



## Where Did My Time Go?

Reading experts tell us kids should read at least 20 minutes every day to become fluent readers, but some days it may feel like you and your kids are so busy that there is no time left for reading. Where does the time go? Do the activity below to discover what things eat up a lot of time that you can eliminate from your day to make room for more reading!

### Instructions to Find Your Lost Minutes:

- Record your activities in half-hour increments for an entire day using the time log below.
- Afterwards, determine whether each activity was a Priority 1, 2, 3, or 4.
  - Urgent & Important
  - Not Urgent But Important (Daily reading practice ranks here.)
  - Urgent But Not Important
  - Not Urgent & Not Important
- Decide which activities deserve more of your time (Priority 1 & 2) and which deserve less (Priority 3 & 4).
- Make plans to spend more of your time tomorrow on Priority 1 & 2 activities and that includes reading!

6:30 am		12:30 pm		6:30 pm	
7:00 am		1:00 pm		7:00 pm	
7:30 am		1:30 pm		7:30 pm	
8:00 am		2:00 pm		8:00 pm	
8:30 am		2:30 pm		8:30 pm	
9:00 am		3:00 pm		9:00 pm	
9:30 am		3:30 pm		9:30 pm	
10:00 am		4:00 pm		10:00 pm	
10:30 am		4:30 pm		10:30 pm	
11:00 am		5:00 pm		11:00 pm	
11:30 am		5:30 pm		11:30 pm	
12:00 pm		6:00 pm		12:00 am	

**Come read with us!**  
Visit [JustTake20.org](http://JustTake20.org) for more fun reading activities!

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