

MENTAL HEALTH ASSISTANCE ALLOCATION PLAN

2018-2019



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:Approved on

JUL 19 2018

by Gulf County School Board

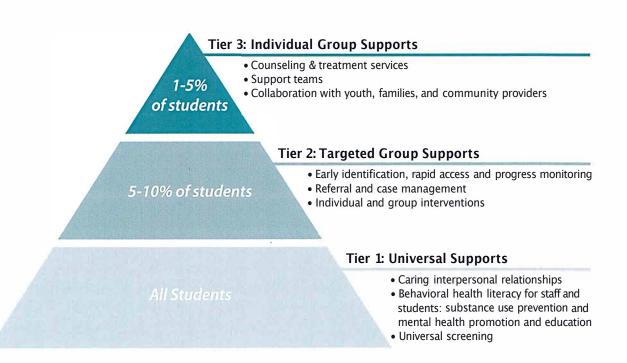
Mental Health Assistance Allocation Plan (s. 1011.62(16)(a) and (b), F.S.)

Gulf District Schools has a total population of 1,954 students attending four (4) public schools: two (2) elementary schools (grades PK - 6) and two (2) junior/senior high schools (grades 7-12). Both elementary schools qualify as Title I schools. The district also serves ESE students at two private schools in the Port St. Joe community and two (2) HeadStart centers, one in Port St. Joe and one in Wewahitchka.

Focuses on delivering evidence-based mental health services.

Includes description of supports that addresses mental health needs (assessment, diagnosis, intervention, treatment, and recovery.

Identifies evidence-based mental health services for students with one or more co-occurring mental health or substance abuse diagnoses and students at risk of such diagnoses.



Tier 1

Both elementary schools implement school-wide character education, social/emotional/anti-bullying curriculum and school-wide behavior supports. At both high schools the guidance counselors are available to all students and referrals are made to the mental health counselor when required.

Tier 2

- Small group counseling
 - o Anger management
 - o Anti-bullying
 - o Truancy
 - o Conflict Resolution
 - o De-escalation
 - o Grief/loss
 - o Divorce
 - o Diversity
 - o Communication
 - o Substance Abuse
 - o Hyperactivity/ADHD
 - o OCD

Small groups are run by:

- o Guidance Counselors, or
- o LMHC, or
- o Social Worker and LCSW, or
- o Counselors from outside agencies (Florida Therapy)

Tier III

- Individual Therapy/Counseling/Diagnosis
 - o District Licensed Mental Health Counselor (LMHC), or
 - o District Licensed Clinical Social Worker (LCSW), or
 - o FSU Multidisciplinary Center evaluations

12.04

Staff training will include the following:

- Youth Mental Health First Aid
- CPI-Crisis Prevention/Intervention
- Restorative Discipline
- Suicide Prevention/Intervention
- Trauma Informed Care
- Mandatory Reporting
- · Awareness and Prevention to Address Mental Health Related Issues
- School-based Mental Health Leadership Teams

Strategies/Curriculum/Programming:

- Barton Reading curriculum
- Healthy Choices
- Kagan
- iReady Progress Monitoring
- Early Warning System (EWS)-grades, disciplinary referrals, attendance, bullying
- Administrative Walk-Throughs
- Teacher Observation and Evaluations
- Guidance Counselor character building lessons
- DARE curriculum by the Sheriff's Department
- Century 21 after school tutoring program
- Title I after school tutoring program

Progress Monitoring:

- o Pre/Post test
- Case Management Notes/Logs
- o Self-Reflection Journal
- o Behavior Intervention Plans
- o Functional BehavioraLAssessments
- Early Warning System Indicators will be used to evaluate program effectiveness and continued services
- Youth Risk Behavior Survey, continuous progress monitoring, and review of treatment plans

12.05

Describes the collaborative partnerships with community providers and agencies.

The district utilizes the following community resources:

- The district collaborates with Florida Therapy Services, Inc. (Panama City), Life Management (Panama City), and Big Bend Community Based Care (Tallahassee).
- The Department of Health in Gulf County provides nursing services at each school in the district.
- The Department of Children and Families in Port St. Joe provides appropriate resources to students and their families.
- The Gulf County Sheriff's Office provides School Resource Officers (SROs) who are assigned to each school, including elementary schools.

Describes process for coordinating mental health services with a student's primary care provider and other mental health providers, including procedures for information sharing.

The district's mental health counselors assigned to each school will coordinate mental health services with a student's primary care provider and/or other mental health providers. During the referral process parents will be asked to sign a district *Release of Information* form with the student's primary care provider and/or mental health providers identified.

Information Sharing

- o Collaborate & share data between school staff and therapist
- Use district's Release of Information forms with school, parent, & outside providers, including primary care physicians
- o Foster intensive family & caregiver partnerships
- o Build relationships with local mental health providers
- o Discuss all mental health referrals with the School Resource Officer (SRO)
- o Coordinate services with all health care providers
- Network with the local office of the Department of Children and Families
- Communicate students' mental health services needs with the Department of Juvenile Justice

Program Implementation and Outcomes (s. 1011.62(16(d), F.S.)

Identifies how many students are screened/assessed, how many students are referred for services, and how many students receive services/assistance (school-based and community).

District forms will be developed to track mental health services and the student records system, FOCUS, will be programmed for input of the data. Records will be kept at each school and the district office to indicate the following:

- How many students are screened/assessed
- How many students are referred for services
- How many students receive services/assistance (school-based and community)

The district administrator will approve all community-based referrals.

Referral Process

- o Student
- o Educator
- o Parent
- o Referral from the Student's Primary Care Provider
- o Referral from the Department of Children and Families
- o Referral to the School-based Mental Health Team
 - 2 + hospitalizations
 - Failure to respond to Tier III interventions

Identifies number and credentials of mental health services providers employed by the district.

The mental health allocation has been used to add two mental health counselors so that each school site will have a dedicated counselor who can provide a continuum of services. The mental health counselors have been assigned as follows:

- Port St. Joe Elementary School-Licensed Clinical Social Worker (LCSW)
- Port St. Joe Jr./Sr. High School-Licensed Clinical Social Worker (LCSW)
- Wewahitchka Elementary School-Social Worker (B.S. Degree)
- Wewahitchka Jr./Sr. High School-Licensed Mental Health Counselor (LMHC)
- Private Schools will be served by the counselor in the zoned school site.

The mental health counselors will be the cornerstone of each school's Mental Health Leadership Team. Each team will be composed of the following members:

- Mental Health Counselor
- Guidance Counselor
- School Resource Officer
- Health Services Nursing Staff
- Principal/Designee
- Other staff with knowledge of the student

Each school-based Mental Health Leadership Team will meet monthly to discuss students' mental health needs. More frequent meetings will be held to determine the appropriate services for students on Tier 2 and/or Tier 3. The district administrator will be notified of students being served at Tier 2 and Tier 3, and of students being referred for emergency petitions.

Identifies number and credentials of mental health services provers contracted by the district.

The district contracts with Florida Therapy Services, Inc., Life Management, and Big Bend Community Based Care. All of the therapists who enter the schools must first pass a level 2 screening and wear a district badge. These community-based providers will provide the district with the licensing credentials of the therapists before they enter the schools to work with students.



Expenditures (s. 1011.62(16), F.S.)

Documents 90% of expenditures allocated were allocated to direct mental health services or coordination of such services with primary care and mental health providers.

One hundred percent {100%} of Gulf District Schools' Mental Health Allocation is being used to hire two (2) additional mental health counselors so that each school in the district will have a dedicated counselor at each site.

Includes assurances that Mental Health Assistance Allocation does not supplant other funding sources OR increase salaries of provide staff bonuses.

Although 100% of Gulf District Schools' Mental Health Allocation is being used to hire two (2) additional mental health counselors, the allocation is not enough to cover the total cost of these two positions. The general fund will be used to make up the difference in funding and the district will utilize Medicaid reimbursement, the IDEA grant, and other grant funding opportunities (such as the Education Foundation Mini-Grants) to continue to fund the positions and purchase curriculum, computer equipment, materials, and supplies.

Describes how district will maximize use of other sources of funding to provide school-based mental health services, where appropriate (e.g., Medicaid reimbursement, 3rd party payments, grants).

The general fund will be used to make up the difference in funding and the district will utilize Medicaid reimbursement, the IDEA grant, and other grant funding opportunities (such as the Education Foundation Mini-Grants) to continue to fund the positions and purchase curriculum, computer equipment, materials, and supplies.

Plan Approval and Submission (s. 1011.62(16)(c), F.S.)

	Local school board approved the district plan. Date of approval: 7/19/18
N/A	Charter school governing body(ies) approved plan(s), when applicable.
/	Approved plan(s) was submitted to the Commissioner of Education by August 1, 2018 (attached).
/	Plan establishes or expands school-based mental health care.