

# Catalog of Adopted Instructional Materials

## Florida Department of Education

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### 9-12 Health Education

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#### Abbreviation Keys

##### Type

**M** - Major Tool (Priced)

**MF** - Major Tool Free

**MPC** - Major Tool Package Component\*

**A** - Ancillary (Priced)

**AF** - Ancillary Free

**AFC** - Ancillary Free Choice

**APC** - Ancillary Package Component\*

\*A Package Component is an item that comes in a package but can be ordered separately if needed. The ISBN for the package it is a component of is in the Free Terms column.

##### Free Symbol

# - Free only with initial adoption purchase.

\* - Free 1:25

▲ - Special Ratio (specify ratios or terms in Free Terms column)

○ - Free 1:District – one time only

● - Free 1:1 ratio

§ - Free 1:School – one time only

† - Free 1:Teacher for Elementary (For Grades K-3 1:18; For Grades 4-5 1:22)

‡ - Free 1:Teacher for Secondary (1:100)

Price listed is the contracted price OR contracted reorder price for free ite

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# 0800300 - Health 1 - Life Management Skills

Glencoe/McGraw-Hill

*Glencoe Health, Merki, 2007/11th*

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Committee Comments or Notations:

**Approach:** Glencoe Health supports Florida's Sunshine State Standards for Health, Grades 9-12 and emphasizes a healthful lifestyle. Glencoe Health's activities-based health program provides students with positive support as they master important health content and skills. Glencoe Health includes the latest information on numerous health topics, such as nutrition, fitness, emotional health, building health relationships, and sexual health. The benefits of leading a healthy lifestyle are presented in the context of reducing risk factors and improving the health and wellness of all students.

Glencoe Health supports the goals of Healthy People 2010, providing solutions to the rising problems of obesity and diabetes in children and teens by addressing the guidelines developed by the Centers for Disease Control and Prevention (CDC). The text is aligned with the standards set by the National Health Education Standards.

The Student Edition is an age-appropriate, engaging text with an emphasis on visual content that appeals to a variety of learning styles. The curriculum teaches specific components of health. Health concepts include nutrition, fitness, emotional health, building healthy relationships, sexual health, first aid, and a healthy environment. Glencoe Health provides a relevant health education by helping students understand the impact of the media on the health decision making.

Students use hands-on activities to practice and apply each skill to real content as they move through each chapter. Reading skills are reinforced in the Guide To Reading at the beginning of each lesson. This Guide includes a list of vocabulary terms, key points to be covered in the text, and two brief pre-reading activities. Reading Checks, placed at key points throughout the text, assess students' comprehension of the material just read. An After You Read exercise included in the Lesson Review offers an additional assessment activity. The text provides authentic assessment opportunities for students to take responsibility for maintaining their health. Each chapter guides students to apply what they have learned by setting goals for lifelong health.

The Teacher Wraparound Edition provides teachers with in-class and homework activities focusing on the four-step Focus, Teach, Assess, and Close lesson plan cycle. The Teacher Wraparound Edition highlights effective ways to improve healthy behaviors. Features included in the student text, and activities suggested in the margin columns further assess students understanding of information in the student text. Activities and strategies printed in the margin columns are coded for a variety of learning styles and ability levels. Reading strategies, vocabulary reinforcement, reteaching, and enrichment activities provide teachers with tools to ensure student comprehension of content. Answers to caption questions, background information to explain and discuss key concepts, quick demos, and step-by-step instructions help teachers demonstrate each of the health principles presented in the text. The Teacher Wraparound Edition provides inclusion strategies throughout and a special section highlights best practices for teaching in an environment designed for students of all ability levels students. Also included are suggestions for ways to incorporate technology into the health program.

**Recommended for:** Intended for use by students in grades 9-12

**Suggested Instructional Time:** 1 semester

**Consultant Ser vice:** This service may be obtained at no charge by contacting our Florida regional office at:  
5102 West Laurel Street, Suite 400  
Tampa, FL 33607  
Phone: (813) 286-9010 / (877) 401-7147  
Fax: (813) 287-8666  
Mary Russick, Regional Vice President

**Adopted:** 2007-2013

Type	ISBN	Item	Price	Free Symbols	Terms	Grade
M	0078726557	Florida Student Edition	\$61.98			9-12
MF	0078726581	Florida Teacher Wraparound Edition	\$73.47	▲	Free per teacher	9-12
AF	0078753961	Florida Teacher Classroom Resources (includes the following 28 items)	\$189.00	▲	Free per teacher	9-12
APC	0078750059	Student Activities Workbook, Teacher Annotated Edition	\$12.99		Included in 0078753961	9-12
APC	0078750105	Human Sexuality Teacher Annotated Ed. w/ExamView CD-ROM	\$15.99		Included in 0078753961	9-12
APC	0078750083	FCAT Practice Test Booklet	\$17.97		Included in 0078753961	9-12
APC	0078752906	Florida Lesson Plans w/Block Scheduling	\$28.47		Included in 0078753961	9-12

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## 0800300 - Health 1 - Life Management Skills

APC	0078750113	Florida Daily Discussion Notes	\$34.47		Included in 0078753961	9-12
APC	0078309352	Parent Letters and Activities (English/Spanish)	\$14.49		Included in 0078753961	9-12
APC	007875609X	Chapter Summaries, Quizzes, and Activities (English)	\$37.98		Included in 0078753961	9-12
APC	0078757312	Chapter Summaries, Quizzes, and Activities (Spanish)	\$37.98		Included in 0078753961	9-12
APC	0078309190	Cross-Curriculum Activities	\$29.97		Included in 0078753961	9-12
APC	007830931X	Current Health Issues	\$33.48		Included in 0078753961	9-12
APC	0078309204	Decision Making Activities	\$22.47		Included in 0078753961	9-12
APC	0078309301	Enrichment Activities	\$22.47		Included in 0078753961	9-12
APC	0078237866	Hands-on Health Booklet	\$33.48		Included in 0078753961	9-12
APC	0078309212	Health Labs	\$33.48		Included in 0078753961	9-12
APC	0078618673	Inclusion Strategies	\$28.98		Included in 0078753961	9-12
APC	0078752876	Concept Mapping Activities	\$37.98		Included in 0078753961	9-12
APC	0078618703	Dinah Zike's Reading and Study Skills Foldables	\$28.98		Included in 0078753961	9-12
APC	0078309255	Reteaching Activities	\$29.97		Included in 0078753961	9-12
APC	0078752884	Guided Reading Activities	\$30.99		Included in 0078753961	9-12
APC	0078750067	Reading Tutor	\$28.98		Included in 0078753961	9-12
APC	0078752914	Lesson Quizzes	\$37.98		Included in 0078753961	9-12
APC	0078309263	Assessment Chapter and Unit Tests	\$37.98		Included in 0078753961	9-12
APC	007830928X	Performance Assessment Activities	\$35.49		Included in 0078753961	9-12
APC	0078618878	Dinah Zike Brochure w/CD-ROM	\$33.99		Included in 0078753961	9-12
APC	0078261511	Dealing with Sensitive Issues	\$22.98		Included in 0078753961	9-12
APC	0078261503	Promoting Character Education	\$22.98		Included in 0078753961	9-12
APC	007826149X	Planning a Coordinated School Health Program	\$22.98		Included in 0078753961	9-12
APC	007826152X	Home, School, and Community Involvement	\$22.98		Included in 0078753961	9-12
AF	0078749344	Florida TeacherWorks CD-ROM	\$159.00	▲	Free per teacher	9-12
AF	0078752922	Teaching Transparencies	\$48.00	▲	Free per teacher	9-12
AF	007875013X	Florida ExamView Pro Test Generator CD-ROM	\$169.98	▲	Free per teacher	9-12
AF	0078749867	Interactive Chalkboard CD-ROM	\$99.00	▲	Free per teacher	9-12
AF	0078760097	Audio Chapter Summaries CD-ROM (English)	\$87.48	▲	Free per teacher	9-12

## 0800300 - Health 1 - Life Management Skills

AF	0078750121	Florida Bellringer Transparencies	\$131.49	▲	Free per teacher	9-12
AF	0078749301	Mindjogger Videoquizzes DVD	\$189.99	▲	Free per teacher	9-12
AF	0078618886	Teaching Health w/Foldables Video	\$33.99	▲	Free per teacher	9-12
AF	0078693039	Being Healthy Staying Healthy DVD	\$230.49	▲	Free per teacher	9-12
AF	0078760062	Vocabulary Puzzlemaker CD-ROM	\$79.98	▲	Free per teacher	9-12
AF	0078749336	Florida StudentWorks CD-ROM	\$79.98	▲ ●	Free per teacher/Free per student edition purchased	9-12
AFC	0078750040	Student Activities Workbook, Student Edition	\$8.49	#	Choice of one free Student Activities Workbook, SE per SE purchased 1st yr only; subsequent yrs. upon request OR Foundations of Personal Fitness SE free w/purchase of 4 SEs purchased 1st yr only; subsequent yrs. upon request	9-12
AFC	0078451272	Foundations of Personal Fitness Student Edition	\$48.99	#	Choice of one free Student Activities Workbook, SE per SE purchased 1st yr only; subsequent yrs. upon request OR Foundations of Personal Fitness SE free w/purchase of 4 SEs purchased 1st yr only; subsequent yrs. upon request	9-12

## Holt, Rinehart and Winston

### *Lifetime Health ©2007, Holt, Rinehart and Winston, 2007/2007*

#### Committee Comments or Notations:

**Approach:** The primary objective of the program is to provide up-to-date content that is scientifically and medically accurate. Additional objectives of the program are to motivate students through real-world applications, develop students' life skills, integrate technology, and accommodate a variety of learning styles and ability levels. Lifetime Health focuses on developing ten key life skills: Making Good Decisions, Using Refusal Skills, Assessing Your Health, Evaluating Media Messages, Communicating Effectively, Setting Goals, Being a Wise Consumer, Practicing Wellness, Using Community Resources, and Coping. This program promotes active learning through various hands-on activities and role-playing.

**Recommended for:** Lifetime Health was written to be used by high school (grades 9 - 12) students with various learning styles and abilities in a variety of teaching situations.

**Suggested Instructional Time:** 1 semester

**Consultant Ser vice:** "Holt, Rinehart and Winston maintains a staff of highly qualified professional consultants, who are available at no charge to adopting schools for the life of the contract. Requests should be submitted in writing to your sales representative, indicating preferred and alternate dates.

In addition, Holt, Rinehart and Winston offers a for-sale customized program of professional development services—in print, face-to-face and online. Schools or school districts may select from a menu of professional teacher training options. Please contact your sales representative or visit [hrw.com](http://hrw.com) for more details including additional charges based on total purchase."

Adopted: 2007-2013

Type	ISBN	Item	Price	Free Symbols	Terms	Grade
M	0030672015	Lifetime Health , Student Edition	\$58.95	▲	Upon request, a regular classroom teacher may choose one class set (Student Edition English or Spanish or on CD-ROM) in the initial year of purchase. Class set = 1 free for every 4 Student Editions Purchased	9-12
MF	0030934281	Lifetime Health , Florida Teacher's Edition	\$78.95	# ▲	upon request, one per regular classroom teacher, year of purchase	9-12

## 0800300 - Health 1 - Life Management Skills

A	0030787475	Lifetime Health , Student Edition CD-ROM, set of 25 (requires minimum purchase of 25 print student editions)	\$448.75				9-12
A	0030787440	Lifetime Health , Premier Online Edition with Student Edition CD-ROM (contract length subscription),	\$64.95				9-12
AF	0030787319	Lifetime Health , Chapter Resources	\$168.20	#	▲	upon request, one per regular classroom teacher, year of purchase	9-12
AF	0030379865	Health Emergency Wheel	\$50.95	#	▲	upon request, one per regular classroom teacher, year of purchase	9-12
AF	0030930278	Health Posters	\$37.70	#	▲	upon request, one per regular classroom teacher, year of purchase	9-12
AF	0030933420	Lifetime Health, Florida FCAT Workbook Answer Key	\$5.25	#	▲	upon request, one per regular classroom teacher, year of purchase	9-12
AF	0030787416	Lifetime Health , One-Stop Planner® with Test Generator and State-Specific Resources, CD-ROM	\$80.30	#	▲	upon request, one per regular classroom teacher, year of purchase	9-12
AF	0030798124	Lifetime Health, Teaching Transparencies	\$135.70	#	▲	upon request, one per regular classroom teacher, year of purchase	9-12
AF	0030787491	Lifetime Health, Transparencies CD-ROM	\$135.70	#	▲	upon request, one per regular classroom teacher, year of purchase	9-12
AF	003078736X	Lifetime Health, Guided Reading Audio CD Program, [direct read of student edition],	\$180.30	#	▲	upon request, one per regular classroom teacher, year of purchase	9-12
AF	0030787521	LIFETIME HEALTH, Programa de audio guiado en CD/Guided Reading Audio CD Program,	\$180.30	§	▲	upon request, on an as needed basis, year of purchase	9-12
AF	0030787513	LIFETIME HEALTH, Evaluaciones/Assessments,	\$12.75	§	▲	upon request, on an as needed basis, year of purchase	9-12
AFC	003037989X	Lifetime Health, Brain Food Video Quizzes	\$178.50	#	▲	upon request, choice of one version per regular classroom teacher, year of purchase	9-12
AFC	0030379881	Lifetime Health, Brain Food Video Quizzes on DVD	\$151.75	#	▲	upon request, choice of one version per regular classroom teacher, year of purchase	9-12
AF	0030665264	Lifetime Health, Video Resources and Video Resources viewing Guide and Worksheets with Answer Key [Six Videos]	\$245.65	#	▲	upon request, one per regular classroom teacher, year of purchase	9-12
AF	0030644232	Holt Science Skills Workshop Reading in the Content Area Teacher's Edition	\$32.75	#	▲	upon request, one per regular classroom teacher, year of purchase	9-12
AF	0030787947	Exploring Food and Fitness Choices, Interactive CD-ROM	\$49.95	#	▲	upon request, one per regular classroom teacher, year of purchase	9-12
AF	003077974X	Lifetime Health , Sexuality and Responsibility, Teacher's Edition	\$25.85	#	▲	Upon request, one per teacher in the year of receipt of class set of Sexuality and Responsibility	9-12
AF	0030787297	Lifetime Health , Sexuality and Responsibility, Teaching Resources (contains Teacher Resources and Audio CD Program)	\$45.35	#	▲	Upon request, one per teacher in the year of receipt of class set of Sexuality and Responsibility	9-12

## 0800300 - Health 1 - Life Management Skills

AF	0030787580	LIFETIME HEALTH, Sexuality and Responsibility, Spanish Resources	\$9.00	#	▲	Upon request, one per teacher in the year of receipt of class set of Sexuality and Responsibility; on an as needed basis	9-12
AF	0030401194	Lifetime Health, Sexualidad y Responsabilidad, Guided Reading Audio CD-Program	\$45.40	#	▲	Upon request, one per teacher in the year of receipt of class set of Sexuality and Responsibility; on an as needed basis	9-12
AF	0030934141	Lifetime Health, Florida FCAT Workbook	\$10.50	•	▲	upon request, one per regular classroom teacher. Plus one per Student Edition purchased for the life of contract	9-12
AFC	0030787467	Lifetime Health , Student Edition CD-ROM, Single User	\$58.95	#	▲	Upon request, a regular classroom teacher may choose one class set (Student Edition English or Spanish or on CD-ROM) in the initial year of purchase. Class set = 1 free for every 4 Student Editions Purchased	9-12
AF	0030787424	Lifetime Health , Premier Online Edition, contract length subscription	\$58.95	•	▲	upon request with full implementation of program, life of contract, teacher access also	9-12
AFC	003078753X	SALUD PARA TODA LA VIDA, Student Edition	\$58.95	#	▲	Upon request, a regular classroom teacher may choose one class set (Student Edition English or Spanish or on CD-ROM) in the initial year of purchase. Class set = 1 free for every 4 Student Editions Purchased	9-12
AFC	0030787483	Lifetime Health , Study Guide,	\$9.00	#	▲	upon request, one per regular classroom teacher, year of purchase. Plus choice of one workbook (Study Guide or Life Skills Workbook)per student edition purchased, initial year of purchase.	9-12
AFC	0030787394	Lifetime Health , Life Skills Workbook, Student Edition	\$9.00	#	▲	upon request, one per regular classroom teacher, year of purchase. Plus choice of one workbook (Study Guide or Life Skills Workbook)per student edition purchased, initial year of purchase.	9-12
AF	0030787548	LIFETIME HEALTH, Guía de estudio/Study Guide,	\$9.00	§	▲	upon request, on an as needed basis, year of purchase	9-12
AF	0030644240	Holt Science Skills Workshop Reading in the Content Area	\$26.65	#	▲	upon request, one per regular classroom teacher, year of purchase	9-12
AFC	0030779766	Lifetime Health , Sexuality and Responsibility, Student Edition	\$13.60	#	▲	upon written request 1 class set of English or Spanish version plus teacher materials [class set= 1 free for every 4 Student Editions purchased]	9-12
AFC	0030787572	SALUD PARA TODA LA VIDA, LIFETIME HEALTH, Sexualidad y responsabilidad, Sexuality and Responsibility, [Student Edition]	\$13.60	#	▲	upon written request 1 class set of English or Spanish version plus teacher materials [class set= 1 free for every 4 Student Editions purchased]	9-12

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## 0800300 - Health 1 - Life Management Skills

Pearson Education, Inc., publishing as Pearson Prentice Hall

*Prentice Hall Health, Pruitt et al., 2007/1st*

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Committee Comments or Notations:

Approach:

Recommended for:

Suggested Instructional Time: 1 semester

Consultant Service:

Adopted: 2007-2013

Type	ISBN	Item	Price	Free Symbols	Terms	Grade
MF	0131905678	Student Edition	\$59.97	# ▲	Free upon request, 1:4 Student Editions purchased, 1st year only, upon full implementation	9-12
MF	0132035758	Teacher's Edition, Florida	\$75.47	‡		9-12
AF	0131812351	Teaching Resources	\$169.97	‡		9-12
AF	0132510561	Reading and Note Taking Guide, Answer Booklet	\$21.97	‡		9-12
AF	0132036290	FCAT Prep Workbook: Math and Reading Practice Using Health Content, Student Edition	\$5.47	‡		9-12
AF	0132510774	Section Summaries (Audio), English	\$89.97	‡		9-12
AF	0132510782	Section Summaries (Audio), Spanish	\$89.97	‡		9-12
AF	0132036282	Haitian-Creole Section Summaries	\$11.97	‡		9-12
AF	0132510707	Presentation Express CD-ROM	\$129.97	‡		9-12
AF	013251057X	Transparencies	\$199.97	‡		9-12
AF	0131904523	Prentice Hall Health Human Sexuality Supplement, Student Edition	\$13.97	‡		9-12
AF	0132510553	Prentice Hall Health Human Sexuality Supplement, Teacher Edition	\$29.97	‡		9-12
AF	0132510715	ExamView Computer Test Bank CD-ROM	\$129.97	‡		9-12
AF	0132512742	Teacher Online Access Pack	\$299.97	‡		9-12
AF	0132510758	Interactive Textbook 6-year Online Access (with textbook purchase)	\$6.00	●	Free upon request, 1 per student edition purchased	9-12
AF	0132035219	Interactive Textbook CD-ROM (with textbook purchase)	\$6.00	▲ #	Free upon request, 1 per each 4 student editions purchased, 1st year of purchase only	9-12
AF	013251074X	TeacherEXPRESS CD-ROM	\$199.97	‡		9-12
AF	0132510693	Discovery Channel Teens Talk Video Series (DVD) with Video Viewing Guide & Worksheets	\$199.97	‡		9-12

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AFC	0131811770	Reading and Notetaking Guide	\$5.47	‡	• Free upon request, 1 per teacher user and Free, choose 1 of 3 workbooks, 1 per student edition purchased, life of adoption	9-12
AFC	0132510537	Reading and Notetaking Guide, Spanish	\$5.47	‡	• Free upon request, 1 per teacher user and Free, choose 1 of 3 workbooks, 1 per student edition purchased, life of adoption	9-12
AFC	0132510545	Reading and Note Taking Guide, Adapted Version	\$5.47	‡	• Free upon request, 1 per teacher user and Free, choose 1 of 3 workbooks, 1 per student edition purchased, life of adoption	9-12

## Relegent

### *Teaching Health Concepts and Skills (9-12), HealthTeacher, 2006/2nd*

Committee Comments or Notations:

Approach:

Recommended for:

Suggested Instructional Time: 9 weeks to 1 year

Consultant Ser vice:

Adopted: 2007-2013

Type	ISBN	Item	Price	Free Symbols	Terms	Grade
M		HealthTeacher.com - 9-12 Site License - This price is per school, per year which will allow access for all teachers and students in the school.	\$150.00			9-12

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## 7920050 - Health and Safety: 9-12

Pearson Education Inc., publishing as Pearson AGS Globe

### *Life Skills Health, AGS, 2007/Second*

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Committee Comments or Notations:

Approach: \* Life Skills Health is a research-based program that focuses on core content skills presented at a lowered reading level. Written to meet the National Health Education Standards, the text offers students who read below grade level the opportunity to sharpen their abilities to evaluate health information, make decisions, set goals, and solve problems. The text uses simple sentence structure and provides assistance with difficult vocabulary to enhance comprehension. Lessons are short and concise to hold students' interest, and structural features of the text are carefully designed to make it easier for learners to access content. Objectives are clearly stated at the beginning of each lesson, and lessons, chapter, and unit reviews include open-ended questions to encourage critical thinking skills. In addition, focus is placed on differentiated focus and learning styles, allowing for adjustment for diverse learning needs within a classroom and planning for individual differences based on multiple intelligences theory.

"\* Additionally, the text is based on a three-phase teaching plan that uses strategies for prereading, reading, and reviewing. - Prereading strategies help students preview, connect, and build background, guide goal setting, preteach important vocabulary, establish a purpose, and spark student interest. - Reading strategies help students develop comprehension and critical thinking and introduce questioning strategies, support vocabulary building, help students interpret visual features, develop their application of healthy living skills, and add to background knowledge. - Review strategies focus on evaluation and assessment, as well as applied practice and generalization."

Recommended for: Life Skills Health is designed for Grade 9-12 students and young adults who are reading or functioning at or below grade level, English-language learners, and students with special needs.

Suggested Instructional Time: 1 semester to 1 year

Consultant Service: Inservice or teacher training sessions may be arranged at no charge by contacting Pearson AGS Globe. Inservice/training sessions may consist of a variety of topics including Materials Overview, Features and Use; Implementation Strategies; and Professional Development. Examples of Professional Development training sessions may include Learning Styles and Adaptive Techniques; Inclusion; FCAT; Alternative Assessment; or Implementation Strategies, especially useful for new and out-of-field teachers.

Adopted: 2007-2013

Type	ISBN	Item	Price	Free Symbols	Terms	Grade
M	0785441336	Life Skills Health, Student Edition	\$44.99			9-12
MF	0785441344	Life Skills Health, Teacher's Edition	\$59.99	▲	Upon request, for every ten (10) Student Editions purchased, receive one (1) Teacher's Edition at no charge.	9-12
A	0785441360	Life Skills Health, Student Workbook	\$10.99			9-12
AF	0785441352	Life Skills Health, Teacher's Resource Library	\$189.99	▲	Upon request, for every ten (10) Student Editions purchased, receive one (1) Teacher's Resource Library at no charge.	9-12
A	0785441441	Life Skills Health, Human Body Transparencies	\$52.99			9-12
A	0785441387	Life Skills Health, Audio CD Library	\$99.99			9-12
A	0785459618	Life Skills Health, Skill Track Software Site License	\$389.99			9-12
A	078544131X	Life Skills Health, Healthy Sexual Development, Student Edition	\$5.99			9-12
AF	0785441328	Life Skills Health, Healthy Sexual Development, Teacher's Edition	\$9.99	▲	Upon request, for every ten (10) Student Editions purchased, receive one (1) Teacher's Edition at no charge.	9-12