



## INSTRUCTIONAL MATERIALS ADMINISTRATOR

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### Recommendation

Yes

**Comments:** This textbook is a comprehensive book. It is easy to follow and logically laid out. The seasoned teacher will find that they can easily adapt the information and still include those assignments they love doing and have done in the past. The new teachers will find a book that will offer a variety of material and activities for learning. This is designed to cover the material in the class in such a way that is up to date and relevant. The students that follow the news and social media will especially love that they are able to easily find more information on specific topics of interest to them. The material is covered in such a way that there will be no down time. The material can be highly complex at times and the activities be superficial but overall I think that most teachers can easily find the material adaptable and easy to follow for all students and individual needs.

**Notation:** These material would be well suited for new teachers needing a way to logically and comprehensively teach this class.

### Material for Review

**Course:** Nutrition and Wellness (8500355)

**Title:** Food & Nutrition for You , Edition: Rev 1

**Copyright:** 2015

**Author:** Weixel/Wempen

**Grade Level:** 9 - 12

### Content

Answer each item below and select the "Save" button to save your responses. You must select the "Save" button before going to another section or leaving this page to save the answers you have provided. If you are unable to complete the section, you may save your answers and come back to complete at a later time. All items must be answered for a section to be considered complete.

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- 5 - VERY GOOD ALIGNMENT
- 4 - GOOD ALIGNMENT
- 3 - FAIR ALIGNMENT
- 2 - POOR ALIGNMENT
- 1 - VERY POOR/NO ALIGNMENT

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Learning items included in this rubric.

**A. Alignment with curriculum** 1. A. The content aligns with the state's standards and benchmarks for subject, grade level and learning outcomes.

**VERY GOOD ALIGNMENT**    GOOD ALIGNMENT    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

Appears to align with state standards and offer many topics and relevant information to students and teachers. I was also impressed by the relevant and up to date information provided in the book.

2. A. The content is written to the correct skill level of the standards and benchmarks in the course.

**VERY GOOD ALIGNMENT**    **GOOD ALIGNMENT**    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

The content is well written but can be a high level at times. I have noticed that there are many words used that would be needed to be explained or further researched by students. But most of the high level dialog or words used appear to be in bold and are explained or defined. Many others can be explained by teacher.

3. A. The materials are adaptable and useful for classroom instruction.

**VERY GOOD ALIGNMENT**    GOOD ALIGNMENT    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

I think that the material is very adaptable. I could definitely use this material in my classroom at all levels by adapting it. Very relevant information and facts that are up to date and in the spotlight of our culture and media.

**B. Level of Treatment** 4. B. The materials provide sufficient details for students to understand the significance of topics and events.

**VERY GOOD ALIGNMENT**    **GOOD ALIGNMENT**    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

The material had overall sufficient details for students to gain more insight and knowledge into the topics. There were a few areas that were left wanting. But overall the information was sufficient and the teacher can always find more information if needed to present a more comprehensive study into topics.

5. B. The level (complexity or difficulty) of the treatment of content matches the standards.

**VERY GOOD ALIGNMENT**    GOOD ALIGNMENT    **FAIR ALIGNMENT**    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

The information is presented at a high level of complexity. I read many passages that would be hard for the students to understand without much guidance from teachers.

6. B. The level (complexity or difficulty) of the treatment of content matches the student abilities and grade level.

**VERY GOOD ALIGNMENT**    GOOD ALIGNMENT    **FAIR ALIGNMENT**    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

I feel like most areas will be fine for most students. But there were many times when reading the textbook I thought that the material would be too much for many of the average students comprehension levels. I think that the teacher can give the students time to read but for some chapters will be needed to help in the comprehension by class discussions and more information broken down into smaller segments.

7. B. The level (complexity or difficulty) of the treatment of content matches the time period allowed for teaching.

**VERY GOOD ALIGNMENT**    GOOD ALIGNMENT    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

I think that if a teacher were to spend a proportionate amount of time on the harder chapters and supplement then the students will gain a comprehensive knowledge and cover all standards in the allotted amount of time.

**C. Expertise for Content Development** 8. C. The primary and secondary sources cited in the materials reflect expert information for the subject.

**VERY GOOD ALIGNMENT**    **GOOD ALIGNMENT**    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

Very knowledgeable people and sources were cited in the text that have been on television and in social media that students will be aware of if they are watching and paying attention.

9. C. The primary and secondary sources contribute to the quality of the content in the materials.

**VERY GOOD ALIGNMENT**    **GOOD ALIGNMENT**    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

Used in the appropriate places when needed. I think that if the students are very interested in finding out more information then they will be able to use these sources to seek more information. I noticed this used exceptionally in the diet and losing weight section when they were citing relevant books that are very popular and knowledgeable.

**D. Accuracy of Content** 10. D. The content is presented accurately. (Material should be devoid of typographical or visual errors).

**VERY GOOD ALIGNMENT**    GOOD ALIGNMENT    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

The information I observed was very accurate and relevant to the students and designed to engage and inform them.

11. D. The content of the material is presented objectively. (Material should be free of bias and contradictions and is noninflammatory in nature).

**VERY GOOD ALIGNMENT**    GOOD ALIGNMENT    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

Numerous citations of information without bias. Used a variety of sources and up to date information that is objective but informative.

12. D. The content of the material is representative of the discipline? (Material should include prevailing theories, concepts, standards, and models used with the subject area).

**VERY GOOD ALIGNMENT**    GOOD ALIGNMENT    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

I think this is a comprehensive text that examines all the standards in an informative and comprehensive manner.

13. D. The content of the material is factual accurate. (Materials should be free of mistakes and inconsistencies).

**VERY GOOD ALIGNMENT**    GOOD ALIGNMENT    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

I looked and found the material very accurate.

**E. Currency of Content** 14. E. The content is up-to-date according to agriculture industry standards of practice.

**VERY GOOD ALIGNMENT**    GOOD ALIGNMENT    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

The information in the text was very up to date and talked about many practice that are in the news today.

15. E. The content is presented to the curriculum, standards, and benchmarks in an appropriate and relevant context.

VERY GOOD ALIGNMENT    **GOOD ALIGNMENT**    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

Very appropriate and relevant to students today. Facts and information was up dated and had many side notes that students will find important.

16. E. The content is presented in an appropriate and relevant context for the intended learners.

**VERY GOOD ALIGNMENT**    GOOD ALIGNMENT    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

The students will find information and facts fun and informative in the text. The information is presented in such a way that there is a lot of room for more research if desired by teachers and room for more discovery by students.

**F. Authenticity of Content** 17. F. The content includes connections to life in a context that is meaningful to students.

**VERY GOOD ALIGNMENT**    GOOD ALIGNMENT    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

The students will find a relevant book that is up to date with the information. I have seen many of the topics and sources cited in the media and on social media. The students will find this easy to follow and apply the information to their lives.

18. F. The material includes interdisciplinary connections which are intended to make the content meaningful to students.

VERY GOOD ALIGNMENT    **GOOD ALIGNMENT**    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

I found many math and science connections being made that I use in my classroom also. This impressed me as I try to correlate the information to other disciplines when I can. This can help the students as they go into other classes and give life lessons to show how other subjects are put into practice in real life.

**G. Multicultural Representation** 19. G. The portrayal of gender, ethnicity, age, work situations, cultural, religious, physical, and various social groups are fair and unbiased. (Please explain any unfair or biased portrayals in the comments section).

VERY GOOD ALIGNMENT    **GOOD ALIGNMENT**    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

I found no errors or bias in what I read.

**H. Humanity and Compassion** 20. H. The materials portray people and animals with compassion, sympathy, and consideration of their needs and values and exclude hard-core pornography and inhumane treatment. (An exception may be necessary for units covering animal welfare).

VERY GOOD ALIGNMENT    **GOOD ALIGNMENT**    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

I thought that the sections that could be difficult for some students, especially obesity, were handled well. I think that the book offered solutions instead of dwelling on the problems. Well written in those sections.

21. In general, is the content of the benchmarks and standards for this course covered in the material.

VERY GOOD ALIGNMENT    **GOOD ALIGNMENT**    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

The book covered a variety of topics all related to the standards. It offered a variety of ways to further investigate and explore certain topics that students need more information or in depth information on.

## Presentation

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**A. Comprehensiveness of Student and Teacher Resources** 1. A. The comprehensiveness of the student resources address the targeted learning outcomes without requiring the teacher to prepare additional teaching materials for the course.

VERY GOOD ALIGNMENT    **GOOD ALIGNMENT**    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

Gives easy and quick strategies for teachers to extend learning.

**B. Alignment of Instructional Components** 2. B. All components of the major tool align with the curriculum and each other.

VERY GOOD ALIGNMENT    **GOOD ALIGNMENT**    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

Very logically laid out and comprehensive to the curriculum.

**C. Organization of Instructional Materials** 3. C. The materials are consistent and logical organization of the content for the subject area.

**VERY GOOD ALIGNMENT**    GOOD ALIGNMENT    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

I think that the materials enhance the learning. The book is laid out in a logical way that flows quite well from one chapter to the next.

**D. Readability of Instructional Materials** 4. D. Narrative and visuals engage students in reading or listening as well as in understanding of the content at a level appropriate to the students' abilities.

VERY GOOD ALIGNMENT    **GOOD ALIGNMENT**    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

Although I think that there are some sections of the book that are very complex and written at a high level, I do believe that teachers can use the material and help the students through these sections to greater understanding. While some of the material will be harder for some students to grasp, most of the material is written for the average student to comprehend and find engaging. I think that when presented in the correct way the students will want more information and teachers can easily find ways to enhance learning.

**E. Pacing of Content** 5. E. The amount of content presented at one time or the pace at which it is presented must be of a size or rate that allows students to perceive and understand it.

**VERY GOOD ALIGNMENT**    GOOD ALIGNMENT    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

The information presented is done so that either more or less time can be spent on it as time allows. The chapters are harder to understand by students can be taken slower and enhanced easily to allow a more comprehensive knowledge of the chapter. But each chapter seems to be a size appropriate for students to comprehend and understand fully.

**Accessibility**6. The material contains presentation, navigation, study tool and assistive supports that aid students, including those with disabilities, to access and interact with the material. (For assistance refer to the answers on the UDL questionnaire).

VERY GOOD ALIGNMENT    **GOOD ALIGNMENT**    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

The material provided was very supportive and allowed further exploration of the topics.

7. In general, how well does the submission satisfy PRESENTATION requirements? (The comments should support your responses to the questions in the Presentation section).

VERY GOOD ALIGNMENT    **GOOD ALIGNMENT**    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

Teachers will find a lot of material that can be chosen to use in the classroom for further examination of certain topics or to expand knowledge of students who are very interested in the topics. I found the presentation to be acceptable and would give me choices to use in my classroom.

## Learning

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**A. Motivational Strategies**1. A. Instructional materials include features to maintain learner motivation.

VERY GOOD ALIGNMENT    **GOOD ALIGNMENT**    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

Variety of materials and learning activities given for each topic. All designed to enhance and let the students want to further examine topics.

**B. Teaching a Few "Big Ideas"**2. B. Instructional materials thoroughly teach a few important ideas, concepts, or themes.

VERY GOOD ALIGNMENT    **GOOD ALIGNMENT**    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

This book offers a comprehensive coverage of all topics. There are some areas that are covered with citations of relevant information that if the students desire more knowledge they can easily find the information. This is a lot of information to cover in a class and a book but they do a good job of offering comprehensive coverage of the topics. The students will have a knowledge aligned with the state standards after using this textbook.

**C. Explicit Instruction**3. C. The materials contain clear statements of information and outcomes.

**VERY GOOD ALIGNMENT**    GOOD ALIGNMENT    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

I think that the textbook did a great job of clearly outlining and giving the information in an easy to read format.

**D. Guidance and Support**4. D. The materials provide guidance and support to help students safely and successfully become more independent learners and thinkers.

VERY GOOD ALIGNMENT    **GOOD ALIGNMENT**    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

The book offered ways to expand learning and apply to their own lives. The students were able to utilize the information in science, math, and writing in order to internalize and apply the information given.

5. D. Guidance and support must be adaptable to developmental differences and various learning styles.

VERY GOOD ALIGNMENT    GOOD ALIGNMENT    **FAIR ALIGNMENT**    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

The information in some chapters was very complicated and written at a higher level. This could possibly frustrate some students at a lower level. Although it did give some supplemental materials to teach many teachers will need to be aware of this and adapt to certain students. Some of this was not explained in the text.

**E. Active Participation of Students** 6. E. The materials engage the physical and mental activity of students during the learning process.

VERY GOOD ALIGNMENT    GOOD ALIGNMENT    **FAIR ALIGNMENT**    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

There are many times the text allows the students to think about what they learned. Although many examples are given to teachers to expand learning, some teachers will have to find supplemental materials to further help and explain the information to students. There are some places that teachers will have to use supplemental information and materials to expand and engage students.

7. E. Rate how well the materials include organized activities that are logical extensions of content, goals, and objectives.

VERY GOOD ALIGNMENT    **GOOD ALIGNMENT**    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

All the activities seem to follow the material and expand or further the knowledge of students.

**F. Targeted Instructional Strategies** 8. F. Instructional materials include the strategies known to be successful for teaching the learning outcomes targeted in the curriculum requirements.

VERY GOOD ALIGNMENT    GOOD ALIGNMENT    **FAIR ALIGNMENT**    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

Offers many strategies for further learning but some are very rote learning and offer a rudimentary level of understanding instead of a deeper understanding. Some strategies will be well received by the students. There are a variety, some being very short and some taking longer for the students to accomplish. Teachers should be able to learn very quickly which will work in their particular classroom with their students and find it easy to follow.

9. F. The instructional strategies incorporated in the materials are effective in teaching the targeted outcomes.

VERY GOOD ALIGNMENT    **GOOD ALIGNMENT**    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

The strategies range in the level of complexity. Some offer deeper understanding and some offer just a surface level of understanding. This is helpful to teachers as it can be adjusted per classroom.

**G. Targeted Assessment Strategies** 10. G. The materials correlate assessment strategies to the desired learning outcomes.

VERY GOOD ALIGNMENT    **GOOD ALIGNMENT**    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

There are many items that will correlate learning from previous chapters of nutrition to the last part of the book which is putting it into practice to cook. I like that they are doing this. This shows the students that they need to take all the information and apply it to their lives. I also like that they use a variety of ingredients and types of foods that students might not be as familiar with to highlight. They do give a lot of information to teachers to use in teaching and assessing that can be used more than one way to test for learning.

11. G. the assessment strategies incorporated in the materials are effective in assessing the learners' performance with regard to the targeted outcomes.

VERY GOOD ALIGNMENT    **GOOD ALIGNMENT**    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

Teachers will find a variety of strategies to use in assessing students learning. Some are very easily adaptable to learners of all levels. While other learners will have a hard time with the assessments. Teachers might have to work at adapting some areas for assessment.

**Universal Design for Learning** 12. This submission incorporates strategies, materials, activities, etc., that consider the needs of all students.

VERY GOOD ALIGNMENT    **GOOD ALIGNMENT**    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

Overall I think that this text offers a variety of relevant information, presented well to the students. Teachers and students should find the textbook easy to use and comprehend. There are a variety of activities available in the text. I think that some teachers will continue to look for other ways to present some of the material as some is presented in a complex way.

13. In general, does the submission satisfy LEARNING requirements? (The comments should support your responses to the questions in the Learning section.)

VERY GOOD ALIGNMENT    **GOOD ALIGNMENT**    FAIR ALIGNMENT    POOR ALIGNMENT    VERY POOR/NO ALIGNMENT

Justification:

The text offers a variety of activities in an easy to follow presentation. Teachers will find the book easy to use. The activities can be used as is or adapted for individuals or classes. More experienced teachers should find this text easy to use with their activities they always use. New teachers will find this is easy to use and a comprehensive book. The learning activities will help the students have a deeper understanding of the concepts. The material presented is easy to use in our world as it is relevant and up to date. You can easily find references to the material and cited material on websites and social media and students will find this more compelling.

If you have questions contact Office of Instructional Materials, [instaff@fldoe.org](mailto:instaff@fldoe.org) or 850-245-0425

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