 1 universal supports are whole school strategies for promoting positive mental health in ALL students including those with and without mental health challenges. Focus: Mental Health Awareness & Prevention.

Mental health supports are most effective when integrated across school improvement efforts and delivered through multi-tiered systems of support that meet the needs of all students and increases engagement in academics, attendance, and behavior.

Problem Solving/Needs Assessments are conducted in response to student(s) reaction to Tier 1 universal mental health supports. Problem Solving is evidenced-based in properly identifying targeted needs, assisting with resource mapping, and intensifying school-based support with student services based on data.

Approaches: mental health literacy, social and emotional learning (SEL), suicide awareness, trauma sensitive practices, mindfulness, restorative practices, bullying prevention, and positive behavioral interventions and supports (PBIS)

Guiding Questions:

WHAT are Tier 1 mental health prevention and intervention strategies used by schools in your district?

WHO is in charge of identifying the appropriate Tier 1 prevention and interventions in your schools and districts?

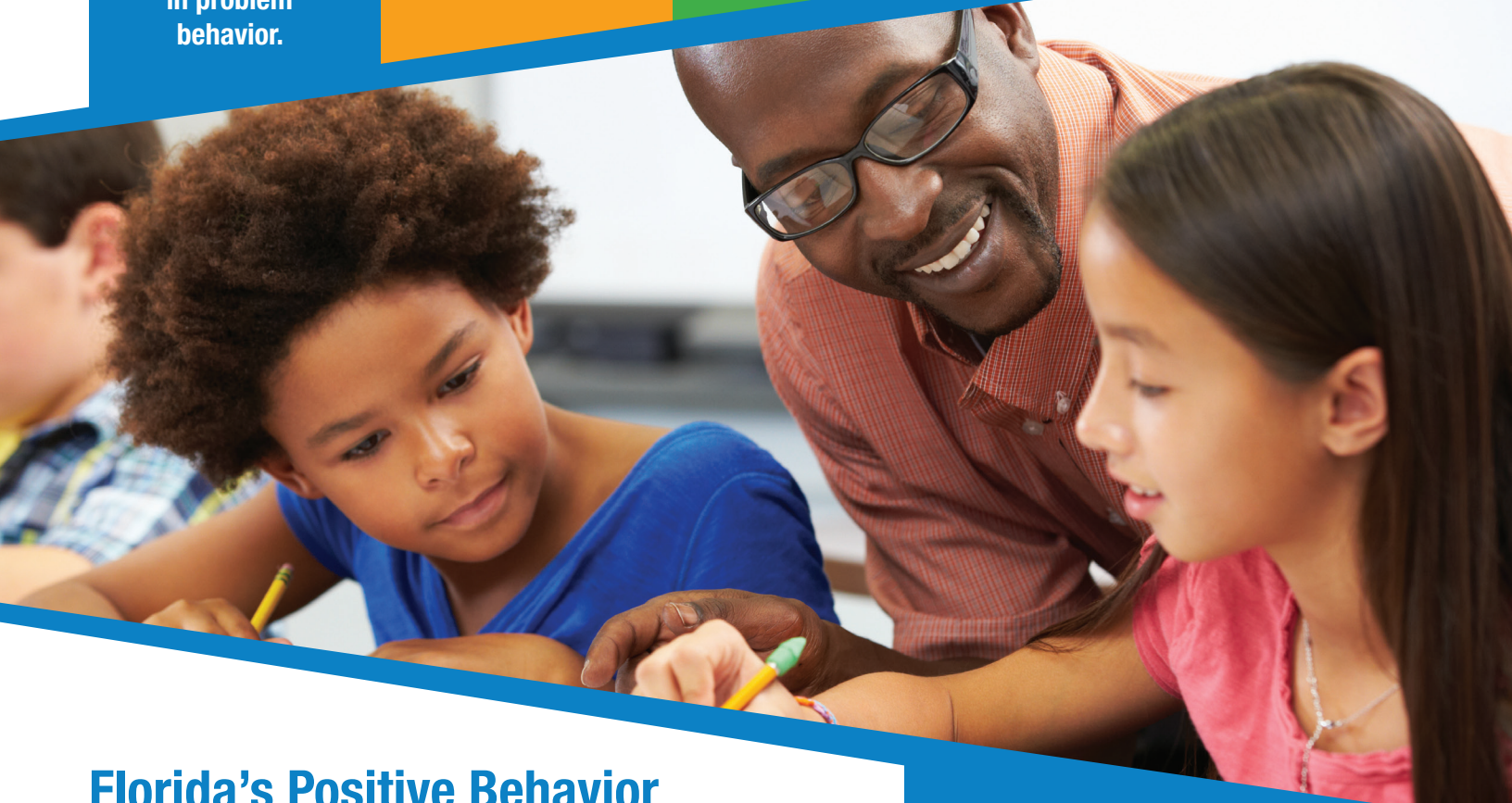
WHAT instrument(s) do you use to monitor and measure the outcome of your Tier 1 prevention and intervention strategies?

Quality instruction reduces the likelihood of students engaging in problem behavior.

Florida schools implementing PBIS with fidelity have more students at or above grade-level benchmarks.

Effective academic and behavior practices share elements of quality instruction.

Implementation of PBIS leads to increased academic engaged time and enhanced academic outcomes.



Florida's Positive Behavior Interventions and Support Project

We support districts by providing training and technical assistance which includes:

Assisting schools and districts to implement an evidence-based Tier 1 social, emotional and behavioral framework that is culturally-responsive and aligned with mental health needs of students;

Providing free data systems and evaluation technical assistance to schools and districts to collect and evaluate student behavioral progress monitoring data across all three tiers, including discipline data and program implementation fidelity data; and,

Supporting districts to engage in action planning and problem-solving that includes but is not restricted to decreasing disproportionate discipline, decreasing restraint and seclusion, and integrating mental health supports and other behavior initiatives under a PBIS framework.

Contacts:

Andrew Weatherill, Florida Department of Education, weatherilla@usf.edu

Don Kincaid, Florida's Positive Behavior Intervention and Support Project, University of South Florida, kincaid@usf.edu

Reflective Questions:

HOW are your school-based mental health providers (school psychologist, school social worker, and school counselor) currently utilized to support mental health?

DO YOU have Tier 1 PBIS in all of your schools?
I can look it up online and tell you!

IS THE PBIS framework being implemented with fidelity and producing good student outcomes?
I can share that information specific to your district and schools, too!

WHAT do I need to do to provide this PBIS framework for all our schools? *If your district or school is new to the FLPBIS Project, email us at <http://flpbis.cbcs.usf.edu/contact/index.html> or call 813-974-6440 for more information. If you are already an active PBIS district, you have a district PBIS Coordinator that may contact their FLPBIS technical assistance specialist to request support.*