

What Do Youth Learn From Participation In Garden-Based Programs?

Art	Health	Language Arts	Math	Music	Physical Ed.	Science	Social Studies
Drama or puppets	Food security	Written expression	Estimating & measuring	Singing	Walking	Science skills	Discussing environmental issues
Pen & Ink	Feeding others	Nonfiction	Weight measurements	Drama	Lifting	Observing	Cultural exchange
Rubbings	Teaching the value of local food sources	Fiction	Volume	Instrumental Music (Rhythms of Gardening)	Carrying	Recording	Developing a positive self-image through success experiences
Charcoal	Nutrition education	Expressive language (speech)	The Plot		Digging	Measuring	Support multiple intelligences teaching
Artistic arrangements for gifts	Making healthy choices about foods & diet	Listening	Time		Planting	Concluding	Learning about agricultural economy
Illustrating expressive writing	Importance of exercise	Reading	Plant growth		Raking	Comparing	Developing insight into global conservation matters
Vegetable printing	Breathing fresh air	Handwriting	Recording		Breathing fresh air	Testing	
Vegetable dyes	How to use tools safely		Logging		Dexterity & balance	Predicting	
Natural art drawings or collage			Graphing			Related activities	
Painting			Charting			Tools	
Sketching			Geometry			Seeds	
			Area			Soils	
			Scale drawing on graph paper			Temperature	
			Computation			Plant growth	
						Sunlight	
						Water usage	